

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am - Easy Stretch 10:00am- White Oak Library Outing 10:30am- Rock Painting 1:30pm- Scenic Drive 2:30pm- Seated Soccer 6:30pm Wind Down Activities	2 9:30am- Walking Club 10:30am-Hot Potato 11:00am-Singalong with Janet & Beth 1:30pm-Balloon Volleyball 2:30pm-Happy Hour 6:30pm-Wind Down Activities	Nat'l Butterfly Day 3 9:30am- Seated Soccer 10:30am-Butterfly Stamp Art 12:00-pm- Veteran's Lunch 1:15pm- Velcro Darts 2:00pm- Finish the Phrase 6:30pm-Wind Down Activities
4 9:30am- Sit & Get Fit 10:45am- BINGO 1:30pm-Ring Toss 3:30pm-Hot Potato 6:30pm Wind Down Activities	5 9:30am- Walking Club 10:30am- Silverware Sorting 11:15am-Puzzles 2:00pm- Table Game 3:00pm-Velcro Darts 6:30pm-Wind Down Activities	6 9:30am- Flashcard Fitness 10:30am- Pastor Beagle 11:15am- Golf 2:30pm- Giant Soccer 3:30pm- Popsicles 6:30pm- Wind Down Activities	7 9:45am - Singalong with Camryn 10:30am - Snack Time 1:15pm -Sock Matching 2:00pm - Exercise with Kaleigh 3:00pm - Grabbing for Apples 6:30pm Wind Down Activities	8 9:30am - Senior Strech 10:00am- Lewis Univerity Art Gallery Outing 1:30pm- Scenic Drive 2:00pm - Joe the Accordion Guy 6:30pm Wind Down Activities	9 9:30am - Walking Club 10:15am-Manicures 11:00am - Singalong with Janet & Beth 1:45pm - Table Bowling 2:30pm- Happy Hour FL 1 6:30pm Wind Down Activities	10 9:30am- Nature Walk 10:45am-Balloon Volleyball 2:30pm-Watercolors 3:30pm-Ring Toss 6:30pm-Wind Down Activities
11 9:30am- Walking Club 10:45am-Courtyard Karaoke 2:00pm-Seated Soccer 3:30pm-Name 5 6:30pm Wind Down Activities	12 9:30am- Sit and Be Fit 10:30am-Velcro Darts 2:00-Communion Service 3:00pm-Card Games 6:30pm-Wind Down Activities	National M & M Day 13 9:30am- Move to the Music 10:30am- Pastor Beagle 11:15am- Manicures 1:30pm- M&M Yogurt Parfait 3:30pm-Coaster Painting 6:30pm- Wind Down Activities	14 9:30am - Meditation 10:30am - Snack Time 1:30pm - Garden Club 2:00pm - Exercise with Kaleigh 3:30pm - Stamp It 6:30pm Wind Down Activities	15 9:30am - Drum Circle 10:00am- Outing 10:30am - Balloon Volleyball 1:30pm- Scenic Drive 2:45pm- BINGO 6:30pm Wind Down Activities	16 9:30am - Walking Club 10:15am-Seated Soccer 11:00am - Singalong with Janet & Beth 1:30pm - Music Therapy w/Stacy 2:30pm- Happy Hour 6:30pm Wind Down Activities	17 Trunk-or-Treat 9:30am- Flashcard Fitness 10:30am-Sock Matching 11:15am-Velcro Darts 1:00pm- Frank Rossi Performs 1:00pm-Trunk-or-Treat 6:30pm-Wind Down Activities
18 9:30am- Chair Yoga 10:45am- Balloon Volleyball 1:15pm- Card Games 2:30pm- Ring Toss 3:30pm-Garden Club 6:30pm Wind Down Activities	19 9:30am- Basic Tai Chi 10:30am- Watercolors 2:00pm-Seated Soccer 3:00pm-Flower Arranging 6:30pm-Wind Down Activities	20 9:30am- Walking Club 10:30am- Pastor Beagle 11:15am- Garden Club 1:30pm-Lauren the Harpist 3:00pm-Finish the Phrase 6:30pm- Wind Down Activities	National Apple Day 21 9:30am - Meditation 10:30am - Snack Time 11:00am - Sock Matching 2:00pm - Exercise with Kaleigh 3:30pm -Apple Craft 6:30pm Wind Down Activities	22 9:30am - Easy Stretch 10:00am- Outing 1:30pm - Scenic Drive 2:30pm - Scavanger Hunt 3:45pm - Puzzles 6:30pm Wind Down Activities	23 9:30am - Flashcard Fitness 10:15am - Finish the Phrase 11:00am - Singalong with Janet & Beth 1:30pm- Golf 2:30pm- Happy Hour FL 1 6:30pm Wind Down Activities	24 BRUNCH 9:30am- Walking Club 11:30am-Brunch 1:15pm-Dice to 100 2:30pm-Finish The Phrase 3:30pm-Ring Toss 6:30pm-Wind Down Activities
25 9:30am- Seated Soccer 10:45am- Towel Folding 1:15pm- Golf 2:30pm-Garden Club 3:30pm-Jenga 6:30pm Wind Down Activities	26 9:30am- Morning Stretch 10:30am- Golf 11:00am - Creative Coloring 2:00pm- Catholic Mass 3:00pm - Name 5 6:30pm-Wind Down Activities	27 9:30am- Walking Club 10:30am- Pastor Beagle 11:15am- Garden Club 1:15pm- Sock Sorting 2:00pm- Johnny B Performs 6:30pm- Wind Down Activities	28 9:30am - Meditation 10:30am - Snack Time 11:00am - Watercolors 2:00pm - Exercise with Kaleigh 3:30pm - Cornhole 6:30pm Wind Down Activities	29 9:30am - Easy Stretch 10:00am- Starbucks Outing 1:30pm - Scenic Drive 2:30pm - Hockey 3:45pm - Finish the Phrase 6:30pm Wind Down Activities	Candy Corn Day 30 9:30am- Walking Club 10:30am-Hot Potato 11:00am-Singalong with Janet & Beth 1:30pm-Balloon Volleyball 2:30pm-Happy Hour 6:30pm-Wind Down Activities	31 Halloween 9:30am- Nature Walk 10:45am-Balloon Volleyball 2:30pm-Puzzles 3:30pm-Ring Toss 6:30pm-Wind Down Activities