

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:15 Word Games- LR 11:15 "Funny Babies"- LR 11:45 The Perk/ Music- DR 2:00 Thirsty Thursday- DR 3:00 Keep It Moving- DR	2 *9:45 Catholic Communion/Rosary in AL 10:30 Tovertafel Games -LR 10:30 Keep It Moving- DR 1:30 Celebrating October Birthdays! -LR (sponsored by Zerkle FH) 3:30 Funny Friday videos- LR	3 10:00 Tovertafel Games- LR 10:30 Stickman- DR 11:00 Finish the Slogans- DR 11:30 The Daily Perk/Music-DR 1:45 Cardio Drumming- LR 2:30 "I Love Lucy"- LR 7:00 "Lawrence Welk" (TV ch.16)
4 10:30 Adult Coloring- LR 11:30 The Daily Perk/Music-DR 1:30 "Little House"- LR 3:00 Spiritual Eldercare Video Church Service- LR	5 10:30 Tovertafel: Leaves- LR 11:00 Word Games- LR 11:45 The Perk/ Music-DR 1:30 Hidden Pictures- LR 2:30 Monday Movement- DR 3:00 This or That?- DR 4:00 Sing Along- LR	Country Music Day 6 10:30 Ladies' Nail Polish- LR 11:00 Name that Tune- LR 11:45 The Perk/ Music-DR 1:30 Dolly music Exercise-LR 2:00 Country Music Trivia- LR 2:45 Country Sing Along- LR	7 10:30 Bible Study- DR 11:00 Handbells- DR 12:00 The Perk/ Music- DR 1:30 Dice Game- DR 2:30 Exercise with Lauryn from Total Care Therapy-DR 3:15 Bingo- DR	World Octopus Day 8 10:30 Movie Outing to AL Theater (walking outing) "The Giant Octopus" 11:45 The Perk/ Music- DR 1:30 "Eight Arms" Exercises- DR 2:00 Thirsty Thursdays: Ocean Punch-LR 4:00 Under the Sea Sing Along- LR	9 *9:45 Catholic Communion/Rosary in AL 10:30 Color Your Faith- LR *11am Brukner Nature Center in AL 11:45 The Perk/ Music-DR 1:30 Uno Card Game- LR 2:30 Bean Bag Toss- DR 3:30 Funny Friday videos- LR	10 10:00 Tovertafel Games- LR 10:30 - DR 11:00 Finish the Slogans- DR 11:45 The Daily Perk/Music-DR 1:45 Cardio Drumming- LR 2:30 Animal Trivia- LR 7:00 "Lawrence Welk" (TV ch.16)
11 10:30 Dice Game- DR 11:00 Guess Who- LR 11:30 The Daily Perk/Music-DR 1:30 Seated Stretches- LR 2:00 Table Top Balloon Bop-DR 3:00 Spiritual Eldercare Video Church Service- LR	12 10:30 Tovertafel: Silverware- LR 11:00 Swat the Fly- DR 11:45 The Perk/ Music- DR 1:30 Balloon Bop- LR 2:30 Monday Movement- DR 3:00 Keep It Moving- DR 4:00 Sing Along- LR	13 10:30 Hymns Sing Along- LR 11:00 Adult Coloring- LR 11:45 The Perk/ Music-DR 1:30 Ladies' Nail Polish- LR 2:30 Fall Trivia- LR 3:00 Balloon Volleyball- DR	14 10:30 Bible Study- DR 11:00 Clues Trivia- DR 12:00 The Perk/ Music- DR 1:30 Wheel of Fortune- LR 2:30 Exercise with Lauryn from Total Care Therapy-DR *3pm Catholic Mass in AL 3:15 Bingo- DR 4:00 Kickball- DR	15 10:30 Country Along-LR 11:15 Book Club- DR 11:45 The Perk/ Music- DR 1:30 Ball Drop Game- LR 2:00 Thirsty Thursdays-LR 3:00 Kickball- DR	16 *9:45 Catholic Communion/Rosary in AL 10:30 Tovertafel Games -LR 10:30 Fall Craft- DR 11:45 The Perk/ Music- DR 2:30 Senior Music Connection Interactive Music Session DR 3:30 "Carol Burnett Show"- LR	17 10:00 Tovertafel Games- LR 10:30 Autumn Stickman- LR 11:00 Conversation Cards- LR 11:45 The Daily Perk/Music-DR 1:45 Cardio Drumming- LR 2:30 Fall Painting- DR 4:00 "Autumn in Japan"- LR *7:00 "Lawrence Welk" (tv 16)
