

Independence Village of Zionsville West

Memory Care

October 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:45 Daily Chronicle And News 10:30 Scarf Dancing 1:00 Beach Ball 2:00 Lets Make Cookies 3:00 Sing Along With Mary 6:00 Wind Down: Aromatherapy	2 10:00 Bible Study with Barry 10:30 Love on a Leash 11:00 Daily Chronicle & News 3:00 Lets Enjoy Pop Cycles 3:00 Karaoke (ILDR) 6:00 Wind Down - Movie of Choice	3 9:45 Daily Chronicle and News 11:10 Connection Pods 1:00 Art & Craft w/Milayah! 3:00 Sounds of Saturday 3:00 Smoothies w/Wellness 6:00 Wind Down- Sensory, Snacks, and Social
4 9:45 Daily Chronicle and News 10:00 Televised Church 10:30 Interactive Environments 2:00 Early Bird Movie-Youtube: Laughing Babies 4:00 Life Skill - Table Setting 6:00 Sensory, Snacks, and Social	5 9:45 Daily Chronicle and News 10:45 Sit & Be Fit 1:00 Manicures & Massages 2:00 Conversation Cards 3:00 Name That Tune 6:00 Wind Down: Puzzles & Music	6 9:45 Daily Chronicle and News 10:30 Seek the Sun: Chair Yoga 1:00 Beach Ball 2:00 Music with Chris 3:15 Stories & Conversation 4:15 Helping Hands: Table Setting 6:00 Wind down: Adult coloring	7 10:00 Group Sing-A-long 11:00 Daily Chronicle 11:15 Life Skill: Table Setting 1:30 Outing: Uncle Bills Pet Store 2:00 Phillip Du Plessis Entertainment (ILDR) 3:00 Twister with A Twist 4:15 Helping Hands: Dusting Around 6:00 Wind Down: Hymns	8 9:45 Daily Chronicles & News 10:30 Scarf Dancing 11:15 Life Skill: Folding Socks 1:00 Ladder Game 1:30 Chapter Chat with the Hussey-Mayfield Library 2:00 Apple Fest! 6:00 Wind Down: Aromatherapy	9 10:00 Bible Study with Barry 10:30 Art & Craft 11:00 Daily Chronicle and News 1:00 Ballon Noodle 2:00 Lets Make Pizzas 6:00 Wind Down- Movie of Choice	10 9:45 Daily Chronicle and News 11:10 Connection Pods 1:00 Art & Craft w/Milayah! 3:00 Sounds of Saturday 3:00 Smoothies w/Wellness 6:00 Wind Down- Sensory, Snacks, and Social
11 9:45 Daily Chronicle and News 10:00 Televised Church 2:00 Early Bird Movie - Lainey Wilson, Keeping country good 4:00 Life Skill - Table Setting 6:00 Sensory, Snacks, and Social	12 9:45 Daily Chronicle and News 10:30 Sit & Be Fit 1:00 Manicures & Massages 1:45 Conversation Cards 3:00 Music Room 6:00 Wind Down: Puzzles & Music	13 9:45 Daily Chronicle and News 1:00 MC Culinary Showcase! 1:00 Sam Piercy Performance (PB) 2:15 Scarf Dancing 3:00 Reading & Reflection 4:15 Helping Hands: Table Setting 6:00 Wind down: Adult coloring	14 10:00 Justin Monts Music 11:00 Daily Chronicle 11:15 Life Skill: Table Setting 1:30 Outing: French Fry Crawl 3:00 Michael B Entertainment (ILDR) 4:15 Helping Hands: Dusting Around 6:00 Wind Down: Hymns	15 9:45 Daily Chronicle and News 10:45 Scarf Dancing 11:15 Life Skill: Table Setting 1:00 Lets Color 3:00 Root Beer Float Social 6:00 Wind Down: Aromatherapy	16 10:00 Bible Study with Barry 10:30 Love on a Leash 11:00 Daily Chronicle & News 1:00 Art & Craft w/Diane 3:00 Happy Hour: ED Appreciation! (IDLR) 6:00 Wind Down- Movie of Choice	17 9:45 Daily Ccronicle And News 11:10 Connection Pods 1:00 Art & Craft w/Milayah! 3:00 Sounds of Saturday 3:00 Smoothies w/Wellness 6:00 Wind Down- Sensory, Snacks, and Social
