StoryPoint Red Cedar

Assisted Living

November

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00am TV Catholic Mass (AR) 10:30am People's Church Livestream (C) 11:00am Walking for Wellness (L) 1:30pm Manicures (AR) 2:30pm Euchre (AR) 3:00pm Open Game Hour (AR)	**2** 9:15am Chair Exercises (AR) 9:30am Crosswords & Coffee (B) 11:00am BINGO (AR) 1:00pm Mahjong (AR) 1:15pm Walking for Wellness (L) 2:30pm Crafty Corner-Puzzle Piece Pumpkin (AR) 6:00pm Evening Movie (LR)	**3** 9:45am Cardio Drumming (AR) 11:00am Manicures (AR) 2:00pm Balance Class (AR) 2:30pm Mexican Train (AR) 3:00pm Music with Dan the Piano Man (C) 4:00pm UNO Card Game (AR) 6:30pm Euchre (AR)	**4** 9:30 am Crosswords & Coffee (B) 10:30am Tomato Bros. Lunch Outing** (L) 2:00pm Five Crowns Game (AR) 3:00pm Music with Shanneen Forster (LR) 3:00pm Downsizing Seminar (AR) 6:15pm Bible Study (C)	**5** 9:45am Cardio Drumming (AR) 10:00am Cribbage (AR) 10:30am Communion (C) 1:00pm Hearing Aid Cleanings (AR) 2:00 Balance Class (AR) 2:00pm Digital Companions (C) 3:30pm Flex & Flow Stretches (AR) 6:30pm Music with Bochi Zhang (LR)	**Share & Swap** **6** 9:15am Chair Exercises (AR) 9:30am Crosswords & Coffee (B) 11:30am Chair Yoga w/Melissa (C) 1:30pm Euchre (AR) 1:30pm Walking for Wellness (L) 3:00pm BINGO (AR) 6:00pm Evening Movie (LR)	**Share & Swap** **7** 9:30am Move & Groove (AR) 10:00am Cribbage (AR) 11:00am BINGO (AR) 1:30pm Afternoon Movie: The Week Of (LR) 3:00pm Open Art & Craft Studio (AR)
Share & Swap **8** 10:00am TV Catholic Mass (AR) 10:30am People's Church Livestream (C) 11:00am Walking for Wellness (L) 1:30pm Manicures (AR) 2:30pm Euchre (AR) 3:00pm Open Game Hour (AR)	**Share & Swap** **9** 9:15am Chair Exercises (AR) 9:30am Crosswords & Coffee (B) 11:00am BINGO (AR) 1:00pm Mahjong (AR) 1:30pm Walking for Wellness (L) 2:30pm Crafty Corner-Thanksgiving Bracelets (AR) 6:00pm Evening Movie (LR)	**10** 9:45am Cardio Drumming (AR) 11:00am Manicures (AR) 2:00pm Balance Class (AR) 2:30pm Mexican Train (C) 2:30pm Are You Smarter Than the Activity Crew Game (AR) 3:00pm Medicare Seminar (AR) 6:30pm Euchre (AR)	**Veterans Day** **11** 9:30 am Soaring Eagle Casino Outing** (L) 9:30am Crosswords & Coffee (B) 11:00am Sequence Game (AR) 1:30pm Life Enrichment Forum (AR) 2:00pm Veterans Day Salute (LR) 6:15pm Bible Study (C)	**12** 9:45am Cardio Drumming (AR) 10:00am Cribbage (AR) 10:30am Communion (C) 11:00am Holiday Dip Bake-Off (DR) 2:00pm Balance Class (AR) 2:00pm Music with Clique (LR) 2:00pm Digital Companions (C) 3:30pm Flex & Flow Stretches (AR)	**13** 9:15am Chair Exercises (AR) 9:30am Crosswords & Coffee (B) 11:30am Chair Yoga w/Melissa (C) 1:30pm Euchre (AR) 1:30pm Walking for Wellness (L) 3:00pm BINGO (AR) 6:00pm Evening Movie (LR)	**14** 9:30am Move & Groove (AR) 10:00am Cribbage (AR) 11:00am BINGO (AR) 1:30pm Afternoon Movie: Thunder Force (LR) 3:00pm Open Art & Craft Studio (AR)
