

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 -12:00 Flu Clinic (AR) 10:30 Communion with Jerry (SR) 1:00 Exercise: Stretchy Bands (AR) 3:00 Interactive Kitchen! (B)	2 10:00 Resident Led Walking Club (L) 11:00 Exercise: Motion to Music with Better You Home Health! (AR) 1:30 Activity Planning Meeting! (AR) 3:00 Live Music with Steve Floyd! (B)	3 10:00 Resident Led Walking Club (L) 11:00 Exercise (AR) 1:45 Meditation Class! (AR) 3:00 Travel Log: Sleepy Hollow, NY (AR) 6:30 Puzzle Club (AR)
4 10:00 Catholic Mass (AR) 10:00 Resident Led Walking Club (L) 11:00 Exercise (AR) 1:45 Meditation Class! (AR) 3:00 Sundaes on Sunday Social (B)	5 10:00 Resident Led Walking Club (L) 11:00 Exercise: Arm Day (AR) 1:30 Manicure Monday! (B) 3:00 Homemade Bread by Jo and BINGO in the Bistro! (B)	6 *10:00 Outing: Meijer Shopping! (L) 10:00 Exercise with TCT! (AR) 2:00 Better You: Fall Detroit Sports Presentation! (B) 3:00 Horticulture Club: Fall Flower Vases Refresh! (B) 6:00 Board Games with Aliyah! (B)	7 10:00 Resident Led Walking Club (L) 11:00 Exercise: Leg Day (AR) 11:30 Daily Chronicles and Conversation (AR) 1:30 Pumpkin Patch Party! (C/B) 3:00 Social Hour! (B)	8 10:00 Exercise: Stretchy Bands (AR) 10:30 Resident Led Daily Chronicles and Conversation (AR) 1:30 Fall Craft (AR) 3:00 Women's Group (AR) 6:00 Night BINGO (B)	9 10:00 Resident Led Walking Club (L) 11:00 Exercise: Full Body and Deep Stretching (AR) 1:30 BINGO (AR) 3:00 Happy Hour and Chef Led Culinary Showcase! (B)	10 10:00 Resident Led Walking Club (L) 11:00 Exercise (AR) 1:45 Meditation Class! (AR) 3:00 Travel Log: Transylvania (AR) 6:30 Puzzle Club (AR)
11 10:00 Catholic Mass (AR) 10:00 Resident Led Walking Club (L) 11:00 Exercise (AR) 1:45 Meditation Class! (AR) 3:00 Ice Cream Sundaes! (B)	12 10:00 Resident Led Walking Club (L) 11:00 Exercise (AR) 1:30 Praise, Prayer, and Promises with Erin! (AR) 3:00 Homemade Bread by Jo and BINGO in the Bistro! (B) 6:00 Arts and Crafts with Aliyah! (B)	13 10:00 Exercise with TCT! (AR) *11:00 Outing: Lunch and Shopping at Cracker Barrel! 1:30 Men's Group (AR) 3:00 Catchphrase Game! (AR) 6:00 Board Games with Aliyah (B)	14 10:00 Resident Led Walking Club (L) 11:00 Exercise: Weights Wednesday (AR) 11:30 Daily Chronicles and Conversation (AR) 1:30 BINGO (AR) 3:00 New Resident Welcome Social Hour! (B)	15 10:00 Exercise: Stretchy Bands (AR) 1:30 Book Club! (AR) 3:00 Fall Craft! (AR) 6:00 Night BINGO (B)	16 10:00 Resident Led Walking Club (L) 11:00 Exercise: Motion to Music with Better You Home Health! (AR) 1:30 Board Games! (AR) 3:00 Oktoberfest with Live Music by Lukas Starchurski! (B)	17 10:00 Resident Led Walking Club (L) 11:00 Exercise (AR) 1:45 Meditation Class! (AR) 3:00 Travel Log: New Orleans (AR) 6:30 Puzzle Club (AR)
18 10:00 Catholic Mass (AR) 10:00 Resident Led Walking Club (L) 11:00 Exercise (AR) 1:45 Meditation Class! (AR) 3:00 Sundaes on Sunday Social (B)	19 10:00 Resident Led Walking Club (L) 11:00 Exercise (AR) 1:30 Rummikub Game! (AR) 3:00 Homemade Bread by Jo and BINGO in the Bistro! (B)	20 *10:00 Outing: Dollar Tree Shopping! 10:00 Exercise with TCT! (AR) 2:00 September Resident Forum! (AR) 3:00 Headbandz Game in the Bistro! (B) 6:00 Board Games with Aliyah! (B)	21 10:00 Resident Led Walking Club (L) 11:00 Exercise: Weights Wednesday (AR) 11:30 Daily Chronicles and Conversation (AR) 1:30 BINGO (AR) 3:00 Uno Card Game! (B) 5:00-6:00 Meet the Directors Night! (B)	22 10:00 Exercise: Stretchy Bands (AR) 10:30 Residents Led Daily Chronicles and Conversation (AR) 1:30 Matinee Movie! (AR) 3:00 Bingo Store! (AR) 6:00 Night BINGO (B)	23 10:00 Resident Led Walking Club 11:00 Exercise: Full Body and Deep Stretching (AR) 1:30 Board Games! (AR) 3:00 October Birthday Bash and Live Music with Marissa! (B)	24 10:00 Resident Led Walking Club (L) 11:00 Exercise (AR) 1:45 Meditation Class! (AR) 3:00 Travel Log: Salem, MA (AR) 6:30 Puzzle Club (AR)
Happy Halloween! 25 10:00 Catholic Mass (AR) 10:00 Resident Led Walking Club (L) 11:00 Exercise (AR) 1:45 Meditation Class! (AR) 3:00 Sundaes on Sunday Social (B)	Monster Mash Monday 26 10:00 Resident Led Walking Club (L) 11:00 Exercise (AR) 1:30 Praise, Prayer, and Promises with Erin! (AR) 3:00 Monster Treat Making! (AR) 6:00 Arts and Crafts with Aliyah (B)	Tilson Street Tuesday 27 10:00 Exercise with TCT! (AR) *1:00 Scenic Drive Outing: Tilson Street Halloween Display! 3:00 Toilet Paper Mummy Game (AR) 6:00 Pajama Party: Halloween Movie and Snacks (SR)	Witches Wednesday 28 10:00 Resident Led Walking Club (L) 11:00 Exercise: Weights Wednesday (AR) 11:30 Daily Chronicles and Conversation (AR) 1:00 Witch Hat Decorating! (AR) 3:00 Witches Brew Tea Party and Happy Hour! (B)	Trick Or Treat Thursday 29 10:00 Exercise: Stretchy Bands (AR) 10:30 Residents Led Daily Chronicles and Conversation (AR) 1:30 Candy Sorting! (AR) 3:00 Costume Contest Party! (AR) 6:00-7:30 Trick or Treating!	Freaky Friday 30 10:00 Resident Led Walking Club 11:00 Exercise: Full Body and Deep Stretching (AR) 1:30 CANDY BINGO (AR) 3:00 Haunted Happy Hour! (B)	Halloween 31 10:00 Resident Led Walking Club (L) 11:00 Exercise (AR) 1:45 Meditation Class! (AR) 3:00 Live Music with Rob Johnson (B) 6:30 Puzzle Club (AR)