

VALPARAISO SENIOR VILLGE

Memory Care

October 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 - Strength Exercise 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles Discussion & Devotional 12:30 - Scrapbooking 1:30 - Pumpkin Fall Craft 2:45 - Ice Cream Social 5:00 - Evening Relaxation & Refreshment	2 9:45 - Morning Exercise w/ Robert 10:15 - Morning Sip & Chat 10:30 - Daily Chronicles, Discussion & Devotional 12:30 - Outside Time 1:30 - Sensory Bins 2:00 - Friday Movie and snacks 5:00 - Jigsaw Puzzles	3 1:15 - Balloon & Noodles 2:00 - Saturday Social snacks and Daily Chronicles, Discussion & Devotional 3:00 - Music & Coloring 5:00 - Evening Relaxation
4 9:30 - Daily Chronicles, Discussion & Devotional 10:00 - Virtual Church Worship 2:00 Coffee, Cocoa & Creativity Club 5:00 - Evening Relaxation & Refreshment	5 9:45 - Ball Drumming in Theater 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Communion 12:30 - Manicure Monday 2:00 - Hygee Game and Snacks 5:00 - Evening Relaxation & Refreshment	6 9:30 - Stretch Exercise 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Bible Stories w/Charlotte <u>12:30 - Prize Bingo</u> 1:30 - Entertainment w/Paul Horgash (MDR) 2:30 - New Resident Welcome Social 5:00 - Evening Relaxation & Refreshment	7 9:30 - Let's Get Physical 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 12:30 - Hang Man 2:00 - Celebrity Trivia and Italian Ice 3:00 - Word in a Word 5:00 - Classic TV Shows	8 9:30 - Strength Exercise 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 12:45 - Scenic Bus Ride 2:00 - Ice Cream Social 5:00 - Evening Relaxation & Refreshment	9 9:45 - Morning Exercise w/ Robert 10:15 - Morning Sip & Chat 10:30 - Daily Chronicles, Discussion & Devotional 2:30 - Resident Council 1:00 - Movie in Green Room 2:30 - Snacks & Word in a Word 5:00 - Jigsaw Puzzles	10 1:15 - Word in a Word 2:00 - Saturday Social Snacks and Daily Chronicles, Discussion & Devotional 3:00 - Music and Coloring 5:00 - Evening Relaxation
11 9:30 - Daily Chronicles, Discussion & Devotional 10:00 - Virtual Church Worship 11:00 - Family Brunch 2:00 - Coffee, Cocoa & Creativity Club 5:00 - Evening Relaxation & Refreshment	12 Columbus Day 9:30 - Monday Moves 10:15 Daily Chronicles, Discussion & Devotional 10:30 - Communion 12:30 - Movie Matinee & Popcorn in Movie Theater 2:00 -Snack & Chat 5:00 - Evening Relaxation & Refreshment	13 9:30 - Stretch Exercise 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 10:30 Bible Stories w/Charlotte <u>12:30 - Salty Snack Bingo</u> 1:30 - Piano Entertainment w/Doug Reba (Lobby) 5:00 - Evening Relaxation & Refreshment	14 9:30 - Let's Get Physical 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles Discussion & Devotional 1:00 - Entertainment w/Gloria 2:30 - Word in a Word and Snacks 5:00 - Classic TV Shows	15 9:30 - Strength Exercise 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 12:30 - Fall Painting Craft 1:00 - Movie in Green Room and Ice Cream Social 5:00 - Evening Relaxation & Refreshment	16 9:45 - Morning Exercise w/Robert 10:15 - Morning Sip & Chat 10:30 - Daily Chronicles, Discussion & Devotional 12:30 One on Ones 1:30 - Italian Ice and Name Something Questions 2:30 - Friday Movie/Snacks 5:00 - Jigsaw Puzzles	17 1:15 - Puzzle Time 2:00 - Saturday Social Snacks and Daily Chronicles, Discussion & Devotional 3:00 - Music and Coloring 5:00 - Evening Relaxation
18 9:30 - Daily Chronicles, Discussion & Devotional 10:00 - Virtual Church Worship 2:00 - Coffee, Cocoa & Creativity Club 5:00 - Evening Relaxation & Refreshment	19 9:45- Ball Drumming in Theater 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Communion 12:30 - Yahtzee 2:00 - Cookies & Coffee w/our Vets (everyone is invited) 5:00 - Evening Relaxation & Refreshment	20 Octoberfest <u>9:30 - Price is Right</u> 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Bible Stories w/Charlotte 12:30 - Octoberfest Entertainment MDR 2:30 - Create Center Coloring 5:00 - Evening Relaxation & Refreshment	21 9:30 - Let's Get Physical 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 1:00 - Coloring pages & Music 2:00 - Jewelry Beading 5:00 - Classic TV Shows	22 9:30 - Strength Exercise :00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 12:30 - Scrapbooking 1:30 - Movie in Green Room 2:00 - Ice Cream Social 5:00 - Evening Relaxation & Refreshment	23 9:45 - Morning Exercise w/Robert 10:15 - Morning Sip & Chat 10:30- Daily Chronicles, Discussion & Devotional 12:30 - Ladies Talk Time and Apple Cider 1:30 - Corn Hole Bags 2:30 - Snack & Chat 5:00 - Jigsaw Puzzles	24 1:15 - Hang Man 2:00 - Saturday Social and Daily Chronicles, Discussion & Devotional 3:00 - Music and Coloring 5:00 - Evening Relaxation
25 9:30 - Daily Chronicles, Discussion & Devotional 10:00 - Virtual Church Worship 2:00 - Coffee, Cocoa & Creativity Club 5:00 - Evening Relaxation & Refreshment	26 9:30 - Monday Moves 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Communion 1:00 - Corn Hole Bags and Music 2:00 - Cookie Cart w/Jaclyn 2:30 - Karaoke songs 5:00 - Evening Relaxation & Refreshment	27 Happy Birthday Fran! 9:30 - Stretch Exercise 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 10:30 - Bible Stories w/Charlotte 12:45 - Culinary Showcase w/Chef <u>1:15 - Candy Bingo</u> 3:00 - Chicken Soup for the Soul 5:00 - Evening Relaxation & Refreshment	28 9:30 - Let's Get Physical 10:00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 12:30 - I Spy Game 2:00 - Men's Social - Root Beer Floats 5:00 - Classic TV Shows	29 9:30 - Strength Exercise :00 - Morning Sip & Chat 10:15 - Daily Chronicles, Discussion & Devotional 12:30 Bubble Wrap Painting 1:30 - Movie in Green Room 2:00 - Ice Cream Social 5:00 - Evening Relaxation & Refreshment	30 9:45 - Morning Exercise w/Robert 10:15 - Morning Sip & Chat 10:30 - Daily Chronicles, Discussion & Devotional 1:30 - Bday Bash/Costume Party and Entertainment w/Belles Suitors (MDR) 2:30 - Birthday Cupcakes! 5:00 - Jigsaw Puzzles	31 Halloween 1:15 - Manicures and Polish 2:00 - Saturday Social and Daily Chronicles, Discussion & Devotional 3:00 - Music and Coloring 5:00 - Evening Relaxation