18 10:30 Adult Coloring-LR 11:00 Scrambled Words- LR 11:30 The Daily Perk/Music-DR 1:30 Seated Stretches- LR 2:00 Swat the Fly- LR 3:00 Spiritual Eldercare Video Church Service- LR	19 10:30 Tovertafel: Beach- LR 11:00 Name 5- LR 11:45 The Perk/ Music- DR 1:30 Chicken Soup Stories-LR 2:30 Monday Movement- DR 3:00 Would you rather?- DR 4:00 Sing Along- LR	Duck Hunt Day! 20 10:30 Ladies' Nail Polish - LR 11:00 Find the ducks! 11:45 The Perk/ Music-DR 1:30 Chuck the Duck game-DR 2:30 Guess Who- DR 3:00 Swat the Fly- DR	National Apple Day 21 10:30 Bible Study- DR 11:00 Apple Day History- DR 12:00 The Perk: Apple Day- DR 1:30 Make an Apple Snack-DR 2:30 Exercise with Lauryn from Total Care Therapy-DR 3:15 Bingo- DR 4:00 Nature film- LR	22 10:30 SuzieQ Sing Along-LR 11:45 The Perk/ Music- DR 1:30 Scenic Bus Ride 2:00 Thirsty Thursdays-LR 3:00 Swat the Fly- DR	23 *9:45 Catholic Communion/Rosary in AL 10:30 Junk Drawer Detective- DR 11:00 Color Your Faith- LR 11:45 The Perk/ Music-DR 1:30 Bean Bag Toss- LR 2:30 Indoor Ice Cream Truck 3:30 Funny Friday videos- LR	24 10:00 Tovertafel Games- LR 10:15 Movie Outing to AL Theater (walking outing) "The Addams Family" 12:00 The Daily Perk/Music-DR 1:45 Cardio Drumming- LR 2:30 Toss Game Exercise- DR 7:00 "Lawrence Welk" (TV ch.16)
25 10:30 Coffee Talk -LR 11:00 Name 5- LR 11:30 The Daily Perk/Music-DR 1:30 Seated Stretches- LR 2:00 Table Top Balloon Bop-DR 3:00 Spiritual Eldercare Video Church Service- LR	Pumpkin Patch 26 10:30 Tovertafel: Silverware- LR 11:00 Uno Card Game- LR 11:45 The Perk/ Music- DR 1:30 Pumpkin Patch- C 2:00 Paint Your Pumpkin- DR 4:00 Sing Along- LR	27 10:30 Hymns Sing Along- LR 11:00 Adult Coloring- LR 11:45 The Perk/ Music-DR 1:30 Ladies' Nail Polish- LR 3:00 Balloon Volleyball- DR	28 10:30 Bible Study- DR 11:00 Handbells- DR 12:00 The Perk/ Music- DR 1:30 Wheel of Fortune- LR 2:30 Exercise with Lauryn from Total Care Therapy-DR 3:15 Bingo- DR 4:00 Movie: "The Dog Who Saved Halloween"	29 10:30 Country Along-LR 11:15 Book Club: "The Halloween Story" 11:45 The Perk/ Music- DR 1:30 Ball Drop Game- LR 2:00 Thirsty Thursday-LR 3:00 Kickball- DR 6:15 Stickman- LR	30 *9:45 Catholic Communion/Rosary in AL 10:30 Tovertafel Games -LR 10:30 Halloween Rhyme Game-DR 2:00 Halloween Costume Parade! 3:00 Halloween Treats- LR	Halloween 31 10:00 Tovertafel Games- LR 10:30 Halloween Sing Along-LR 11:30 Reverse Trick or Treat 11:30 The Daily Perk/Music-DR 1:45 Pumpkin Bowling- DR 2:30 Halloween Trivia- LR 7:00 "Lawrence Welk" (TV ch.16)