Independence Village of Ames

Assisted Living

November

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Carol Gayer's Birthday! 1 10:15 Catholic Communion (CH/TV) 1100 Sit and be Fit (CH/TV) 1:00 Cards with Allie (MC) 2:00 Church with Denny (CH/TV)) 4:00 Whatcha Readin? (LIB)	2 10:30 Exercise with Fox (CH/TV) 11:30 Candy Corn Bowling (1F-F) 3:00 Music with Carol (MC) 6:15 Monday Movie Night (CH/TV)	3 10:30 Balloon Hockey (CH/TV) 11:00 Trivia (CYH) 2:00 The Great Pie Taste Off (1F-F) 3:00 Residents Meeting (LIB) 4:00 Tik Tok Tuesday (1F-F)	4 10:30 Cardio Drumming (CH/TV) 11:30 Don't Touch the Color (1F-F) 1:00 Bible Study (CH/TV) 3:00 Wednesday Evening Card Club (AR) 6:15 Bev's Movie (MC)	5 9:30 Outing: Walmart (CO) 10:30 Sit and be Fit (CH/TV) 11:30 Pictionary (1F-F) 1:30 BINGO! (DR) 2:00 Culinary Forum (DR)	**Phyllis Boon's Birthday!** 6 10:30 Balloon Volleyball (CH/TV) 1:00 Minute to Win it (1F-F) 3:00 Paint and Sip Happy Hour (1F-F) 6:15 Friday Night Movie (CH/TV)	7 10:30 Giant Dice Workout (CH/TV) 1:00 Music and Manicures (MC) 3:00 Resident Led Card Club (AR)
8 10:15 Catholic Communion (CH/TV) 1100 Sit and be Fit (CH/TV) 1:00 Cards with Allie (MC) 2:00 Church with Denny (CH/TV)) 4:00 Whatcha Readin? (LIB)	9 10:30 Exercise with Fox (CH/TV) 11:30 Build your Own Trail Mix (1F-F) 3:00 Music with Carol (MC) 6:15 Monday Movie Night (CH/TV)	10 10:30 Balloon Hockey (CH/TV) 11:00 Trivia (CYH) 1:00 Christmas Tree Decorating (1F-F) 2:15 Residents Forum (CH/TV) 4:00 Tik Tok Tuesday (1F-F) 6:00 Demtia Support Group (AR)	**Veterns Day** 11 10:30 Cardio Drumming (CH/TV) 1:00 A Salute to Our Community Heros (1F-F) 3:00 Wednesday Evening Card Club (AR) 6:15 Bev's Movie (MC)	12 9:30 Outing: Hobby Lobby (CO) 10:30 Sit and be Fit (CH/TV) 11:30 Family Fued (1F-F) 1:30 BINGO! (AR) 2:00 Culinary Showcase (DR)	13 10:30 Balloon Volleyball (CH/TV) 11:30 Baskets of Hope (AR) 1:00 Minute to Win it (1F-F) 3:00 The Seceret Speakeasy Happy Hour (1F-F) 6:15 Friday Night Movie (CH/TV)	14 10:30 Giant Dice Workout (CH/TV) 1:00 Music and Maniures (1F-F) 3:00 Resident Led Card Club (AR)
15 10:15 Catholic Communion (CH/TV) 1100 Sit and be Fit (CH/TV) 2:00 First Methodist Church (CH/TV) 4:00 Whatcha Readin? (LIB)	**Calvin Harks Birthday!** 16 10:30 Exercise with Fox (CH/TV) 11:00 Community Time Capsule (1F-F) 3:00 Fun with Fox (DR) 6:15 Monday Movie Night (CH/TV)	17 10:30 Balloon Hockey (CH/TV) 11:00 Trivia (CYH) 2:00 Turkey Shoot Out (1F-F) 4:00 Tik Tok Tuesday (1F-F)	18 10:30 Cardio Drumming (CH/TV) 11:30 Turkey Bowling (1F-F) 1:00 Bible Study (CH/TV) 1-3 Foot Clinic (Cy-H) 3:00 Wednesday Evening Card Club (AR) 6:15 Bev's Movie (MC)	19 9:30 Outing: Walmart CO) 11:30 Glow in the Dark Murals (CH/TV) 10:30 Sit and be Fit (CH/TV) 1:30 BINGO! 2:00 Culinary Demo (DR)	20 10:30 Balloon Volleyball (CH/TV) 11:30 1:00 Minute to Win it (1F-F) 3:00 Lucky Ladies and Gents Happy Hour (1F-F) 6:15 Friday Night Movie (CH/TV)	21 10:30 Giant Dice Workout (CH/TV) 1:00 Music and Manicures (MC) 3:00 Resident Led Card Club (AR)
22 10:15 Catholic Communion (CH/TV) 11:00 Sit and be Fit (CH/TV) 1:00 Cards with Allie (MC) 2:00 Cornerstone Church (CH/TV) 4:00 Whatcha Readin? (LIB)	23 10:30 Exercise with Fox (CH/TV) 11:30 Adopt a Plant (AR) 3:00 Live Entertainment with Tom Hoffer (1F-F) 6:15 Monday Movie Night (CH/TV)	24 10:30 Balloon Hockey (CH/TV) 11:00 Trivia (CYH) 2:00 Friendsgiving Feast (1F-F) 3:00 Music with Carol (MC) 4:00 Tik Tok Tuesday (1F-F)	25 10:30 Cardio Drumming (CH/TV) 11:00 Macy's Thanksgiving Day Parade 1:30 Bible Study (CH/TV) 3:00 Wednesday Evening Card Club (AR) 6:15 Bev's Movie (MC)	**Thankgiving!** 26 **Sally Boyington's Birthday!** 10:30 Sit and be Fit (CH/TV) 11:00 Thanksgiving Day Activies (1F-F)	27 10:30 Balloon Volleyball (CH/TV) 1:00 Warm Hugs on Wheel Mobile Cart (TYD) 3:00 Happy Hour(1F-F) 6:15 Friday Night Movie (CH/TV)	28 10:30 Giant Dice Workout (CH/TV) 1:00 Music and Manicures (1F-F) 3:00 Resident Led Card Club (AR)
29 10:15 Catholic Communion (CH/TV) 11:00 Sit and be Fit (CH/TV) 1:00 Cards with Allie (MC) 2:00 First Baptist Church (CH/TV) 4:00 Whatcha Readin? (LIB)	30 10:30 Exercise with Fox (CH/TV) 3:00 Music with Carol (MC) 6:15 Monday Movie Night (CH/TV)					

Calender Key:

AR – Activities Room
CYH – CyHawk Room
CH/TV – Chapel/TV Room
CY – Courtyard
1F-F – 1st Floor Fireplace
2F-F – 2nd Floor Fireplace
DR – Dining Room
PDR– Private Dining Room
PO - Patio
LIB – Library
CO – Community Outing
2F - 2nd Floor Area
TYD - To Your Door
* - Sign Up for Activity!!

Independence Village SENIOR LIVING