

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 1:00 PM Brain Games (CR) 2:00 PM Seated Kickball (CR) 3:00 PM Bean Bag Baseball Practice (AR) 6:00 PM Jigsaw Puzzle Club (CR)	10:00 AM Cardio Drumming with Arinna (AR) 10:30 AM Foodie Friday: Hessen Haus (OS) 1:15 PM BINGO & Beverages (B&L) 2:00 PM ISPY Game (CR) 2:30 PM Oktoberfest themed Hour with Live Music by Tom & Bruce Band (B&L) 3:30 PM List it! A through Z Game (CR) 6:00 PM Courtyard & Conversations (CY)	10:00 AM Weekend Stretches with RA(CR) 11:00 AM Weekend Word Search (CR) 1:00 PM BINGO with Weekend Staff (B&L) 3:00 PM Sensory Bins & Books (CR) 6:00 PM Movie Night: Resident Choice (CR)
4	Healthcare Foodservice Workers Week 5	Wear a Sports Team Shirt 6	Chocolate Covered Pretzel Day 7	8	Wear Purple Day 9	2026 Walk to End Alzheimer’s 10
9:00 AM Lutheran Church of Hope- Streaming on YouTube (CR) 10:00 AM Weekend Stretches with RA (CR) 11:00 AM Adult Coloring Pages & Essential Oils (CR) 1:00 PM Hangman Game with RA (CR) 3:00 PM Balloon Swat (CR) 6:00 PM Finish the Phrase with RA (CR)	10:00 AM Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Music Therapy with Jackie (100 Hall) 1:00 PM Family Feud (B&L) 2:00 PM Movie Monday & Popcorn: Ghostbusters (B&L) 2:30 PM Connect Four & Tic Tac Toe (CR) 6:00 PM Dot to Dot Puzzle with RA (CR)	10:00 AM Conversation Ball Toss (CR) 10:30 AM Outing: Amazing Adaptations at Jester Park Nature Center (OS) 1:00 PM Ball Pong (CR) 2:30 PM Rosary & Fellowship (B) 3:30 PM Resident Town Hall & Activity Meeting (B&L) 6:00 PM Travel Tuesday: Travel with Rick Steves (CR)	10:00 AM Parkinson's Exercise with Live 2 B Healthy (AR) 10:30 AM Culinary Creations: Mummy Pretzels (AO) 1:00 PM Creative Corner: Cards of Appreciation for Our Dining Team (B&L) 2:00 PM Brio of Johnston at SP Siena Hills — Home Game (B) 3:00 PM Conversation Ball Toss (CR) 6:00 PM Trivia with RA (CR)	10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 1:00 PM Adult Coloring Pages & Music (CR) 2:00 PM Singalong with Susie Q (CR) 3:00 PM Bowling Practice (CR) 6:00 PM Jigsaw Puzzle Club (CR)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Every Step Counts: Walking Club with Arinna (Meet in FL) 1:15 PM Purple BINGO & Beverages (B&L) 2:30 PM Purple Pre-Walk Happy Hour: Sip, Smile & Support Alzheimer's with Live Music by Nathan Thiessen (B&L) 6:00 PM Courtyard & Conversations (CY)	10:00 AM Weekend Stretches with RA(CR) 11:00 AM Weekend Word Search (CR) 1:00 PM Creative Corner: Spooky Door Hangings (B&L) 2:00 PM Saylorville Church Service (FL) 6:00 PM Movie Night: Resident Choice (CR)
11	12	13	14	I love Lucy Day 15	Bosses Day 16	17
10:00 AM Weekend Stretches (RA) 11:00 AM Adult Coloring Pages (RA) 1:00 PM Fall A through Z Game (B&L) 2:00 PM Bean Bag Baseball Practice (B) 2:30 PM Creative Corner: Paper Pumpkin Decoration (B&L) 6:00 PM Outdoor Evening Walk (RA)	10:00 AM Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Word Search (CR) 1:00 PM Physical Therapy Month with FOX (B&L) 2:00 PM Movie Monday & Popcorn: Casper (B&L) 2:30 PM Hymn Singalong (CR) 6:00 PM Dot to Dot Puzzle with RA (CR)	10:00 AM Communion Service – Our Lady of the Immaculate Heart Catholic Church (5H) 10:30 AM Brain Games (CR) 1:00 PM BINGO & Beverages (B&L) 2:30 PM Rosary & Fellowship (5H) 3:30 PM Conversation Ball Toss (CR) 6:00 PM Travel Tuesday: Travel with Rick Steves (CR)	10:00 AM Parkinson's Exercise with Live 2 B Healthy (AR) 11:00 AM Sensory Bins & Puzzles (CR) 1:20 PM SP Siena Hills at Woodlands Creek — Away Game (OS) 1:30 PM Wooden Puzzle Challenge (CR) 3:00 PM Sorting with RA (CR) 6:00 PM Trivia with RA (CR)	10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 1:00 PM I Love Lucy: Classic Favorites & Popcorn (B&L) 2:00 PM Seated Kickball (CR) 6:00 PM Jigsaw Puzzle Club (CR)	10:30 AM Foodie Friday: Portofino's Italian Restaurant & Pizza with ED Tiffany (FL) 11:00 AM 1:30 PM BINGO & Beverages (B&L) 2:00 PM ISPY Game (CR) 3:00 PM Western themed Hour with Live Music by Tom Hofer (B&L) 6:00 PM Courtyard & Conversations (CY)	10:00 AM Weekend Stretches with RA(CR) 11:00 AM Weekend Word Search (CR) 1:00 PM BINGO with Weekend Staff (B&L) 3:00 PM Sensory Bins & Books (CR) 6:00 PM Movie Night: Resident Choice (CR)
