

Assisted Living October 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30 Weights Exercise - F 1:30 Menu Tasting - B 2:30 DIY Decopauge Pumpkins/ Fall Centerpieces - C 4:00 UNO - C	2 10:30 Cardio Drumming - F 11:00 Wii Bowling - F 1:30 Fiber Arts Club - L 2:00 Cows at the Opera House and Other Museum Mysteries- B 3:30 Bingo - C	3 9:30 Music Time - T 10:00 Activity Packet Pick Up at Front Desk 2:00 Bingo - C
4 10:30 Livestream Mass – T 1:30 Chair Exercise - F 2:30 Sunday Cinema - T 3:00 Card Game Club -C	5 10:30 Chair Exercise - F 11:00 Baking Club: Pumpkin Bread - B 1:30 Bowling League - F 2:45 Euchre/Left Right Center - C 6:00 Movie and Popcorn - T	6 9:00 Donuts and Cider 10:30 Resistance Bands - F 11:15 Coffee and Trivia - B 1:30 Classic TV: M.A.S.H 6:00 Casino Night	7 10:30 Chair Yoga - F 1:30 Left Right Center - C 2:00 Bible Study - F 3:00 Activity Planning - B 4:00 Happy Hour with Mike Palomba - B	8 10:00 Catholic Communion - -T 10:30 Weights Exercise - F 11:15 Coffee and News - B 2:30 DIY Witches Brooms/Hats - C 4:00 UNO - C	9 10:30 Cardio Drumming - F 11:15 Coffee and News - B 1:30 Fiber Arts Club - L 3:30 Bingo - C 4:30 Bingo Store - C 5:00 Wild West Dinner and a Show - D	10 9:30 Music Time - T 10:00 Activity Packet 2:00 Bingo - C
11 10:30 Livestream Mass – T 1:30 Chair Exercise - F 2:30 Sunday Cinema - T 3:00 Card Game Club -C	12 10:30 Chair Exercise - F 1:00 - 4:00 Fall Craft Show - B 3:30 Snack and Learn: Hospice 101 -C 6:00 Movie and Popcorn - T	13 10:30 Resistance Bands - F 11:15 Coffee and Crosswords - B 1:30 Classic TV: M.A.S.H 2:30 Health Talk: Embracing the Journey - C 3:30 Bingo - C	14 10:30 Chair Yoga - F 1:00 Nifty Nails - S 2:00 Bible Study - T 2:30 Resident Council - F 4:00 Happy Hour with Jean Garvey - B	15 10:30 Weights Exercise - F 12:00 Men’s Club - C 2:30 DIY Maple Leaf Paint Pouring - C 4:00 UNO - C	16 10:30 Cardio Drumming - F 11:00 Wii Bowling 1:30 Movie Mantinee - T 1:30 Fiber Arts Club - L 1:30 Duck Jeep Outing 3:30 Bingo - F	17 9:30 Music Time - T 10:00 Activity Packet Pick Up at Front Desk 2:00 Bingo - C
18 10:30 Livestream Mass – T 12:00 Sunday Brunch - D 1:30 Chair Exercise - F 2:30 Sunday Cinema - T 3:00 Card Game Club -C	19 10:30 Chair Exercise - F 11:00 Baking Club - B 1:30 Bowling League - F 2:45 Euchre/Chase the Ace- C 6:00 Movie and Popcorn - T	20 10:30 Resistance Bands - F 11:15 Coffee and Trivia - B 1:30 Classic TV: M.A.S.H. 2:30 Saving Song Birds Presentation - B 3:30 Bingo - C	21 10:30 Chair Yoga - F 1:30 Chase the Ace 2:00Bible Study - T 3:00 Resident Forum - B 4:00 Happy Hour Magic Show with John Russel - B	22 10:30 Weights Exercise - F 10:30 Outing to Andiamo's Lunch and Concert 1:30 Therapy Dog Visit - B 3:00 Fall Bracelet Making - C 4:00 UNO - C	23 10:30 Cardio Drumming - F 11:00 Wii Bowling - F 1:30 Fiber Arts Club - L 1:30 Movie Mantinee - T 3:30 Bingo - C 4:30 Bingo Store - C	24 9:30 Music Time - T 10:00 Activity Packet Pick Up at Front Desk 1:30 Trick or Treating 3:30 Donuts and Cider Social - B
25 10:30 Livestream Mass – T 1:30 Chair Exercise - F 2:30 Sunday Cinema - T 3:00 Card Game Club -C	26 10:30 Chair Exercise - F 1:30 Make a Custom Mug - B 2:45 Euchre/ Left Right Center - C 6:00 Movie and Popcorn - T	27 10:30 Resistance Bands - F 11:00 Coffee and Crosswords 1:30 Classic TV: M.A.S.H. 1:30 Outing to Tilson Street 3:30 Bingo - C	28 10:30 Chair Yoga - F 1:00 Nifty Nails - S 1:30 Left, Right, Center - C 2:00 Bible Study - T 4:00 Birthday Happy Hour with Marisa Hochburg- B	29 10:30 Weights Exercise - F 11:00 Catholic Communion - T 12:00 Ladies Club - C 2:30 Fall Diamond Art/ Paint by Number - C 4:00 UNO - C	30 10:30 Cardio Drumming - F 11:00 Wii Bowling - F 1:00 Fiber Arts Club - L 1:30 Movie Mantinee - T 3:30 Bingo - C 6:00 Spooky Sips and Classic Clips - B	31 9:30 Music Time - T 10:00 Activity Packet Pick Up at Front Desk 2:00 Halloween Bingo - C

Calender Key:
F - Fitness Studio
B - Bistro
T - Theater

P - Patio
L - Library
D - Dining Room
C - Club House

A - Art Room
S - Salon