

Heritage Hill Assisted Living

Memory Care

October 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Flu Shot Clinic 1 10:30 Feel Good Fitness (AL) 1:30 Bingo (CR) 2:30 Resident Council (CR) 3:00 Event Committee (CR) 3:30 Fall Door Decorating 5:45 Fall Door Decorating (MC)	2 10:30 Toss & Tap Volleyball (AL) 1:30 Fall Door Decorating (AL) 2:45 Ice Cream Cart (AL+MC) 3:30 Baking with Love (MC) 5:45 Fall Door Decorating	3 10:30 Bowling (CR) 1:30 Word Search (MC) 3:00 Bingo (MC)
10:30 Hockey (AL) 1:30 Giant Jenga (CR) 2:45 Book Cart (AL+MC) 4	10:30 Fall Door Decorating (AL) 1:30 Melodies & Memories with Gwen (AL) 2:45 Faith & Fellowship with Kayleigh (MC) 3:30 Bingo MC) 5:45 Fall Door Decorating 5	10:30 Bingo (CR) 3:00 Root Beer Float Happy Hour Featuring The A&W Band (AL) 4:00 Uno (MC) 5:45 Parfait Perfection Social (AL+MC) 6	10:30 Pamper & Polish (AL+MC) 1:30 Resident Trust Challenge (AL) 2:45 Chain Reaction (CR) 3:30 Left, Center, Right (MC) 5:45 Pamper & Polish (AL+C) 7	10:30 Bingo (CR) 12:30 Depart Community (P) 1:00 Fall Senior Ball (O) 3:30 Return to Community (P) 5:45 Number Match Up (MC) 8	10:30 Pink & Proud; Coffee With The Team (AL) 1:30 Toss & Tap Volleyball (AL) 2:45 Popcorn Cart (AL+MC) 3:30 Baking with Love (MC) 5:45 Movie & Munchies (MC) 9	10:30 Balloon Bop (MC) 1:30 Watercolor Painting (MC) 3:00 Bingo (MC) 10
10:30 Stroll & Roll (AL+MC) 1:30 Men’s Club with Dan (AL) 2:45 Chalk Art (CY) 11	10:30 Kickball (AL) 1:30 Faith & Fellowship with Kayleigh (MC) 2:45 Chain Reaction (CR) 3:30 Bingo (MC) 5:45 Paper Plate Animals (AL) 12	10:30 Feel Good Fitness (AL) 1:30 Bingo (CR) 2:30 Welcome & Cheers Happy Hour and Culinary Showcase (AL) 3:30 Go Fish (MC) 5:45 Topple the Tower (MC) 13	10:30 Pamper & Polish (AL+MC) 2:00 Balance Building with Peak Rehab (CR) 2:45 Hang Man (CR) 3:30 Coloring Me (MC) 5:30 Balance Building with Peak Rehab (CR) 14	10:30 Feel Good Fitness 1:30 Bingo with Lynn from A&D Hospice (CR) 2:45 Shirley Temple Cart (AL+MC) 3:30 Puzzle Pals (MC) 5:45 Box Hockey Showdown (MC) 15	10:30 Toss & Tap Volleyball (AL) 1:30 Pumpkin Carving (AL) 2:30 Roasting Pumpkin Seeds (AL) 3:30 Baking with Love (MC) 5:45 Movie & Munchies (MC) 16	10:30 Ladder Ball (CR) 1:30 Colored Pencil Art (MC) 3:00 Bingo (MC) 17
10:30 Corn Hole (CR) 1:30 Popcorn Cart (AL+MC) 2:30 Pastor Richard (AL) 18	10:30 Hockey (AL) 1:30 Faith & Fellowship with Kayleigh (MC) 2:45 Tik Tok Time (AL+MC) 3:30 Bingo (MC) 5:45 Halloween Shrinky Dinks (MC) 19	10:30 Feel Good Fitness (AL) 1:30 Bingo (CR) 2:30 Costume Runway Happy Hour (AL) 3:30 Puzzle Pals (MC) 5:45 Halloween Cookie Decorating and Trivia (MC) 20	10:30 Pamper & Polish (AL+MC) 1:30 Corn Hole (CR) 2:45 Halloween Wheel of Fortune (CR) 3:30 Uno (MC) 5:45 Pamper & Polish (AL+MC) 21	10:30 Feel Good Fitness (AL) 1:30 Bingo (CR) 2:45 Balloon Blast (AL) 3:30 Go Fish (MC) 5:45 Bean Bag Tic Tac Toe (MC) 22	10:30 Toss & Tap Volleyball (AL) 1:30 Halloween Button Art (CR) 2:45 Spooky Puzzle Pack (AL+MC) 3:30 Baking with Love (MC) 5:45 Movie & Munchies (MC) 23	10:30 Kickball (CR) 1:30 Connect 4 (MC) 3:00 Bingo (CR) 24
10:30 Bowling (CR) 1:30 Puzzle Pals (AL) 2:45 Yahtzee (AL) 25	10:30 Putt Putt Paradise (AL) 1:30 Faith & Fellowship with Kayleigh (MC) 2:45 Halloween Canvas Painting (CR) 3:30 Bingo (MC) 5:30 Memory Care Family Night (MC) 26	10:30 Feel Good Fitness (AL) 1:30 Bingo (CR) 2:30 Halloween Happy Hour& Birthday Party (AL) 3:30 Giant Yahtzee (MC) 5:45 Paint By Number Halloween (MC) 27	10:30 Pamper & Polish (AL+MC) 1:30 Corn Hole (CR) 2:45 Chain Reaction (CR) 3:30 Snacks & Chats (MC) 5:45 Pamper & Polish (AL+MC) 28	10:30 Feel Good Fitness (AL) 1:30 Bingo (CR) 2:45 Newspaper Shuffle (AL) 3:30 Puzzle Pals (MC) 5:45 Bowling (MC) 29	10:00 Health Fair (AL) 2:00 Toss & Tap Volleyball (AL) 3:00 Halloween Word Search (AL) 3:30 Baking with Love (MC) 5:45 Movie & Munchies (MC) 30	Halloween Trunk or Treat 31 10:30 Bingo (CR) 2:00 Trunk or Treat (P)