15 10:00am TV Catholic Mass (AR) 10:30am People's Church Livestream (C) 11:00am Walking for Wellness (L) 1:30pm Manicures (AR) 2:30pm Euchre (AR) 3:00pm Open Game Hour (AR)	**16** 9:15am Chair Exercises (AR) 9:30am Crosswords & Coffee (B) 11:00am BINGO (AR) 1:00pm Mahjong (AR) 1:00pm Bible Study w/Elara (C) 2:00pm "Legacy in Motion" Documentary Showing (LR) 3:15pm Walking for Wellness (L)	**17** 9:45am Cardio Drumming (AR) 11:00am Manicures (AR) 2:00pm Balance Class (AR) 2:30pm Mexican Train (C) 2:30pm Culinary Showcase (DR) 3:00pm Are You Smarter Than the Executive Director Game (AR) 6:30pm Euchre (AR)	**18** 9:30am Crosswords & Coffee (B) 10:30 am Meijer Shopping Trip** (L) 11:00am Crafty Corner-Wooden Turkeys (AR) 1:30pm Resident Forum (AR) 2:00pm Music with Poppa Hoot (LR) 6:15pm Bible Study	**19** 9:45am Cardio Drumming (AR) 10:00 Cribbage (AR) 10:30am Communion (C) 11:00am Art with Ethel (AR) 1:30pm Flex & Flow Stretches (AR) 2:00pm Book Club (CR) 2:00pm Balance Class (AR) 4:00pm Grateful Gathering (DR)	**Share & Swap** **20** 9:15am Chair Exercises (AR) 9:30am Crosswords & Coffee (B) 11:30am Chair Yoga w/Melissa (C) 1:30pm Euchre (AR) 1:30pm Walking for Wellness (L) 3:00pm BINGO (AR) 6:30pm Music with Jay Gordon Corey	**Share & Swap** **21** 9:30am Move & Groove (AR) 10:00am Cribbage (AR) 11:00am BINGO (AR) 2:00pm Music with Jillian Stauffer (LR) 3:00pm Afternoon Movie: The Ides of March (LR)
Share & Swap **22** 10:00am TV Catholic Mass (AR) 10:30am People's Church Livestream (C) 11:00am Walking for Wellness (L) 1:30pm Manicures (AR) 2:30pm Euchre (AR) 3:00pm Open Game Hour (AR)	**Share & Swap** **23** 9:15am Chair Exercises (AR) 9:30am Crosswords & Coffee (B) 11:00am BINGO (AR) 1:00pm Mahjong (AR) 1:30pm Walking for Wellness (L) 2:30pm Create Your Own Fall Snack Mix (AR) 6:00pm Evening Movie (LR)	**24** Turkey Hunt! -Building Wide 9:45am Cardio Drumming (AR) 11:00am Manicures (AR) 2:00pm Balance Class (AR) 2:30pm Mexican Train (C) 3:30pm November Birthday Party (B) 6:30pm Euchre (AR)	**25** Turkey Hunt! -Building Wide 9:30 Crosswords & Coffee (B) 11:00am Are You Smarter Than the Activity Crew Game (AR) 2:00pm Music with Ed Young (LR) 3:00pm Resident Council (C) 4:00pm New Resident Welcome Party (B) 6:15pm Bible Study (C)	**Thanksgiving** **26** 8:30am Macy's Thanksgiving Day Parade (LR) 9:45am Cardio Drumming (AR) 10:00 Cribbage (AR) 1:00pm Puzzles & Word Search (AR) 2:30pm Afternoon Movie (LR)	**27** 9:15am Chair Exercises (AR) 9:30am Crosswords & Coffee (B) 11:30am Chair Yoga w/Melissa (C) 1:30pm Euchre (AR) 1:30pm Walking for Wellness (L) 3:00pm BINGO (AR) 6:00pm Evening Movie (LR)	**28** 9:30am Move & Groove (AR) 10:00am Cribbage (AR) 11:00am BINGO (AR) 1:30pm Movie Afternoon: The Da Vinci Code (LR) 3:00pm Open Art & Craft Studio (AR)
29 10:00am TV Catholic Mass (AR) 10:30am People's Church Livestream (C) 11:00am Walking for Wellness (L) 1:30pm Manicures (AR) 2:30pm Euchre (AR) 3:00pm Open Game Hour (AR)	**30** 9:15am Chair Exercises (AR) 9:30am Crosswords & Coffee (B) 11:00am BINGO (AR) 1:00pm Mahjong (AR) 1:30pm Crafty Corner- Washer Necklaces (AR) 2:30pm Winter Building Decorating (L/AR/LR)					

Calender Key:
AR – Activity Room
C – Chapel
B – Bar
LR – Lodge Room
L – Lobby
DR – Dining Room
CR – Conference Room

** Must be signed up for Outing with Activities

HAPPY HOUR DAILY
4:00PM TO 5:30PM AT THE BAR

StoryPoint Senior Living