

Crestwood Village

Assisted Living

October 2026 AL

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				National Cookie Day 1 10:30 - Weighted Workout 11:00 - Mens Club 2:00 - Homemade Cookies with Allison	2 10:30 - Learning to Fly: the first airplane 1:30 - CMU Team 2:30 - Movie Friday: Practical Magic	3 10:30- Chair Yoga 11:00 Time Travelers Club 2:00 p.m. Bocce Ball
4 10:30 - Church Service 11:00 - Chair Yoga 2:00 - Table Top Tournament	Food Service Week 5 10:30 - Move to the Groove 11:00- Hunters Club 2:00 -BINGO 6:00 - Resident Lead Games	One Team Broadcast 6 10:15 - Bocce Ball 11:00- Who Wants to Be a Millionaire 2:00 - One Team Broadcast (Staff Event)	Fall Color Tour 7 10:30 - Wake up and Move 11:00 - Wellness Wednesday 1:30- Bus Pick up for Fall Color Tour 6:00 - Resident Lead Games	Boo Signs with Bethany 8 10:30- Weights and Music with Meagan 11:00 - Yahtzee 2:00 - Boo Signs with Benthany 6:00 - Resident Lead Games	9 :10:30 - Funky Friday Moves 1:30 - CMU Dance Team 2:30 - Movie Friday: BeetleJuice (1988)	10 10:30 - Chair Yoga 11:00- History Series 2:00 - Card Games
11 10:30 - Church Service 11:00 - Center,Left, Right Game 2:00 - Seated Cardio	12 10:30- Balance Clinic 11:00 - Puzzle Club by the Fire Place 2:00 - BINGO :6:00 - Resident Lead Games	Pumpkin Painting 13 10:15 - Bocce Ball 11:00 - Renaissance Writing with Susan 2:00 - Pumpkin Painting	Wine and Witches 14 10:30- Monster Mash Workout 11:00- Tales of Salem 2:00- Wine and Which Witch are You? (Food Meeting)	15 10:30 - Sit, Stretch & Smile 11:00 - Table Tournament 2:00 - Crochet, Stitch, and Puzzle Together 6:00 - Resident Lead Games	National Bosses Day 16 10:30 - National Parks: Americas Best Idea 1:30 - CMU Dance Team 2:30 - Movie Friday: Hocus Pocus (1993) - October Birthdays!	17 10:30 - Sit and be Fit 11:00-Bible Study with Betty 2:00- Who Wants to be a Millionaire
18 10:30 - Church Service 11:00 - Morning Stetches 2:00 - Cozy Fireside Bring a Craft Club	19 10:30 - Music and Movement 11:00 - Fireside Friendships with Panda 2:30 - Treasured Memories with Amanda	20 10:15- Bocce Ball 11:00 -Radio Garden 2:00- Where in the World are We Game? 2:30 - Resident Council	21 10:30- Peaceful Morning Stretches 11:00 - Barbara Miller Gospel and Hymns 3:00 - Live Music with Mark D (Dining Room)	22 10:30 - Sit, Stretch,Smile 11:00 - Ring Toss Challenge 3:00 - Live Music with Kevin Bendele 4:00 - Seated Stretches	23 10:30 - Board Game Stations 11:00 - National Parks: Americas Best Idea Series #2 1:30 - CMU Dance Team Workout Community Room Prep for Trick or Treating)	24 Crestwoods Halloween Spook House 2:00 - 4:00 p.m.- Trick or Treating and Spook House Fun
Live Gospel Music 25 10:30 - Live Gospel Music with Kevin Bendele 11:00 - Animal Education 2:00 - Bocce Ball	Halloween Hits 26 10:30 - Chair Yoga 11:00 - Halloween Hits (Join in song and fun) 2:00 - Balloon Volleyball	The Pumpkin Patch Cart 27 10:15 - Bocce Ball 1:30 - Robbies Bible Study 2:00 - Pumpkin Patch Cart	28 10:30- Chair Yoga 1:30 - Robbies Bible Study 2:00 - Wine and Finish the Sentence	National Cat Day 29 10:30 -Outing to Kat Karma Kafe 2:00 - Pawsitive Connections 6:00 - Resident Lead Games	BOO BINGO 30 10:30 - BOO BINGO 11:00 - Community Sing 1:30 - CMU Dance Team Workout 2:30 - Movie Friday: Frankenstein (1931)	Happy Halloween! 31 10:30- Boo Battle 11:00 - Unsolved Mysteries and Lore 2:00 - Wine and Create a Dip Mix

Calender Key:
MC – Memory Care
D – Dining Hall
C - Community Room

MCA - Memory Care
Atrium
FP - Front Patio
L - Lobby

Soc - By the Fireplace