

October 2026 - Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:00- Exercise w/ Scarves 1 11:45- 12:30-A Slice To Remember Corso Care Ladies Lunch (E) 1:30- Devotionals & Prayer Time (Sitting Area) 1:45- Music w/ a Twist (S) 2:15- Music w/ a Twist (E) 3:00- 3:45- Finish the Phrase Evening Wind Down	10:00- Exercise 2 11:00-Topic: Name Your Car 11:15- Pop In Activity (AT) 2:00- 3:00- Music w/ Gordon Taylor 3;15- Happy Hour Beverage Cart 3:30- Remember When Photo's (AT) Evening Wind Down	10:00- Exercise 3 11:00- Topic: Techies Day 1:15- Pop In Activity (AT) 2:00- Beverage Cart 3:00- Chicken Soup For The Soul Pets Stories & Coloring (AT) 3:30- Travel w/ Andrew Zimmern- You Tube Channel Evening Wind Down
4 10:30- Topic: Int Ship in a Bottle Day 11:30-Communion Visits with Holy Spirit Catholic Church 1:30- Church w/ Abraham 3:00- Travel w/ Samantha Brown- You Tube Channel Evening Wind Down Music	5 10:00- Exercise w/ Ribbons 11:00- Topic: World Teacher Day 11:15- Pop In Activity-Finish the Phrase (AT) 1:30-2:30- Bingo (AT) 3:00- 3:45- Art Cart- Paper Pumpkin's (AT) Evening Wind Down	6 10:00- Exercise 11:00-Topic: Coaches Day 11:15-Pop-In- Activity (AT) 1:30- 2:30- Manicures & More (AT) 3:00-3:30- Beverage Cart 3:30- 4:00- October Detective 3:30- 4:30- Pet Therapyw/ Duke Evening Wind Down Music	7 10:00- Exercise 11:00- Topic: Tis the Season Day 11:15- Pop-In Activity Table (AT) 1:30- Walking Wednesday Club 2:00- 3:00- Cooking w/ Caila (AT)(S) 2:00-3:00- Pet Visit w/ Heidi (S) & (E) 3:30- Mitch Miller Singalongs- You Tube Channel Evening Wind Down	8 10:00- Exercise w/ Scarves 11:00- Topic: World Octopus Day 11:15- Pop In Activity (AT) 1:30- Devotions & Prayer Time (Sitting Area) 1:45-Music w/ a Twist (S) 2:15-Music w/ a Twist (E) 3:30- 3:45- Shake up the Relative Game (AT) Evening Wind Down	9 10:00- Exercise 11:00-Topic: Leif Erikson Day 1:15- Pop In Activity (AT) 2:00- 3:00- Music w/ Joe Ferrara 3;15- Happy Hour Beverage Cart 3:30- Giant Spoon Game (AT) Evening Wind Down	10 10:00- Exercise 11:00- Topic: Cake Decorating Day 1:15- Pop In Activity (AT) 2:30- Beverage Cart 3:00 - Shake Loose A Memory Game (AT) 3:30- National Geo- You Tube Channel Evening Wind Down
11 10:30- Topics: Myths & Legends Day 11:30- Communion Visits with Holy Spirit Catholic Church 1:30- Church w/ Abraham 3:00- Nova- You Tube Channel Evening Wind Down Music	12 10:00- Exercise w/ Ribbons 10:30- Braids & More w/Adrihana 11:00- Topic: Farmers Day 11:15- Pop In Activity- Shake Awake Your Taste Game (AT) 1:30- 2:30- Bingo (AT) 3:00- 3:45- Art Cart- Trick or Treat Bags Decorating(AT) Evening Wind Down Music	13 10:00- Exercise 11:00- Topic: Int Spinning Day 2:00- 3:00- Drumming w/ Billy (E) 3:30- Beverage Cart 3:30- 4:00- Guess The Sound-You Tube Channel 3:30- 4:30- Pet Visit w/ Duke Evening Wind Down Music	14 10:00- Exercise 10:30- Ceramics w/ Erica (AT) 11:00- Topic: Weather or Not 11:15- Pop In Activity (AT) 1:30- Walking Wednesday 2:00- 3:00- Culinary Showcase (AT) 3:30- 70's Music-You Tube Channel Evening Wind Down Music	15 10:00- Exercise w/ Scarves 11:00- 11:45- Men's Club (S) 1:30-Pet Therapy w/ Max 1:45- Music Therapy w/ Janeen (S) 2:15- Music Theapy w/ Janeen (E) 3:30- October Trivia (AT) Evening Wind Down	Family Night- 6 - 7 pm 16 10:00- Exercise 11:00- Topic: Dictionary Day 1:15- Pop In Activity (AT) 2:00-3:00- Music w/ Greg Piscura 3:15- Happy Hour Beverage Cart 3:30- Reading Words Of Wisdom Magazine (AT) 6:00- 7:00- Family Night (Pumpkin Decorating)	17 10:00- Exercise 11:00- Topics: Root of the Matter 1:15- Pop In Activity (AT) 2:30- Beverage Cart 3:00- Belly Giggles- Joke Book & Coloring (AT) 3:30- Travel w/ Andrew Zimmern- You Tube Channel Evening Wind Down
