

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:15 Exercise by Powerback (CR) 10:00 Shopping @ Wal-Mart 1:30 Nails by Donna (GR) 3:00 Stuart Walker (CR) 7:00 TNF: Steelers vs Browns (T)	2 9:15 Sit and Fit (CR) 9:15 Catholic Mass (T) 10:30 Tom Hofer Music (CR) 1:30 Bingo (T) 3:00 Crafting Hour: Mandalas (CR) 6:00 Film Friday: Hubie Halloween (T)	3 9:00 Rosary (CR) 9:30 Walking Club (TC) 10:30 Devotions w/Barb C (CR) 1:30 Mexican Train Dominoes (TC)
4 9:15 Catholic Communion (T) 11:00 Lutheran Church of Hope Online (T) 1:00 Non-Denominational Service (CR) 2:30 Sudnday Football Games (T)	5 9:30 Move Your Body Monday (CR) 10:30 Mexican Train Dominoes (TC) 1:00 Movie at B&B Theater (CR) 3:00 Halloween Coloring Pages (CR) 7:00 MNF: Falcons vs Saints (T)	6 Appointment Day 9-11 Flu Shot Clinic (PD) 9:15 Live 2 Be Healthy (CR) 10:30 Fraud Talk (T) 1:30 YouTube Travel: Ireland (CR) 3:00 Cranium Crunches (GR) 6:00 Movie Night: Hocus Pocus (T)	7 9:00 Move Your Body (CR) 10:30 Prayers w/Barb C (CR) 1:30 Music & Massage (MC) 3:00 October Birthday Happy Hour (CR)	8 9:15 Exercise by Powerback (CR) 10:00 Shopping @ Target 1:30 Nails by Donna (GR) 3:00 All Things Pumpkin Cart (YD) 7:00 TNF: Eagles vs Jaguars (T)	9 9:15 Sit and Fit (CR) 10:30 Crafting Hour: Pony Bead Tapestries (CR) 11:30 Lunch Bunch @ Texas Roadhouse 1:30 Bingo (T) 3:00 Sweet Touch (CR) 6:00 Film Friday: Hocus Pocus 2	10 9:30 Walking Club (TC) 10:30 Devotions w/Barb C (CR) 1:30 Rummikub (TC)
11 9:15 Catholic Communion (T) 11:00 Lutheran Church of Hope Online 1:00 Non-Denominational Sunday Football Games (T)	12 9:30 Move Your Body Monday (CR) 10:30 Rummikub (TC) 1:30 Saylorville Lake Outing 3:00 Leaf Tracing (TC) 7:00 MNF: Bills vs Rams (T)	13 Appointment Day 9:15 Live 2 Be Healthy (CR) 10:30 Making Care Packages for Blank Children's (CR) 1:30 Resident Council (T) 3:00 Baking Club: Camp Tail Snack (CR) 6:00 Movie Night: Ghostbusters (T)	14 9:30 Move Your Body (CR) 10:30 Prayers w/Barb C (CR) 1:30 Halloween Trivia (GR) 3:00 Dirty Soda Happy Hour (CR)	15 9:15 Exercise by Powerback (CR) 10:00 Shopping @ Hy-Vee 1:30 Nails by Donna (GR) 3:00 Activity Planning Meeting (PD) 7:00 TNF: Seahawks vs Broncos (T)	16 9:15 Sit and Fit (CR) 10:30 Crafting Hour: Pumpkin Decorating (CR) 1:30 Bingo (T) 3:00 Snacktivities (CR) 6:00 Film Friday: Casper (T)	17 9:30 Walking Club (TC) 10:30 Devotions w/Barb C (CR) 1:30 Mexican Train Dominoes (TC)
18 9:15 Catholic Communion (T) 11:00 Lutheran Church of Hope Online 1:00 Non-Denominational Service (CR) Sunday Football Games (T)	19 9:30 Move Your Body Monday (CR) 10:30 UNO (TC) 1:00 Center Grove Orchard 3:00 Campfire Stories (P) 7:00 MNF: Commanders vs 49ers (T)	20 Appointment Day 9:15 Live 2 Be Healthy (CR) 10:30 Men's Coffee (TC) 1:30 Forensic Files w/Allie (T) 3:00 Murder Mystery (CR) 6:00 Movie Night: The Addams Family (T)	21 9:30 Move Your Body (CR) 10:30 Prayers w/Barb C (CR) 1:30 Resident Forum (T) 3:00 Neil Hewitt Music/Happy Hour (CR)	22 9:15 Exercise by Powerback (CR) 10:00 Shopping @ Dollar Tree 1:30 Nails by Donna (GR) 3:00What's in the Pumpkin Cast (YD) 7:00 TNF: Patriots vs Bears (T)	23 9:15 Sit and Fit (CR) 10:30 Crafting Hour: Halloween Clay (CR) 1:30 Bingo (T) 3:00 Bean Bag Baseball (CR) 6:00 Film Friday: The Haunted Mansion (T)	24 9:30 Walking Club (TC) 10:30 Devotions w/Barb C (CR) 1:30 Rummikub (TC)
25 9:15 Catholic Communion (T) 11:00 Lutheran Church of Hope Online 1:00 Non-Denominational Service (CR) Sunday Football Games (T)	26 9:30 Move Your Body Monday (CR) 10:30 Left Right Center (TC) 1:00 Des Moines Botanical Gardens 3:00 Halloween Scavenger Hunt (TC) 7:00 MNF: Cowboys vs Eagles (T)	27 Appointment Day 9:15 Live 2 Be Healthy (CR) 10:30 Craft & Chat Club (PD) 1:30 Halloween Bingo (T) 3:00 Halloween Sock-Hop (CR) 6:00 Movie Night: The Nightmare Before Christmas	28 9:30 Move Your Body (CR) 10:30 Prayers w/Barb C. (CR) 1:30 Witch Hat Ring Toss (CR) 3:00 Taste of Travel: Mexico (T)	29 9:15 Exercise by Powerback (CR) 10:00 Shopping @ TJ Maxx 1:30 Nails by Donna (GR) 3:00 Reverse Trick-or-Treat (YD) 7:00 TNF: Panthers vs Packers (T)	30 9:15 Sit and Fit (CR) 10:30 Halloween Parade (TC) 1:30 Cole Clark Jazz (CR) 3:00 Bingo (T) 5:00 Trick-or-Treat (TC)	31 Happy Halloween! 9:30 Walking Club (TC) 10:30 Prayers w/Barb C. (CR) 1:30 Mexican Train Dominoes (TC)