

StoryPoint Columbia Heights						
Week 1-2 October 2026						
Independent Living Enhanced Living Assisted Living			Life Enrichment Monthly Calendar		Activities are subject to change	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Coffee Social (AL2) 9:45 Exercise Class (AL2) 10:30 Smoothie Social (AL2) 10:35 Book Club (AL2) 1:00 Fall Painting 3:00 Happy Hour Bingo (AL2) 4:00 Wordle, Connections (AL2) 4:15 Movie Theatre Outing (The Heart of The Beast)	2 9:30 Baking Club (2N) 10:30 Ladder Ball (AL2) 10:30 Tech Talk (AL2) 1:00 Bible Study (2N) 3:00 Word Searches and Crosswords (AL2) 4:00 Wordle, Connections 5:30 Puzzle Club (AL2)	3 9:00 Coffee Social (AL2) 9:45 Grab a friend and go for a walk! 10:30 Fall Coloring (AL2) 1:00 Solitaire Station (AL2) 2:00 Design Your Dream Car (AL2) 3:00 Checkers (AL2) 5:30 Find the Hidden Objects (AL2)
4 9:00 Coffee Social (AL2) 9:45 Grab a friend and go for a walk! 10:30 Sunday Crossword Puzzles (AL2) 1:00 Solitaire Station (AL2) 2:00 Design Your Own Newspaper (AL2) 3:00 Checkers (AL2) 6:00 Go Fish/ Old Maid (AL2)	5 9:00 Sip, Snack, and Chat (AL2) 9:45 Exercise Class (AL2) 10:30 Pine Tree Apple Orchard Outing 2:00 Women’s Voter Presentation (2N) 2:30 Book Club (AL2) 3:45 Tapple Board Game (AL2) 4:15 Wordle,Connections 5:30 Card Games with Friends! (AL2)	6 9:00 Coffee Social (AL2) 9:45 Exercise (AL2) 10:30 Smoothie Social 10:45 Back Massages 1:00 Scrabble Club (2N) 1:00 Skip Bo (AL1) 3:00 Happy Hour Bingo (AL2) 4:00 Wordle, Connections 5:30 Mexican Train (AL2)	7 9:00 Coffee Social (AL2) 9:45 Exercise Class (AL2) 10:30 Resident Forum (2N) 1:00 Lunds & Byerly's Outing 2:45 Garden End of Year Clean up (Back Patio) 4:15 Wordle, Connections 5:30 Yahtzee (AL2)	8 9:00 Coffee Social (AL2) 9:45 Exercise Class (AL2) 10:30 Book Club and Smoothies (AL2) 1:00 Mini Pumkin Painting (AL2) 2:00 Sudoku (AL2) 3:00 Happy Hour Bingo (AL2) 4:00 Wordle, Connections 5:30 Fall Leaves of Memories Craft (AL2)	9 9:30 Paper Chain Making (2N) 10:30 Bean Bag Toss (AL2) 10:30 Tech Talk (AL2) 1:00 Movie Matinee (AL3) 3:00 Walking Group (AL2) 4:00 Wordle, Connections 5:30 Coloring Group (AL2)	10 9:00 Coffee Social (AL2) 9:45 Grab a friend and go for a walk! 10:30 Design Your Own Bookmark (AL2) 1:00 Solitaire Station (AL2) 2:00 Design Your Own Movie Thearte Poster (AL2) 3:00 Tapple (AL2) 5:30 Find the Difference (AL2)
Calendar Key: AL1 – 1 st Floor Bistro AL2 – 2 nd Floor, Activities area	2N - 2 nd floor, North Wing AL3 – 3 rd Floor Lake Room FL – Front Lobby	AL – 1 st Floor Lobby CY – Courtyard L - Library		[Other]	[Other]	STORYPOINT [™] Senior Living

StoryPoint Columbia Heights		Week 3-4 October 2024				
Independent Living Enhanced Living Assisted Living		Life Enrichment Monthly Calendar				Activities are subject to change
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 9:00 Christ the King Church Outing (AL1) 9:45 Grab a friend and go for a walk! 10:30 Sunday Crossword Puzzles (AL2) 1:00 Connect 4 Game (AL2) 2:00 Spot the Difference (AL2) 3:00 Sequence (AL2) 5:30 Cribbage (AL2)	12 9:00 Sip, Snack, and Chat (AL2) 9:45 Exercise Class (AL2) 10:30 Book Club (AL2) 1:00 Nails with Patti (AL1) 3:45 Spin and Solve 4:15 Wordle, Connections 5:30 Famous Person Matching Game (AL2)	13 9:00 Coffee Social (AL2) 9:45 Exercise Class (AL2) 10:30 Smoothie Social 10:45 Price is Right 1:00 Scrabble Club (2N) 1:00 Skip Bo (AL1) 2:00 North Suburban Chorus (AL2) 3:00 Happy Hour Bingo 4:00 Wordle, Connections 5:30 Puzzle Club (AL2)	14 9:00 Walk & Talk (AL2) 9:45 Exercise Class (AL2) 10:30 Eaglebrook Church (AL3) 1:30 Birthday Club with Kent (AL2) 3:15 Farmers Market Outing	