

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10a Balloon Ball 11a Junk Drawer Detective 2p Halloween Rhyme Time 3:30p Movie Matinee “Mary Poppins” 6p Bob Ross and Watercolors	2 10a Friday Fitness 11a Kitchen Cadets-Crock Pot Applesauce 2p Adventures in Social Drumming 3:30p October Gazette and October IQ 6p Hand Massages and The News from Lake Wobegon	3 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Pretzel Weaving 2p All About Oktoberfest 3:30p Fancy Fingers 6p Coloring Meditation
4 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Church w. Spiritual Eldercare 2p Watercolor Pumpkins 3:30p Balloon Ball 6p Documentary and Discussion	5 10a Exercise w. Power Back 11a Resident Council 2p Family Feud 3:30p Falling Leaves-Activity Room Decor 6p Monday Night Feature w. Popcorn	6 10a Prayer Service w. St. Pius Catholic Church 11a November Calendar Planning Committee 2p Decorate Food Drive Box 3:30p Fall “Think Fast” Game 6p Little House on the Prairie-Audio Book	7 10a Wednesday Workout 10:30a Homemade Bread/Country Drive 2p Hayrack Ride at Center Grove Orchard/Cards for Culinary 3:30p Dirty Soda Bar w. Halloween Traditions from Around the World 6p Wednesday Westerns	8 10a Scarf Exercises 11a 30-Ball Bingo 2:15p Music Therapy w. Amanda 3:30p Movie Matinee “Young Frankenstein” 6p Bob Ross and Watercolors	9 10a Friday Fitness 11a Kitchen Cadets-Apple Cider 2p Pressed Leaves Suncatchers 3p Apple Cider Floats 3:30p Ask Google Anything! 6p Hand Massages and The News from Lake Wobegon	10 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Gettin’ Jiggy w. Jigsaw Puzzles 2p Can You Picture This? 3:30p Fancy Fingers 6p Coloring Meditation
11 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Church w. Spiritual Eldercare 2p Ax Throwing 3:30p What Am I? 6p Documentary and Discussion	12 Indigeneouse Peoples’ Day 10a Exercise w. Power Back 11a Three Sisters Stew 2p History of Indigenous People’s Day 3:30p Indigenous Peoples’ Day True or False 6p Monday Night Feature w. Popcorn	13 10a Music w. Dave and Belle 11a Around the Quilting Table 2p Church w. Jerry 3:30p Crafting Corner: Fall Door Hangers 6p Little House on the Prairie-Audio Book	14 Flu Shot Clinic 9a-1p 10a Story Corner w. Kidz Corner Preschool 10:30a Big Hearts in a Small Town: A Short Story 11a Who Am I? 2p Fall Colors Scenic Drive 3:30p Fall Bingo 6p Wednesday Westerns	15 10a Beach Volleyball 11a Travelouge: Czech Republic 2p White Cane Awareness w. Cindy 3p Jester Park Pony Visit 6p Bob Ross and Watercolors	16 10a Friday Fitness 11a Kitchen Cadets-Pumpkin Pie Twists 2p Fall Poetry Hour 3p Ramblin’ Ukes 6p Hand Massages and The News from Lake Wobegon	17 9:30a News/Current Events 10a ElderCare Seated Exercises 11a What’s Your Verdict? 2p Cards of Encouragement for Veterans 3:30p Fancy Fingers 6p Coloring Meditation
18 Chocolate Cupcake Day 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Church w. Spiritual Eldercare 2p Decorate Chocolate Cupcakes 3:30p Youtube and You: Men’s Edition- Restoring the Engine “Big Boy” 6p Documentary and Discussion	19 10a Exercise w. Power Back 11a Puffy Ghost Garland 2p Nocturnal Animals w. Jester Park 3:30p Autumn Leaf Scavenger Hunt 6p Monday Night Feature w. Popcorn	20 Comfy Cabin Day 10a Seated Zumba 11a Kitchen Cadets-Homemade Cinnamon Rolls 2p Music w. Karin 3:30p Hot Chocolate Bar w. Campfire Stories 6p Little House on the Prairie-Audio Book	21 10a Wednesday Workout 10:30a Country Drive/Halloween Trivia 2p Worship w. Hospice of the Midwest 3:30p Spooky Potions Mocktail Hour 6p Wednesday Westerns	22 10a Floor Hockey 11a 30-Ball Bingo 12p Dog’s Day Out: Dog Pick-up at ARL 2:15p Music Therapy w. Amanda 3:30p “The Great Pumpkin Charlie Brown” w. Pumpkin Spice Lattes 6p Bob Ross and Watercolors	23 10a Friday Fitness 11a Kitchen Cadets-Pumpkin Bars 2p Would You Rather-Fall Edition 3p Valerie Wedgeworth Flute Performance 6p Hand Massages and The News from Lake Wobegon	24 9:30a News/Current Events 10a ElderCare Seated Exercises 11a All About Dia De Los Muertos 2p Movie Matinee: Disney’s Coco 3:30p Fancy Fingers 6p Coloring Meditation
25 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Church w. Spiritual Eldercare 2p Marigolds for the Ofrenda 3:30p AMA Witches: The Misconceptions of Witchcraft 6p Documentary and Discussion	26 10a Exercise w. Power Back 11a History of the Jack-O-Lantern 2p Care Packages for Deployed Veterans w. Hospice of the Midwest 3:30p Jack-O-Lantern Carving 6p Monday Night Feature w. Popcorn	27 10a Seated Zumba 11a Halloween Jeopardy 2p Marigolds for the Ofrenda 3:30p Pie the Life Enrichment Director 6p Little House on the Prairie-Audio Book	28 10a Wednesday Workout 10:30a Deliver Food Drive Items to Urbandale Food Bank 2p Hayrack Ride at Center Grove Orchard 3:30p Halloween Pictionary 6p Wednesday Westerns	29 10a Pumpkin Bowling 11a Truth or Scare 2p Candy Pumpkin Catapults 3:30p Investigating of the Paranormal! Guest Speaker: STF Paranomral 6p Bob Ross and Watercolors	30 10a Trick-R-Treating and Costume Parade w. Kidz Corner 11a Kitchen Cadets-Mummies in a Blanket 2p Dog Costume Parade 3p The Rearview Mirror Band 6p Hand Massages and The News from Lake Wobegon	31 Halloween 9:30a News/Current Events 10a Balloon Ball 11a What’s in the Box? Halloween Edition 2p Roll a Monster 3:30p Fancy Fingers 6p Community Trick-R-Treating

Calender Key:
AR– Activity Room
CY – Courtyard
FD – Front Dining Room

L – Library
FR – Fitness Room
H – Hallways
MD – Main Dining Room

O – Off Site

Outings are dependent on weather

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