

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am Picture Reminisce 10:30am Seated Tai Chi 1:00pm Water Colors 2:30pm Music with Carter 3:30pm Jokes and Riddles 4:00pm Cardio Drumming	2 9:30am Poetry Readings 10:30am Musical Movement 1:00pm Bingo 2:00pm Music with Carter 3:00pm Travelogue 4:00pm Walking Club	3 9:30am Devotions 10:00 Saturday Stretches 2:00pm Hand Massages
4 9:30am Devotional 1:00pm Exercise 1:30pm Hymn Sing 3:00pm Trivia	5 9:30am Finish the Phrase 10:30am Morning Stretches 1:00pm Bingo 2:00pm Music with Carter 3:00pm Reminisce 4:00pm Walking Club	6 9:30am Word Games 10:30am Seated Yoga 1:00pm Puzzles 2:00pm Music with Carter 3:00pm History Fun Facts 4:00pm Bowling	7 9:30am 50s/60s Trivia 10:30am Beach Ball Toss 1:00pm Bingo 2:00pm Music with Carter 3:00pm Spelling Games 4:00pm Target Toss	8 9:30am Picture Reminisce 10:30am Seated Tai Chi 1:00pm Water Colors 2:30pm Music with Carter 3:30pm Jokes and Riddles 4:00pm Cardio Drumming	9 9:30am Poetry Readings 10:30am Musical Movement 1:00pm Bingo 1:30 Outing: Cider and Donuts 2:00pm Music with Carter 3:00pm Travelogue 4:00pm Walking Club	10 9:30am Devotions 10:00 Saturday Stretches 2:00pm Hand Massages
11 9:30am Devotional 1:00pm Exercise 1:30pm Hymn Sing 3:00pm Trivia	12 9:30am Finish the Phrase 10:30am Morning Stretches 1:00pm Bingo 2:00pm Music with Carter 3:00pm Reminisce 4:00pm Walking Club	13 9:30am Word Games 10:30am Seated Yoga 1:00pm Puzzles 2:00pm Music with Carter 3:00pm History Fun Facts 4:00pm Bowling	14 9:30am 50s/60s Trivia 10:30am Beach Ball Toss 1:00pm Bingo 2:00pm Music with Carter 3:00pm Spelling Games 4:00pm Target Toss	15 9:30am Picture Reminisce 10:30am Seated Tai Chi 1:00pm Water Colors 2:30pm Music with Carter 3:30pm Jokes and Riddles 4:00pm Cardio Drumming	16 9:30am Poetry Readings 10:30am Musical Movement 1:00pm Bingo 2:00pm Music with Carter 2:30 October Birthday Party 3:00pm Travelogue 4:00pm Walking Club	17 9:30am Devotions 10:00 Saturday Stretches 2:00pm Hand Massages
18 9:30am Devotional 1:00pm Exercise 1:30pm Hymn Sing 3:00pm Trivia	19 9:30am Finish the Phrase 10:30am Morning Stretches 1:00pm Bingo 2:00pm Music with Carter 3:00pm Reminisce 4:00pm Walking Club	20 9:30am Word Games 10:30am Seated Yoga 1:00pm Puzzles 2:00pm Music with Carter 3:00pm History Fun Facts 4:00pm Bowling	21 9:30am 50s/60s Trivia 10:30am Beach Ball Toss 1:00pm Bingo 2:00pm Music with Carter 3:00pm Spelling Games 4:00pm Target Toss	22 9:30am Picture Reminisce 10:30am Seated Tai Chi 1:00pm Water Colors 2:30pm Music with Carter 3:30pm Jokes and Riddles 4:00pm Cardio Drumming	23 9:30am Poetry Readings 10:30am Musical Movement 1:00pm Bingo 1:30 Outing: Color Tour 3:00pm Travelogue 4:00pm Walking Club	24 9:30am Devotions 10:00 Saturday Stretches 2:00pm Hand Massages
25 9:30am Devotional 1:00pm Exercise 1:30pm Hymn Sing 3:00pm Trivia	26 9:30am Finish the Phrase 10:30am Morning Stretches 1:00pm Bingo 2:00pm Music with Carter 3:00pm Reminisce 4:00pm Walking Club	27 9:30am Word Games 10:30am Seated Yoga 1:00pm Puzzles 2:00pm Music with Carter 3:00pm History Fun Facts 4:00pm Bowling	28 9:30am 50s/60s Trivia 10:30am Beach Ball Toss 1:00pm Bingo 2:00pm Music with Carter 3:00pm Spelling Games 4:00pm Target Toss	29 9:30am Picture Reminisce 10:30am Seated Tai Chi 1:00pm Water Colors 2:30pm Music with Carter 3:30pm Jokes and Riddles 4:00pm Cardio Drumming	30 9:30am Poetry Readings 10:30am Musical Movement 1:00pm Bingo 2:00pm Music with Carter 3:00pm Travelogue 4:00pm Walking Club	31 9:30am Devotions 10:00 Saturday Stretches 2:00pm Hand Massages

Calender Key:

AR - Activity Room
CY – Courtyard
DR - Dining Room

ELI / EL3 - Enhanced Living
LR - Living Room