

| Sunday                                                                                                                                                                                       | Monday                                                                                                                                                                                 | Tuesday                                                                                                                                                                                             | Wednesday                                                                                                                                                                                                                              | Thursday                                                                                                                                                                        | Friday                                                                                                                                                                                                        | Saturday                                                                                                                                                                    |
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| <b>Resident Birthdays!</b><br><br>Phyllis V. - 5th<br>Lavonne S. - 13th<br>Robert J. - 21st                                                                                                  |                                                                                                                                                                                        |                                                                                                                                                                                                     |                                                                                                                                                                                                                                        | <b>National Homemade Cookies Day!</b><br><br>10:00 AM UNO Card Game<br>1:00 PM Trivia & Treats<br>2:00 PM Cookie Bar!<br>3:00 PM Tea & Conversation                             | <b>2</b><br><br>9:00 AM The Daily Perk<br>9:45 AM Live 2B Healthy<br>10:00 AM<br>1:00 PM BINGO<br>2:00 PM Happy Hour                                                                                          | <b>3</b><br><br>9:00 AM The Daily Perk<br>10:00 AM Coffee Corner<br>10:45 AM Walking Club<br>1:00 PM Cards & Coffeee<br>2:30 PM Bean Bag Baseball Practice                  |
| <b>National Golf Lovers Day 4</b><br>9:00 AM The Daily Perk<br>10:00 AM Trinity on Fifth (Altoona) - YouTube<br>11:00 AM Walking Club<br>3:00 PM Games Galore<br>6:30 PM Evening Social Hour | <b>5</b><br>9:30 AM Bible Study w/ Steve S.<br>10:00 AM Manicures<br>1:00 PM BINGO<br>2:00 Bean Bag Baseball Practice<br>3:00 PM Movie Monday w/ Popcorn (Resident Choice Front Lobby) | <b>6</b><br><b>Belated National Apple Betty Day</b><br>9:00 AM The Daily Perk<br>10:15 AM UNO Card Game<br>11:30 AM Country Store<br>2:00 PM 20 Questions Game<br>3:00 PM Apply Betty Bar!          | <b>7</b><br>9:00 AM The Daily Perk<br>10:00 AM Puzzle Club<br>11:00 AM Church Service<br>2:00 PM Bowling<br>3:30 PM Coffee & Treats                                                                                                    | <b>8</b><br>9:00 AM The Daily Perk<br>10:15 AM UNO Card Game<br>2:00 PM Tie Dye Shirts! (Redo)<br>3:00 PM Tea & Coversation<br><u>6:00 PM Book Club</u>                         | <b>9</b><br>9:00 AM The Daily Perk<br>9:45 AM Live 2B Healthy<br>1:00 PM BINGO<br>2:00 PM Happy Hour                                                                                                          | <b>10</b><br>9:00 AM The Daily Perk<br>10:00 AM Coffee Corner<br>10:45 AM Walking Club<br>1:00 PM Cards & Coffeee<br>2:30 PM Bean Bag Baseball Practice                     |
