

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 Seated Tai Chi 11:00 Meaningful Movement / This Day in History 3:00 Hand Jive and Brain Games	2 10:30 Craft of the month - October Edition 11:00 Meaningful Movement / This Day in History 1:00 Why Do We Say That? 2:00 Hand Jive and Brain Games 3:00 Happy Hour Lobby	3 See Independent Living calendar.
4 See Independent Living calendar.	5 10:30 Chair Yoga & Breathing Class 11:00 Meaningful Movement / This Day in History 1:00 Name That Tune 1:30 Crafting 3:00 Music & Memories with Caitlyn, Music Therapist	6 10:30 Seated Tai Chi 11:00 Meaningful Movement / This Day in History 3:00 Hand Jive and Brain Games	7 10:30 Chair Yoga 11:00 Meaningful Movement / This Day in History 1:00 Courtyard Games 2:00 Name That Tune 3:00 Hand Jive and Brain Games	8 10:30 Seated Tai Chi 11:00 Meaningful Movement / This Day in History 3:00 Hand Jive and Brain Games	9 10:30 Puzzles & Crafts 11:00 Meaningful Movement / This Day in History 1:00 Why Do We Say That? 2:00 Hand Jive and Brain Games 3:00 Happy Hour Lobby	10 See Independent Living calendar.

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11 See Independent Living calendar.	12 10:30 Chair Yoga & Breathing Class 11:00 Meaningful Movement / This Day in History 1:00 Name That Tune 1:30 Crafting 3:00 Music & Memories with Caitlyn, Music Therapist	13 10:30 Seated Tai Chi 11:00 Meaningful Movement / This Day in History 3:00 Hand Jive and Brain Games	14 10:30 Chair Yoga 11:00 Meaningful Movement / This Day in History 1:00 ELI Monthly Forum 2:00 Name That Tune 3:00 Hand Jive and Brain Games	15 10:30 Seated Tai Chi 11:00 Meaningful Movement / This Day in History 3:00 Hand Jive and Brain Games	16 10:30 Puzzles & Crafts 11:00 Meaningful Movement / This Day in History 1:00 Why Do We Say That? 2:00 Hand Jive and Brain Games 3:00 Happy Hour Lobby	17 See Independent Living calendar.
18 See Independent Living calendar.	19 10:30 Chair Yoga & Breathing Class 11:00 Meaningful Movement / This Day in History 1:00 Name That Tune 1:30 Crafting 3:00 Music & Memories with Caitlyn, Music Therapist	20 10:30 Seated Tai Chi 11:00 Meaningful Movement / This Day in History 3:00 Hand Jive and Brain Games	21 10:30 Chair Yoga 11:00 Meaningful Movement / This Day in History 1:00 Courtyard Games 2:00 Name That Tune 3:00 Hand Jive and Brain Games	22 10:30 Seated Tai Chi 11:00 Meaningful Movement / This Day in History 3:00 Hand Jive and Brain Games	23 10:30 Puzzles & Crafts 11:00 Meaningful Movement / This Day in History 1:00 Why Do We Say That? 2:00 Hand Jive and Brain Games 3:00 Happy Hour Lobby	24 See Independent Living calendar.
25 See Independent Living calendar.	26 10:30 Chair Yoga & Breathing Class 11:00 Meaningful Movement / This Day in History 1:00 Name That Tune 1:30 Crafting 3:00 Music & Memories with Caitlyn, Music Therapist	27 10:30 Seated Tai Chi 11:00 Meaningful Movement / This Day in History 3:00 Hand Jive and Brain Games	28 10:30 Chair Yoga 11:00 Meaningful Movement / This Day in History 1:00 Courtyard Games 2:00 Name That Tune 3:00 Hand Jive and Brain Games	29 10:30 Seated Tai Chi 11:00 Meaningful Movement / This Day in History 3:00 Hand Jive and Brain Games	30 10:30 Puzzles & Crafts 11:00 Meaningful Movement / This Day in History 1:00 Why Do We Say That? 2:00 Hand Jive and Brain Games 3:00 Happy Hour Lobby	31 See Independent Living calendar.