

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00am Hydration and Daily Chronicles 10:30am Air Drumming *After Lunch - Board Games 1:00pm Calvary Devotion (A) 3:00pm LIVE Marc Beecher (A) or Elvis Concert on TV	2 10:00am Hydration and Daily Chronicles 10:30am Weightlifting *After Lunch - Puzzles 1:30pm <u>Leaf Collecting at the Park</u> or Hydration & This Day in History 3:00pm Leaf Tail Squirrel Craft *After Dinner - Sky Scapes	3 Come check out one of the fun interactive wall activities around the neighborhood or stop by our connection pods near the sports wall. It's a great way to enjoy some quality time with neighbors, staff, and your loved ones!
11:30am Signature Drink with Lunch 1:00pm Octoberfest Cart 3:00pm Temple Baptist Church (AR) or Church service on TV 4	10:00am Morning Stretch 5 *After Lunch - Brain Games 1:00pm Hydration & Coloring Art 2:00pm Arm Chair Travel (Czech Republic) 5:30pm Movie	9:30am Catholic Service & Communion (L) or Morning Devotional 6 10:00am AM Power Up *After Lunch - Cards 2:00pm LIVE Steve Carr (A) or Steve Miller Band Concert on TV 3:30pm Men's Group "Baseball Cards" (L) * After Dinner - Solve the Riddle	10:00am Hydration and Daily Chronicles 7 10:30am Chair Yoga 11:00am Eye Glass Cleaning *After Lunch - Art 2:00pm Fred's Time Machine 3:00pm Bingo *After Dinner - Would You Rather	10:00am Hydration and Daily Chronicles 8 10:30am Air Drumming *After Lunch - Board Games 2:00pm Art w/ Sheryl (MC) *After Dinner - Table Talk	10:00am Hydration and Daily Chronicles 9 10:30am Weightlifting *After Lunch - Puzzles 1:30pm <u>A Walk at IJAMS Nature Center</u> or Walking Trails (TV) 3:00pm Connect Four *After Dinner - Sky Scapes	10:30am Bingo 10 *After Lunch - Word Games 2:00pm Game Hour

Calender Key:
A – Activity Room
FL - Front Lobby

CY - Courtyard
L - Library
MC - Memory Care

JR - Jefferson Room
DR - Dining Room
RR - Room to Room

S - Self led

N- New event/entertainer/Host

StoryPoint Knox West Memory Care		Week 3-5 October 2026 Life Enrichment Monthly Calendar					Activities are subject to change						
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
11		12		13		14		15		16		17	
3:00pm Temple Baptist Church (AR) or Church service on TV		Indigenous Peoples' Day 10:00am Morning Stretch *After Lunch - Brain Games 1:30pm Hydration & Would You Rather 3:00pm Making Yarn Sticks & Learning about Indigenous Culture (A) or Documentary on TV		9:30am Catholic Service & Communion (L) 10:00am AM Power Up *After Lunch - Cards 1:30pm Hydration & Believable or Batty Game 3:00pm Monthly Birthday Celebration * After Dinner - Solve the Riddle		VOTING: FEDERAL/STATE GENERAL ELECTION 10:00am Hydration and Daily Chronicles 10:30am Chair Yoga 11:00am Eye Glass Cleaning *After Lunch - Art 1:30pm Walking Club 3:00pm Bingo *After Dinner - Would You Rather		10:00am Hydration and Daily Chronicles 10:30am Air Drumming 11:00am Eye Glass Cleaning *After Lunch - Board Games 1:00pm Calvary Devotion 3:00pm LIVE Piano w/ Terri (A) or Piano Concert on TV 5:30pm Resident Spotlight "Shirley" Social		10:00am Hydration and Daily Chronicles 10:30am Weightlifting *After Lunch - Puzzles 1:00pm Scenic Drive or Virtual Drive on TV 3:00pm LIVE Blue Shadows (A) or Blues Brother Concert on TV *After Dinner - Sky Scapes		Come check out one of the fun interactive wall activities around the neighborhood or stop by our connection pods near the sports wall. It's a great way to enjoy some quality time with neighbors, staff, and your loved ones!	
18		19		20		21		22		23		24	
10:00am Drink Cart *After Lunch - Magazines 3:00pm Temple Baptist Church (AR) or Church service on TV		10:00am Morning Stretch *After Lunch - Brain Games 1:30pm Hydration & Who Am I? 3:00pm Donuts &The History of the Salvation Army (A) or Donut Snack 5:30pm Movie		9:30am Catholic Service & Communion (L) or Morning Devotional 10:00am AM Power Up *After Lunch - Cards 1:30pm Hydration & The Origins of Common Superstitions 3:00pm Ghost Craft * After Dinner - Solve the Riddle		10:00am Hydration and Daily Chronicles 10:30am Chair Yoga 11:00am Eye Glass Cleaning *After Lunch - Art 1:30pm Hydration & Town Hall Meeting 3:00pm Bingo *After Dinner - Would You Rather		10:00am Hydration and Daily Chronicles 10:30am Air Drumming *After Lunch - Board Games 1:30pm Hydration & Knot Tying 3:00pm Giant Jenga *After Dinner - Table Talk		10:00am Hydration and Daily Chronicles 10:30am Weightlifting *After Lunch - Puzzles 1:00pm Tour Girl Scout Museum or History of Girl Scouts (TV) 3:00pm LIVE Pattie & Donnie (MC) *After Dinner - Sky Scapes		10:30am Bingo *After Lunch - Word Games 2:00pm Decorating for Halloween	
25		26		27		28		29		30		31	
10:00am Pick a costume the wear at the fashion show *After Lunch - Magazines 3:00pm Temple Baptist Church (AR) or Church service on TV		10:00am Morning Stretch *After Lunch - Brain Games 3:00pm Hunter's Moon "Pie" Social (A) or Moon Pie Snack 5:30pm Movie		9:30am Catholic Service & Communion (L) or Morning Devotional 10:00am AM Power Up *After Lunch - Cards 1:30pm Bearden Library or Hydration & Short Telling on TV 3:00pm Ring Toss * After Dinner - Solve the Riddle		10:00am Hydration and Daily Chronicles 10:30am Chair Yoga 11:00am Eye Glass Cleaning *After Lunch - Art 1:30pm Hydration & Superstitious Poems and Rhymes 2:00pm Halloween Fashion Show (A) *After Dinner - Would You Rather		10:00am Hydration and Daily Chronicles 10:30am Air Drumming *After Lunch - Board Games 2:00pm Halloween Fashion Show (A) 3:00pm Halloween Bingo *After Dinner - Table Talk		10:00am Hydration and Daily Chronicles 10:30am Weightlifting *After Lunch - Puzzles 1:30pm Hydration & How to Build a Fire 3:00pm Reverse Trick or Treat (First Floor) *After Dinner - Sky Scapes		10:30am Bingo *After Lunch - Word Games 2:00pm Game Hour	
Calender Key: A – Activity Room FL - Front Lobby		CY - Courtyard L - Library MC - Memory Care		JR - Jefferson Room DR - Dining Room RR - Room to Room		S - Self led		N- New event/entertainer/Host		STORYPOINT Senior Living			