

Heritage Hill Assisted Living

Assisted Living

October 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Vaccine Clinic 1 10:30 Feel Good Fitness (AL) 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Resident Council (CR) 3:00 Event Committee (CR)	2 10:30 Toss & Tap Volleyball (AL) 11:30 Cards & Correspondence 1:30 Fall Door Decorating (AL) 2:45 Ice Cream Cart (AL+MC)	3 10:30 Bowling (CR) 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Brain Games (CR)
10:30 Hockey (AL) 4 1:30 Giant Jenga (CR) 2:45 Book Cart (AL+MC)	10:30 Fall Door Decorating 5 (AL) 11:30 Cards & Correspondence 1:30 Melodies & Memories with Gwen (AL) 2:45 Faith & Fellowship with Kayleigh (MC)	10:30 Bingo (CR) 6 11:30 Cards & Correspondence 3:00 Root Beer Float Happy Hour Featuring The A&W Band (AL)	10:30 Pamper & Polish 7 (AL+MC) 11:30 Cards & Correspondence 1:30 Resident Trust Challenge (AL) 2:45 Chain Reaction (CR)	10:30 Bingo (CR) 8 11:30 Cards & Correspondence 12:30 Depart Community (P) 1:00 Fall Senior Ball (O) 3:30 Return to Community (P)	10:30 Pink & Proud; Coffee 9 With The Team (AL) 11:30 Cards & Correspondence 1:30 Toss & Tap Volleyball (AL) 2:45 Popcorn Cart (AL+MC)	10:30 Balloon Bop (MC) 10 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Brain Games (CR)
10:30 Stroll and Roll 11 (AL+MC) 1:30 Mens Club with Dan (AL) 2:45 Chalk Art (CY)	10:30 Kickball (AL) 12 11:30 Cards & Correspondence 1:30 Faith & Fellowship with Kayleigh (MC) 2:45 Chain Reaction (CR)	10:30 Feel Good Fitness 13 (AL) 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Welcome & Cheers Happy Hour (AL)	10:30 Pamper & Polish 14 (AL+MC) 2:00 Balance Building with Peak Rehab (CR) 2:45 Hang Man (CR) 5:30 Balance Building with Peak Rehab (CR)	10:30 Feel Good Fitness 15 (AL) 11:30 Cards & Correspondence 1:30 Bingo with Lynn from A&D Hospice (CR) 2:45 Shirley Temple Cart (AL+MC)	10:30 Toss & Tap 16 Volleyball (AL) 11:30 Cards & Correspondence 1:30 Pumpkin Carving (AL) 2:30 Roasting Pumpkin Seeds (AL)	10:30 Ladder Ball (CR) 17 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Brain Games (CR)
10:30 Corn Hole (CR) 18 1:30 Puzzle Pals (AL) 2:30 Pastor Richard (AL)	10:30 Hockey (AL) 19 11:30 Cards & Correspondence 1:30 Faith & Fellowship with Kayleigh (MC) 2:45 Tik Tok Time (AL+MC)	10:30 Feel Good Fitness 20 (AL) 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Costume Runway Happy Hour (AL)	10:30 Pamper & Polish 21 (AL+MC) 11:30 Cards & Correspondence 1:30 Corn Hole (CR) 2:45 Halloween Wheel of Fortune (CR)	10:30 Feel Good Fitness 22 (AL) 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:45 Balloon Blast (AL)	10:30 Toss & Tap 23 Volleyball (AL) 11:30 Cards & Correspondence 1:30 Halloween Button Art (CR) 2:45 Spooky Puzzle Pack (AL+MC)	10:30 Kickball (CR) 24 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Brain Games (CR)
10:30 Bowling (CR) 25 1:30 Popcorn Cart (AL+MC) 2:45 Yahtzee (AL)	10:30 Putt Putt Paradise 26 (AL) 11:30 Cards & Correspondence 1:30 Faith & Fellowship with Kayleigh (MC) 2:45 Halloween Canvas Painting (CR)	10:30 Feel Good Fitness 27 (AL) 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Halloween Happy Hour & Birthday Party (AL)	10:30 Pamper & Polish 28 (AL+MC) 11:30 Cards & Correspondence 1:30 Corn Hole (CR) 2:45 Chain Reaction (CR)	10:30 Feel Good Fitness 29 (AL) 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:45 Newspaper Shuffle (AL)	10:00 Senior Health Fair 30 (CR) 11:30 Cards & Correspondence 2:00 Toss & Tap Volleyball (AL) 3:00 Halloween Word Search (AL)	Halloween Trunk or Treat 31 10:30 Bingo (CR) 11:30 Cards & Correspondence 2:00 Trunk or Treat (P)

Calender Key:

AL - Assisted Living

MC - Memory Care

CR - Community Room

CY – Courtyard

LR - Living Room

P - Patio

O - Outing

Check TV In Dining Room

For Better Accuracy Of

Daily Activities, Location,

Time, And Any Changes.