| <b>11</b><br>9:00 AM The Daily Perk<br>10:00 AM Trinity on Fifth (Altoona) - YouTube<br>11:00 AM Walking Club<br>3:00 PM Games Galore (Your Choice)                                          | <b>12</b><br><b>National Farmers Day</b><br>9:00 AM The Daily Perk<br>10:00 AM Manicures<br>1:00 PM BINGO<br>2:00 PM <u>Bean Bag Baseball Scrimmage STAFF vs RESIDENTS</u>             | <b>13</b><br><b>Metastatic Breast Cancer Awareness Day</b><br>10:15 AM UNO Card Game<br>11:30 AM Country Store<br>1:45 PM <u>Scenic Drive (Thomas Mitchell Park).</u><br>3:00 PM Tea & Conversation | <b>14</b><br><b>National Dessert Day</b><br>9:00 AM The Daily Perk<br>9:00 AM Exercise Class w/ FOX<br>10:00 AM Puzzle Club<br>11:00 AM Church Service<br><u>1:30 PM Bean Bag Baseball Game (Home).</u><br><u>6:00 PM Family Forum</u> | <b>15</b><br>9:00 AM The Daily Perk<br>10:15 AM UNO Card Game<br>1:00 PM Trivia & Treats<br><u>2:00 PM BINGO</u><br><u>3:00 PM Tea &amp; Conversation</u>                       | <b>16</b><br><b>National Boss's Day</b><br>9:00 AM The Daily Perk<br><u>9:30 AM T.J. Maxx Outing</u><br>1:00 PM BINGO<br><u>2:00 PM Pie Happy Hour!</u><br><u>2:30 PM Pie in the Face: Leadership Edition</u> | <b>17</b><br>9:00 AM The Daily Perk<br>10:00 AM Coffee Corner<br>10:45 AM Walking Club<br>1:00 PM Cards & Coffeee<br>2:30 PM Bean Bag Baseball Practice                     |
| <b>18</b><br>9:00 AM The Daily Perk<br>10:00 AM Trinity on Fifth (Altoona) - YouTube<br>11:00 AM Walking Club<br>3:00 PM Games Galore (Your Choice)<br>6:30 PM Evening Social Hour           | <b>19</b><br>9:30 AM Bible Study w/ Steve S.<br>10:00 AM Manicures<br>1:00 PM BINGO<br>2:00 PM Bean Bag Baseball Practice<br>3:00 AM Movie Monday w/ Popcorn (Resident Choice)         | <b>20</b><br>9:00 AM The Daily Perk<br>10:15 AM UNO Card Game<br>11:30 AM Country Store<br>2:00 PM The Price Is Right Game<br>3:00 PM Tea & Conversation                                            | <b>21</b><br><b>National Apple Day</b><br>9:00 AM The Daily Perk<br>9:00 AM Exercise Class w/ FOX<br>10:00 AM Puzzle Club<br>11:00 AM Church Service<br>2:00 PM Bowling<br>3:30 PM Coffee & Treats                                     | <b>22</b><br>9:00 AM The Daily Perk<br>10:00 AM UNO Card Game<br><u>12:45 PM Iowa Orchard Outing</u><br>3:00 PM Tea & Conversation<br>6:00 PM Book Club                         | <b>23</b><br>9:00 AM The Daily Perk<br><u>9:30 AM Historical Building Outing</u><br>1:00 PM BINGO<br><u>2:00 PM Sip &amp; Paint Happy Hour! (Pumpkin Painting).</u>                                           | <b>24</b><br>9:00 AM The Daily Perk<br>10:00 AM Coffee Corner<br>10:45 AM Walking Club<br>1:00 PM Cards & Coffeee<br>2:30 PM Bean Bag Baseball Practice                     |
| <b>25</b><br>9:00 AM The Daily Perk<br>10:00 AM Trinity on Fifth (Altoona) - YouTube<br>11:00 AM Walking Club<br>3:00 PM Games Galore (Your Choice)<br>6:30 PM Evening Social Hour           | <b>26</b><br><b>National Pumpkin Day</b><br>9:00 AM The Daily Perk<br>10:00 AM Manicures<br>1:00 PM BINGO<br>2:00 PM Bean Bag Baseball Practice<br>3:00 PM Movie Monday w/ Popcorn!    | <b>27</b><br>9:00 AM The Daily Perk<br>10:15 AM UNO Card Game<br><u>1:00 PM Activity Meeting</u><br><u>1:45 PM Scenic Drive (Yellow Banks).</u><br>3:00 PM Tea & Conversation                       | <b>28</b><br>9:00 AM The Daily Perk<br>9:00 AM Exercise Class w/ FOX<br>10:00 AM Puzzle Club<br>11:00 AM Church Service<br><u>1:30 PM Make Your Own Bouquet!</u><br>3:30 Coffee & Treats                                               | <b>29</b><br>9:00 AM The Daily Perk<br>10:00 AM UNO Card Game<br>1:00 PM Trivia & Treats<br>2:00 PM BINGO<br>3:00 PM Tea & Conversation<br><u>5:30 PM Trick or Treat Night!</u> | <b>30</b><br><b>National Candy Corn Day</b><br>9:00 The Daily Perk<br><u>9:30 AM Botanical Garden Outing</u><br>1:00 PM BINGO<br><u>2:00 PM Birthday Bash/Happy Hour</u>                                      | <b>31</b><br><b>HALLOWEEN</b><br>9:00 AM The Daily Perk<br>10:00 AM Coffee Corner<br>10:45 AM Walking Club<br>1:00 PM Cards & Coffeee<br>2:30 PM Bean Bag Baseball Practice |