15 9:00 Coffee Social (AL2) 9:45 Exercise Class (AL2) 10:30 Book Club and Smoothies (AL2) 1:00 Bean Art (AL2) 3:00 Happy Hour Bingo (AL2) 4:00 Wordle, Connections 5:30 Poetry Reading (AL2)	16 9:30 Baking Club (2N) 10:30 Bowling (AL2) 10:30 Tech Talk (AL2) 1:00 Bible Study (2N) 3:00Walking Group (AL2) 4:00 Wordle, Connections 5:30 Category Challenge (AL2)	17 9:00 Coffee Social (AL2) 9:45 Grab a friend and go for a walk! 10:30 Fall Coloring (AL2) 1:00 Solitaire Station (AL2) 2:00 Design Your Own Itenary for a Dream Vaction (AL2) 3:00 Kings Corner (AL2) 5:30 Puzzle Club (AL2)
18 9:00 9:45 Grab a friend and go for a walk! 10:30 Sunday Crossword Puzzles (AL2) 1:00 First Job Memories with a friend (AL2) 2:00 Mancala Game (AL2) 3:00 Sequence (AL2) 5:30 Old Maid/Go Fish (AL2)	19 9:00 Sip, Snack, and Chat (AL2) 9:45 Exercise Class (AL2) 10:30 Book Club (AL2) 1:00 Puzzle Club (AL2) 2:00 Storytelling Circle with your Friends (AL2) 3:45 Spin and Solve 4:15 Wordle, Connections 5:30 Create a Personal Bucket List (AL2)	20 9:00 Coffee Social (AL2) 9:45 Exercise Class (AL2) 10:30 Nostalgic Trivia & Smoothie Social 1:00 Scrabble Club (2N) 1:00 Skip Bo (AL1) 3:00 Happy Hour Bingo 4:00 Wordle, Connections 5:30 Word Scramble (AL2)	21 9:00 Walk & Talk (AL2) 9:45 Exercise Class (AL2) 10:30 Eaglebrook Church (AL3) 1:00 Barnes and Noble Outing 2:45 Clue Board Game (AL2) 3:30 Piggy Bankers 4:00 Wordle, Connections 5:30	22 9:00 Coffee Social (AL2) 9:45 Exercise Class (AL2) 10:30 Book Club and Smoothies (AL2) 1:00 Decorate a Mason Jar (AL2) 3:00 Happy Hour Bingo (AL2) 4:00 Wordle, Connections 5:30 Fall Leaves of Memories Craft (AL2)	23 9:30 Golden Memories (2N) 10:30 Ring Toss (AL2) 10:30 Tech Talk (AL2) 1:00 Movie Matinee (AL3) 3:00 Walking Group (AL2) 4:00 Wordle, Connections 5:30 Community Cookbook Project (AL2)	24 9:00 Coffee Social (AL2) 9:45 Grab a friend and go for a walk! 10:30 Fall Coloring (AL2) 1:00 Solitaire Station (AL2) 2:00 Design Your Own Movie Thearte Poster (AL2) 3:00 Chess (AL2) 5:30 Walking Club (AL2)
25 9:00 9:45 Grab a friend and go for a walk! 10:30 Sunday Crossword Puzzles (AL2) 1:00 Resident Led Bible Study (2N) 2:00 Spot it Game! (AL2) 3:00 Sequence (AL2) 5:30 Old Maid/Go Fish (AL2)	26 9:00 Sip, Snack, and Chat 9:45 Exercise Class 10:30 Book Club (AL2) 1:00 Nails with Patti (AL1) 3:45 Spin and Solve 4:15 Wordle, Connections 5:30 Reminisce with a Friend/Group about Halloween Memories	27 9:00 Coffee Social (AL2) 9:45 Exercise Class (AL2) 10:30 Smoothie Social 10:45 Price is Right 1:00 Scrabble Club (2N) 1:00 Skip Bo (AL1) 3:00 Happy Hour Bingo 4:00 Wordle, Connections 5:30 Create Your Own Restaurant Menu (AL2)	28 9:00 Walk & Talk (AL2) 9:45 Exercise Class (AL2) 10:30 Eaglebrook Church (AL3) 11:45 Pizza Luce Lunch Outing 1:30 Mystery Case File 4:00 Wordle, Connections 5:30 Kindness Card Station	29 9:00 Coffee Social (AL2) 9:45 Exercise Class (AL2) 10:30 Book Club and Smoothies (AL2) 1:00 Halloween Party (AL2) 3:00 Happy Hour Bingo (AL2) 4:00 Bingo Auction 5:30 Walk and Talk (AL2)	30 9:30 Paper Chain Making (2N) 10:30 Bowling (AL2) 10:30 Tech Talk (AL2) (Time TBD) Trunk or Treat 3:00 Board Game with a friend (AL2) 4:00 Wordle, Connections 5:30 Word Scramble (AL2)	31 Happy Halloween! 9:00 Coffee Social (AL2) 9:45 Grab a friend and go for a walk! 10:30 Fall Coloring (AL2) 1:00 Solitaire Station (AL2) 2:00 Decorate Pumkin Cut Outs (AL2) 3:00 Uno (AL2) 5:30 Find the Hidden Objects (AL2)
Calendar Key: A – Atrium C – Café	CP – Corner Pocket CY – Courtyard FL – Front Lobby	GP – Gathering Place HL – Harbor Lobby HYC – Harbor Courtyard	L – Library	STORYPOINT [™] Senior Living		