18 10:30- Topic: Best Meatloaf 11:30- Communion Visits with Holy Spirit Catholic Church 1:30- Church w/ Abraham 3:00- Travel w/ Samantha Brown- You Tube Channel Evening Wind Down	19 10:00- Exercise w/ Ribbons 11:00- Topic: The Games People Play 11:15- Pop In Activity- Memory Picture's (AT) 1:30-2:30- Bingo- (AT) 3:00- 3:45- Art Cart - Watercolor Panting w/ Relish (AT) Evening Wind Down Music	20 10:00- Exercise 11:00-Topic: Information Overload 11:15- Pop In Activity (AT) 1:30- 2:30- Manicures & More (AT) 3:00- 3:45- Decorating Halloween Cookies & Beverage Cart (AT) 3:30-4:30 Pet Therapy w/ Duke Evening Wind Down Music	21 10:00- Exercise 11:00 - Topic: Did You Know? 11:15- Pop In Activity (AT) 1:30- Walking Wednesday 2:30- 3:00- Cooking w/ Caila (AT)-(E) 3:30- 60's Music Singalongs- You Tube Channel Evening Wind Down Music	22 10:00- Exercise 11:00- Topics : Smart is Cool 11:15- Pop In Activity (AT) 1:30- Devotional & Prayer Time (Sitting Area) 1:45- Music Therapy w/ Janeen (S) 2:15- Music Therapy w/ Janeen (E) 3:30- Chicken Soup for the Soul Reading & Discussion (AT) Evening Wind Down Music	23 10:00- Exercise w/ Scarves 11:00- Topic: TV Talk Show Host 1:15- Pop In Activity (AT) 2:15- 3:15 Music w/ Jack Mizenko 3:15- Happy Hour Beverage Cart 3:30- October Trivia (AT) Evening Wind Down	24 10:00- Exercise 11:00- Topic: Make a Difference Day 1:15- Pop In Activity (AT) 2:30- Beverage Cart 3:00- UNO Game (AT) 3:30- National Geo- You Tube Channel Evening Wind Down
25 10:30- Topics: World Pasta Day & Daily Chronicle 11:30- Communion Visits with Holy Spirit Catholic Church 1:30- Church w/ Abraham 3:00- Nova - You Tube Channel Evening Wind Down 9/28	26 10:00- Exercise w/ Ribbons 10:30- Braids & More w/ Adrihana 11:00- Topic: Howl at the Moon 11:15- Pop In Activity - Sharpen Your Senses Game (AT) 1:00- Pet Therapy Visit w/ Honey 1:30- 2:30- Bingo- (AT) 3:00- 3:45- Book Lovers Club (SA) Evening Wind Down Music	27 10:00- Exercise 11:00- Topic: Black Cat Day 11:15- Pop In Activity (AT) 1:30- 2:30- Manicures & More (AT) 3:00- 3:30- Beverage Cart 3:30-4:30 Pet Therapy w/ Duke Evening Wind Down Music	28 10:00- Exercise 11:00- Topic: Mystery to Me 11:15- Pop In Activity (AT) 1:30 - Walking Wednesday Club 2:00- 3:00- Beverage Cart 3:00- Pet Visit w/ Heidi (S)- (E) 3:30- Patriotic Music Singalongs- You Tube Channel Evening Wind Down Music	29 10:00- Exercise 11:00- Topics : Garden Party 11:15- Pop In Activity (AT) 1:30- Devotional & Prayer Time (Sitting Area) 1:45- Music Therapy w/ Janeen (S) 2:15- Music Therapy w/ Janeen (E) 3:30- All American Ads Book & Discussion (AT) Evening Wind Down Music	30 10:00- Exercise w/ Scarves 11:00- Topic: Candy Corn Day 1:15- Pop In Activity (AT) 2:00- 3:00 Music w/ Debbie Darling 3:15- Happy Hour / New Residents Welcome & Cupcake Birthday Bash 3:30- Picture Detective (AT) Evening Wind Down	Halloween Day 31 10:00- Exercise 11:00- Topic: Halloween Day 1:15- Pop In Activity (AT) 2:30- Beverage Cart 3:00-The Good Old Day's Time Life Book & Discussions (AT) 3:30- Travel w/ Andrew Zimmern -You Tube Channel Evening Wind Down

East (E)
South (S)

Activity Table (AT)
Sitting Area (SA)