StoryPoint Knox West
Assisted Living

Week 1-2 | November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Savings 1 11:30am Brunch w/ Signature Drink 2:00pm Daylight Saving Cart (RR) 2:00pm Crafts w/Megan 3:00pm Temple Baptist Church Service (A)	2 9:45am Brain Puzzle (L,S) 10:30am Chair Yoga (A) 2:00pm LIVE Billie Lafollette (A) 3:30pm Songs That Take Us to New Heights (MC) 5:45pm Movie (JR)	3 9:30am Catholic Service & Communion (MC) 10:30am Tai Chi Gung w/ Carrie (A) 1:30pm Pumpkin Chunkin' (Side Field) 3:00pm November Birthday Celebration (A)	4 9:45am Cross Word (L,S) 10:30am Morning Stroll (FL,S) 1:30pm Making Sock Puppets for Children's Hospital 3:00pm Bingo (A)	5 9:45am Junk Drawer Detectives (L,S) 10:30am Sandy's Fitness (A) 1:00pm Calvary Devotion (A) 2:00pm Art w/ Sheryl (MC)	6 9:30am Kroger SIGN UP 9:45am Word Search (L,S) 10:30 Morning Stretch (A) 1:30pm Out to the Coffee Shop SIGN UP 3:00pm LIVE Tori Gay/Happy Hour (A)	7 9:45am Weightlifting (A) 10:30am Bingo (A) 1:00pm Jo-Ann's Saturday Movie Gathering (JR)
8 3:00pm Temple Baptist Church Service (A)	9 9:45am Brain Puzzle (L,S) 10:30am Chair Yoga (A) 1:30pm Hydration & What am I ? (MC) 3:00pm LIVE Cliff Adkins (A) 5:45pm Movie (JR)	10 9:30am Catholic Service & Communion (MC) 10:30am Tai Chi Gung w/ Carrie (A) 1:30pm Resident Council (A) 3:00pm Singo w/T (A)	Veterans Day 11 9:45am Cross Word (L,S) 10:30am Morning Stroll (FL,S) 1:30pm Remembering Courage, Honoring Sacrifice Program (L) 3:00pm Bingo (A) 5:00pm Chili Cookoff Dinner (DR) 6:00pm LIVE Free Rein Bluegrass Band (A)	12 9:45am Junk Drawer Detectives (L,S) 10:30am Sandy's Fitness (A) 2:00pm Health Talk w/ Servant Rehab (A) 3:00pm LIVE The Geezer Guy (A)	13 9:30am Aldi SIGN UP 9:45am Word Search (L,S) 10:30 Morning Stretch (A) 11:00am Lunch at Cracker Barrel SIGN UP 1:30pm Life Enrichment Planning Meeting (L) 3:00pm Jet Set Happy Hour (A)	14 9:45am Weightlifting (A) 10:30am Bingo (A) 1:00pm Jo-Ann's Saturday Movie Gathering (JR)

Calender Key:
A – Activity Room
FL - Front Lobby
CY - Courtyard
L - Library
MC - Memory Care
JR - Jefferson Room
DR - Dining Room
RR - Room to Room
S - Self led
N- New event/entertainer/Host

StoryPoint Senior Living

StoryPoint Knox West
Assisted Living

Week 3-5 | November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 1:30pm Jeo"Party" Happy Hour w/Megan 3:00pm Temple Baptist Church Service (A)	**16** 9:45am Brain Puzzle (L,S) 10:30am Chair Yoga (A) 1:30pm Who are We? (A) 3:00pm Kickball (A) NO MOVIE TONIGHT	**17** 9:30am Catholic Service & Communion (MC) 10:30am Tai Chi Gung w/ Carrie (A) 1:30pm Hangman (MC) 3:00pm Tv Concert w/ T	**18** 9:45am Cross Word (L,S) 10:30am Morning Stroll (FL,S) 1:30pm Pop Darts w/ Ron (A) 3:15pm Bingo (A)	**19** 9:45am Junk Drawer Detectives (L,S) 10:30am Sandy's Fitness (A) 1:00pm Calvary Devotion (MC) 3:00pm LIVE Frank & Friends (A)	**20** 9:30am Food City SIGN UP 9:45am Word Search (L,S) 10:30 Morning Stretch (A) 1:30pm Scenic Drive SIGN UP 3:00pm LIVE Korenna Hodge Harpist (A)	**21** 10:30am Bingo (A) 1:00pm Jo-Ann's Saturday Movie Gathering (JR)
22 3:00pm Temple Baptist Church Service (A)	**23** 9:45am Brain Puzzle (L,S) 10:30am Chair Yoga (A) 2:00pm LIVE Steve Carr (A) 3:30pm November Trivia (MC) 5:45pm Movie (JR)	**24** 9:30am Catholic Service & Communion (MC) 10:30am Tai Chi Gung w/ Carrie (A) 2:00pm Sculpting w/Sheryl (A)	**25** 9:45am Cross Word (L,S) 10:30am Morning Stroll (FL,S) 1:30pm Decorate the Lobby Christmas Tree (FL) 3:00pm Turkey Bingo (A) 6:00pm Lighting the Lobby Christmas Tree (FL)	**Happy Thankgiving!** **26** 1:30pm Pies of Gratitude Family Social (A) 3:00pm LIVE Ricky Starr (MC)	**27** 9:30am Publix SIGN UP 9:45am Word Search (L,S) 10:30 Morning Stretch (A) 1:30pm Bearden Library SIGN UP 2:00pm Staff & Resident Cornhole (A) 4:00pm Bingo Store (A)	**28** 9:45am Weightlifting (A) 10:30am Bingo (A) 1:00pm Jo-Ann's Saturday Movie Gathering (JR)
29 1:30pm Games w/ Marita (A) 3:00pm Temple Baptist Church Service (A)	**30** 9:45am Brain Puzzle (L,S) 10:30am Chair Yoga (A) 1:30pm Hydration & Who am I ? (MC) 3:00pm Paper Airplane game (A) 5:45pm Movie (JR)					

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