18	19	20	Apple Day 21	22	23	24
9:00 AM Lutheran Church of Hope- Streaming on YouTube (CR) 10:00 AM Weekend Stretches with RA (CR) 11:00 AM Adult Coloring Pages & Essential Oils (CR) 1:00 PM Hangman Game with RA (CR) 3:00 PM Balloon Swat (CR) 6:00 PM Finish the Phrase with RA (CR)	10:00 AM Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Crossword (CR) 1:00 PM Family Feud (B&L) 2:00 PM Movie Monday & Popcorn: Halloween Town (B&L) 2:30 PM Connect Four & Tic Tac Toe (CR) 6:00 PM Dot to Dot Puzzle with RA (CR)	10:00 AM Cardio Drumming with Arinna (AR) 1:00 PM BINGO & Beverages (B&L) 2:00 PM Elder Abuse Prevention & Awareness with Ankeny Police (B&L) 2:30 PM Wooden Puzzle Challenge (CR) 3:00 PM Rosary & Fellowship (5H) 6:00 PM Travel Tuesday: Travel with Rick Steves (CR)	10:00 AM Parkinson's Exercise with Live 2 B Healthy (AR) 10:30 AM Apple Cider Cart (D2D) 1:00 PM Manicures & Hand Massages (BS) 2:00 PM Vintage Hills at SP Siena Hills — Home Game (B) 3:00 PM Apple Brain Games (CR) 6:00 PM Trivia with RA (CR)	10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 12:50 PM Outing: Iowa Orchard for Pumpkins & Apples(OS) 1:30 PM Adult Coloring Pages & Music (CR) 3:00 PM Singalong with Susie Q (CR) 6:00 PM Jigsaw Puzzle Club (CR)	10:00 AM Cardio Drumming with Arinna (AR) 11:00 AM ISPY Game (CR) 1:15 PM BINGO & Beverages (B&L) 2:30 PM Monthly Birthday Bash & Happy Hour with Live Music by Taylor King (B&L) 3:00 PM List it! A through Z Game (CR) 6:00 PM Courtyard & Conversations (CY)	10:00 AM Weekend Stretches with RA(CR) 11:00 AM Weekend Word Search (CR) 1:00 PM BINGO with Weekend Staff (B&L) 3:00 PM Sensory Bins & Books (CR) 6:00 PM Movie Night: Resident Choice (CR)
25	Pumpkin Day 26	27	28	29	30	31
9:00 AM Lutheran Church of Hope- Streaming on YouTube (CR) 10:00 AM Weekend Stretches with RA (CR) 11:00 AM Adult Coloring Pages & Essential Oils (CR) 1:00 PM Hangman Game with RA (CR) 3:00 PM Balloon Swat (CR) 6:00 PM Finish the Phrase with RA (CR)	10:00 AM Monster Hunting & Pumpkin Bowling (B) 11:00 AM Music Therapy with Jackie (100 Hall) 1:00 PM A Taste of Fall: Pumpkin Bread & Pumpkin Decorating (B&L) 1:30 PM Word Search (CR) 2:00 PM Movie Monday & Popcorn: Hocus Pocus (B&L) 2:30 PM Hymn Singalong (CR) 6:00 PM Dot to Dot Puzzle with RA (CR)	10:00 AM Ball Pong (CR) 11:00 AM Brain Games (CR) 1:00 PM BINGO & Beverages (AR) 2:00 PM Guess the Halloween Tune (B&L) 2:30 PM Rosary & Fellowship (5H) 3:15 PM Granny Pants Game with Arinna (B) 6:00 PM Travel Tuesday: Travel with Rick Steves (CR)	10:00 AM Parkinson's Exercise with Live 2 B Healthy (AR) 10:30 AM Outing: Fall Foliage (OS) 11:00 AM Conversation Ball Toss (CR) 2:00 PM Halloween Door Decorating Contest: Voting (B&L) 3:00 PM Siena Activity Bucks Auction (DR) 6:00 PM Trivia with RA (CR)	10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 1:00 PM Spooky BINGO & Beverages (B&L) 2:00 PM Seated Kickball (CR) 3:00 PM Brain Games (CR) 6:00 PM Jigsaw Puzzle Club (CR)	10:00 AM Monster Moves from Your Chair (CR) 10:30AM Foodie Friday: Mullets (OS) 1:00 PM Creative Corner: Instructor-Led Paint & Sip Class 2:30 PM Halloween Themed Happy Hour with Live Music by Vintage Cafe (B&L) 5:00 PM Halloween Party & Trick or Treaters (FL/B&L)	10:00 AM Weekend Stretches with RA(CR) 11:00 AM Weekend Word Search (CR) 1:00 PM BINGO with Weekend Staff (B&L) 3:00 PM Sensory Bins & Books (CR) 6:00 PM Movie Night: Resident Choice (CR)