

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				National Cookie Day 1 10:30 - Weighted Workout 11:00 - Mens Club 2:00 - Homemade Cookies with Allison Evening Activity: Calm & Cozy Evening	10:30 - Learning to Fly: the first airplane 2 1:30 - CMU Team 2:30 - Movie Friday: Practical Magic Evening Activity: Movie Night Wind Down	10:30 - Chair Yoga 3 11:00 - Time Travelers Club 2:00 p.m. Bocce Ball Evening Activity: Evening Unwind
10:30 - Church Service 4 11:00 - Chair Yoga 2:00 - Table Top Tournament Evening Activity: Sunday Serenity	Food Service Week 5 10:30 - Move to the Groove 11:00 - Hunters Club 2:00 - BINGO 6:00 - Resident Lead Games Evening Activity: Mindful Moments	One Team Broadcast 6 10:15 - Bocce Ball 11:00 - Who Wants to Be a Millionaire 2:00 - One Team Broadcast (Staff Event) Evening Activity: Evening Reflections	Fall Color Tour 7 10:30 - Wake up and Move 11:00 - Wellness Wednesday 1:30 - Bus Pick up for Fall Color Tour 6:00 - Resident Lead Games Evening Activity: Fall Color Memories	Boo Signs with Bethany 8 10:30 - Weights and Music with Meagan 11:00 - Yahtzee 2:00 - Boo Signs with Benthany 6:00 - Resident Lead Games Evening Activity: Cozy & Calm	10:30 - Funky Friday Moves 9 1:30 - CMU Dance Team 2:30 - Movie Friday: BeetleJuice (1988) Evening Activity: Soothing Sounds	10:30 - Chair Yoga 10 11:00 - History Series 2:00 - Card Games Evening Activity: Evening Connections
10:30 - Church Service 11 11:00 - Center,Left, Right Game 2:00 - Seated Cardio Evening Activity: Patriotic Peace	10:30 - Balance Clinic 12 11:00 - Puzzle Club by the Fire Place 2:00 - BINGO 6:00 - Resident Lead Games Evening Activity: Bedtime Stories	Pumpkin Painting 13 10:15 - Bocce Ball 11:00 - Renaissance Writing with Susan 2:00 - Pumpkin Painting Evening Activity: Calm & Comfort	Wine and Witches 14 10:30 - Monster Mash Workout 11:00 - Tales of Salem 2:00 - Wine and Which Witch are You? (Food Meeting) Evening Activity: Lavender & Lullabies	10:30 - Sit, Stretch & Smile 15 11:00 - Table Tournament 2:00 - Crochet, Stitch, and Puzzle Together 6:00 - Resident Lead Games Evening Activity: Peaceful Pause	National Bosses Day 16 10:30 - National Parks: Americas Best Idea 1:30 - CMU Dance Team 2:30 - Movie Friday: Hocus Pocus (1993) - October Birthdays! Evening Activity: Movie & Munch	10:30 - Sit and be Fit 17 11:00 - Bible Study with Betty 2:00 - Who Wants to be a Millionaire Evening Activity: Sweet Dreams
Live Gospel Music 18 10:30 - Church Service 11:00 - Morning Stetches 2:00 - Cozy Fireside Bring a Craft Club Evening Activity: Evening Serenity	10:30 - Music and Movement 19 11:00 - Fireside Friendships with Panda 2:30 - Treasured Memories with Amanda Evening Activity: Guided Calm	10:15 - Bocce Ball 20 11:00 - Radio Garden 2:00 - Where in the World are We Game? 2:30 - Resident Council Evening Activity: Relax & Recharge	10:30 - Peaceful Morning Stretches 21 11:00 - Barbara Miller Gospel and Hymns 3:00 - Live Music with Mark D (Dining Room) Evening Activity: Warm & Cozy	10:30 - Sit, Stretch,Smile 22 11:00 - Ring Toss Challenge 3:00 - Live Music with Kevin Bendele 4:00 - Seated Stretches Evening Activity: Wind Down Wednesday	10:30 - Board Game Stations 23 11:00 - National Parks: Americas Best Idea Series #2 1:30 - CMU Dance Team Workout Community Room Prep for Trick or Treating) Evening Activity: Relax & Enjoy	24 2:00 - 4:00 p.m.- Trick or Treating and Spook House Fun Evening Activity: Halloween Wind Down
Live Gospel Music 25 10:30 - Live Gospel Music with Kevin Bendele 11:00 - Animal Education 2:00 - Bocce Ball Evening Activity: Peaceful Night	Halloween Hits 26 10:30 - Chair Yoga 11:00 - Halloween Hits (Join in song and fun) 2:00 - Balloon Volleyball Evening Activity: Halloween Hits	The Pumpkin Patch Cart 27 10:15 - Bocce Ball 1:30 - Robbies Bible Study 2:00 - Pumpkin Patch Cart Evening Activity: Cozy Connections	10:30 - Chair Yoga 28 1:30 - Robbies Bible Study 2:00 - Wine and Finish the Sentence Evening Activity: Relax & Reflect	National Cat Day 29 10:30 - Outing to Kat Karma Kafe 2:00 - Pawsitive Connections 6:00 - Resident Lead Games Evening Activity: Coffee & Calm	BOO BINGO 30 10:30 - BOO BINGO 11:00 - Community Sing 1:30 - CMU Dance Team Workout 2:30 - Movie Friday: Frankenstein (1931) Evening Activity: Halloween Wind Down	Happy Halloween! 31 10:30 - Boo Battle 11:00 - Unsolved Mysteries and Lore 2:00 - Wine and Create a Dip Mix Evening Activity: Halloween Night Wind Down