18 9:45 Daily Chronicle and News 10:00 Televised Church 10:30 Interactive Environments 2:00 Early Bird Movie - A Dogs Purpose 4:00 Life Skill - Table Setting 6:00 Sensory, Snacks, and Social	19 9:45 Daily Chronicle and News 10:30 Sit & Be Fit 1:00 Manicures & Massages 2:00 The Ladder Game 3:00 Lets Have Snow Cones 6:00 Wind Down: Puzzles & Music	20 9:45 Daily Chronicle and News 10:30 Seek the Sun: Chair Yoga 1:00 Sun Flower Painting w/Diane 2:00 Music with Chris 3:00 Storys & Conversation 4:15 Helping Hands: Table Setting 6:00 Wind down: Adult coloring	21 10:00 Group Sing-A-Long 11:00 Daily Chronicle 1:30 Outing: Pumpkin Patch 4:15 Helping Hands: Dusting Around 6:00 Wind Down: Hymns	22 National Nut Day 9:45 Daily Chronicle And News 10:45 Scarf Dancing 11:15 Life Skill: Folding Towels 1:00 Leaf Painting Art w/ Diane 2:00 The Nutty Social 3:00 Happy Hour Chilli Cook off (CR) 6:00 Wind Down: Aromatherapy	23 10:00 Bible Study with Barry 10:30 Art & Craft 11:00 Daily Chronicle & News 1:00 Hot Chocolate Cart 3:00 Lets Enjoy Ice Cream 6:00 Wind Down- Movie of Choice	24 9:45 Daily Chronicle and News 11:10 Connection Pods 1:00 Art & Craft w/Milayah! 3:00 Sounds of Saturday 3:00 Smoothies w/Wellness 6:00 Wind Down- Sensory, Snacks, and Social
25 9:45 Daily Chronicle and News 10:00 Televised Church 10:30 Connection Pods 2:00 Early Bird Movie - Hubie Halloween 4:00 Life Skill - Table Setting 6:00 Sensory, Snacks, and Social	26 9:45 Daily Chronicle and News 10:45 Sit and Be Fit 1:00 Manicures & Massages 2:00 Bowling 6:00 Wind Down: Puzzles & Music	27 9:45 Daily Chronicle and News 10:30 Chair Yoga 1:00 Clay Pot Painting w/ Diane 6:00 Wind down: Adult coloring	28 10:00 Justin Monts Music 11:00 YouTube: Laughing Babies 1:00 Ashley Nicole Soprano Performance (ALDR) 3:00 Outing: Fall Colors Drive 4:30 Helping Hands: Dusting Around 6:00 Wind Down: Hymns	29 9:45 Daily Chronicle and News 10:45 Scarf Dancing 11:15 Life Skill: Table Setting 1:00 Plant Flowers w/ Diane 3:00 Halloween Party! 6:00 Wind Down: Aromatherapy	30 10:00 Bible Study with Barry 10:30 Pumpkin Decorating 11:00 Daily Chronicle and News 1:00 Halloween Canvas Bags Craft 6:00 Wind Down- Movie of Choice	31 Halloween 9:45 Daily Chronicle and News 3:00 Sounds of Saturday 3:00 Smoothies w/Wellness 6:00 Wind Down- Sensory, Snacks, and Social

Calendar Key:
ILDR = Independent Living
Dining Room

ALDR = Assisted Living
Dining Room
SD = Sky Deck
SL = Sky Lounge

RC = Residents Club
CY = Court Yard
BR = Bistro
GP = Grand Parlor

Life Enrichment
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Independence Village SENIOR LIVING