

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 11:00 Yoga with Vickie 1:00 Fall Flower Buddies 3:00 Scouting Out October Trivia 5:30 Grab and Go Word Scramble	2 11:00 Cardio Drumming 1:00 Apple Cider and Doughnuts 3:00 Breezes and Buddies (CY) 5:30 Movie Night: You’ve Got Mail (Amazon)	3 10:30 Coffee Chats & Daily Chronicle 12:30 Coloring Corner 2:15 Buzz Word Game 5:30 Aromatherapy & Relaxing
4 10:15 Sunday Devotional & Streamed Church Service 1:15 Spa Day Sunday 3:15 Our Great National Parks: Episode 1 (Netflix) 5:30 Evening Tea Time	5 11:00 Active Fitness 1:00 Patchwork Pumpkin 2:30 Live Entertainment: Steve Kovich (Acoustic Folk Music) 5:30 Monday Mindfulness: Coloring Pages	6 11:00 MOTIVATED Moving Group Exercise 12:30 Outing: Apple Charlie’s Orchards 3:00 Spooky Story Writing 5:30 Tone Down Tuesday: Short Stories	7 11:00 Breathing & Stretching 1:00 Leaf Jewelry Dish 3:00 Spa Day - Manicures & Hand Massages 5:30 Peaceful Aromatherapy Experience	8 11:00 Yoga with Vickie 1:00 Tree of Thanks Thursdays 3:00 Pumpkin Bowling 4:00 Visit with Bobby the Therapy Pony 5:30 Grab and Go Word Search	9 11:00 Cardio Drumming 1:00 Campfire Jars 3:00 Sunshine and Socializing (CY) 5:30 Movie Night: Clue (Pluto)	10 10:30 Coffee Chats & Daily Chronicle 12:30 Card Hour: Gin Rummy 2:15 Pumpkin Triviva 5:30 Aromatherapy & Relaxing
11 End Alzheimer’s Walk 10:15 Sunday Devotional & Streamed Church Service 1:15 Spa Day 3:15 Our Great National Parks: Episode 2 (Netflix) 5:30 Evening Tea Time	12 11:00 Active Fitness 1:00 Knock the Monsters Down 2:30 Live Entertainment: Christine Schinker (Acoustic Folk Music) 5:30 Monday Mindfulness: Meditation with Music	13 11:00 Seated Zumba 2:30 Outing: Wiard’s Orchard 3:00 Think Fast! 5:30 Travelogue: Top 10 Beautiful Places in the World (YouTube)	14 9:00 Waffle Wednesday! 11:00 Breathing and Stretching 1:00 Ghost Garland 3:00 Spa Day - Manicures and Hand Massages 5:30 Mindful Relaxation and Aromatherapy	15 11:00 Yoga with Vickie 1:00 Dried Orange Ornaments 2:30 Culinary Showcase with Chef Mike (MC) 5:30 Grab and Go Crossword	16 11:00 Cardio Drumming 1:00 Hot Chocolate Tasting 3:00 Friesh Air and Friends (CY) 5:30 Movie Night: We have a Ghost (Netflix)	17 10:30 Coffee Chats & Daily Chronicle 12:30 Hang Man 2:15 Coloring Corner 5:30 Aromatherapy & Relaxing
18 10:15 Sunday Devotional & Streamed Church Service 1:15 Spa Day 3:15 Our Great National Parks: Episode 3 (Netflix) 5:30 Evening Tea Time	19 11:00 Active Fitness 1:00 Boo! Brain Teasers 2:30 Live Entertainment: Henrick the Violinist 5:30 Monday Mindfulness: Coloring Pages	20 11:00 Seated Zumba 11:00 Outing: Matthaei Botanical Gardens 3:00 Eye Ball Roll 5:30 Tone Down Tuesday: Short Stories	21 11:00 Breathing and Stretching 1:00 Fall Leaf Mosaic Art 3:00 Spa Day - Manicures and Hand Massages 5:30 Peaceful Aromatherapy Experience	22 11:00 Yoga with Vickie 1:00 Spider Snatch 3:00 Tree of Thanks Thursdays 5:30 Grab and Go Short Stories	23 Fall Fest 11:00 Cardio Drumming 1:00-4:00 “Fall Fest” StoryPoint Car Show & Traveling Sales Gals (CY/Parking Lot) 5:30 Movie Night: Ghostbusters (Netflix)	24 10:30 Coffee Chats & Daily Chronicle 12:30 Finish the Phrase 2:15 Card Hour: Euchre 5:30 Aromatherapy & Relaxing
25 10:45 Sunday Devotional & Streamed Church Service 11:00 Spooktacular Brunch (NL/MDR) 3:15 Our Great National Parks: Episode 4 (Netflix) 5:30 Evening Tea Time	26 11:00 Active Fitness 1:00 Autumn Scavenger Hunt 2:30 Live Entertainment: Doulbe Play Flute and Tuba 5:30 Monday Mindfulness: Meditation with Music	27 9:00 Seated Zumba 12:30 Outing: Three Cedars Farm 3:00 Spooky Story Telling 5:30 Travelogue: UNSEEN Wonders (YouTube)	28 11:00 Breathing & Stretching 1:00 Coffee Filter Leaves 3:00 Spa Day- Manicures & Hand Massages 5:30 Mindful Relaxation and Aromatherapy	29 9:00 Yoga with Vickie 1:00 Leaf Faries 3:00 Pumpkin Ring Toss 5:30 Grab and Go Short Stories	30 Trunk or Treat 11:00 Cardio Drumming 1:00 Pine Cone Gnomes 3:00 Wander and Wonder (CY) 5:30 Movie Night: Nightmare Before Christmas (Disney+) 6:30-8:30 Trunk or Treat	31 Happy Halloween 10:30 Coffee Chats & Daily Chronicle 12:00 Halloween Brunch (NL/Main Dining Room) Halloween Trivia 5:30 Aromatherapy & Relaxing

Calender Key:
AL - Assisted Living
MC - Memory Care
A - Community Room A

B - Community Room B
TH - Theater
NL - North Lobby
CY - Courtyard

PDR - Private Dining Room
ICY - Independent Living
Courtyard