StoryPoint Gahanna Central

Memory Care

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALI Soul's Day 1 9:00 Catholic Eucharist 10:30 Exercise with Najma (B) 1:00 One On Ones 2:00 All Souls Day Social 3:00 Hymns on Alexa 6:00 Puzzle Time	2 10:00 Church with Pastor Scott (B) 10:30 Exercise Class 11:00 One on Ones 2:00 New Freind Meet and Greet September Birthday Celebration (B) 3:00 All Soul's Day Education 6:00 Puzzle Time	3 10:15 Name 5 10:30 Exercise Class 1:00 Daily Chronicle 2:00 UNO (B) 3:15 Munchies and Memories 6:00 Puzzle Time	4 10:15 Random Trivia 10:30 Exercise Class 1:00 Daily Chronicles 2:30 Columbus Libraty Visit (B) 3:15 Color and Sip 6:00 Puzzle Time	5 10:00 Tunes with Todd 11:00 One on Ones 11:30 Outing To El Vaquero 1:00 New Albany Therapy Dogs 2:00 What Came First 3:15 Music and Movement 6:00 Puzzle Time	6 10:15 Shoulder Massages 11:00 Exercise Class 1:00 Games with Najma 2:00 Art With Kallie 3:00 Live Music By Curtis 6:00 Puzzle Time	7 10:15 Color Therapy 10:30 Exercise Class 1:00 Daily Chronicle 2:00 BingoWith Wyeth 3:15 Munchies and Memories 6:00 Puzzle Time
8 9:00 Catholic Eucharist 10:30 Exercise with Najma (B) 1:00 One On Ones 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Puzzle Time	9 10:00 Church with Pastor Scott (B) 10:30 Exercise Class 11:00 One on Ones 2:00 New Freind Meet and Greet September Birthday Celebration (B) 3:00 Deal or No Deal 6:00 Puzzle Time	10 10:15 Name 5 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Resident Fourm (B) 3:00 Roll A Turkey 6:00 Puzzle Time	**Veterans Day** 11 10:15 Random Trivia 10:30 Exercise Class 1:00 Daily Chronicles 2:00 Veterans Day Program(B) 3:15 Color and Sip 6:00 Puzzle Time	12 10:00 Tunes with Todd 11:00 One on Ones 1:00 New Albany Therapy Dogs 2:00 Making Deviled Eggs(B) 3:15 Music and Movement 6:00 Puzzle Time	13 9:30 A Moment Of Silence 10:15 Shoulder Massages 11:00 Exercise Class 1:00 Art Museum Outing 3:00 Music Hour With John 6:00 Puzzle Time	14 10:15 Color Therapy 10:30 Art With Cindy 1:00 Daily Chronicle 2:00 Bingo(B) 3:15 Munches and Memories 6:00 Puzzle Time
15 9:00 Catholic Eucharist 10:30 Exercise with Najma (B) 1:00 One On Ones 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Puzzle Time	**Aviation History Day** 16 10:00 Church with Pastor Scott 10:30 Exercise Class 11:00 One on Ones 1:30 Aviation History Day 2:00 Making Model Planes (B) 6:00 Puzzle Time	17 10:15 Name 5 10:30 Exercise Class 1:00 Daily Chronicles 2:00 Resident Council(B) 3:00 Thanksgiving Family Feud 6:00 Puzzle Time	18 10:15 Random Trivia 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Ladies Club 3:00 Yahtzee 6:00 Puzzle Time	19 10:00 Tunes with Todd 11:00 One on Ones 1:00 New Albany Therapy Dogs 2:00 Are You Smarter 6:00 Puzzle Time	20 10::15 Shoulder Massages 11:00 Exercise Class 1:00 Games with Najma 1:00 Men's Club 2:00 Making Pumpking Pie 3:00 Live Music By Scott 6:00 Puzzle Time	21 10:15 Color Therapy 10:30 Art With Cindy 1:00 Daily Chronicle 2:00 Bingo With Wyeth (B) 3:15 Munchies and Memories 6:00 Puzzle Time
22 9:00 Catholic Eucharist 10:30 Exercise with Najma (B) 1:00 One On Ones 2:00 Sudaes on Sunday (B) 3:00 Hymns on Alexa 6:00 Puzzle Time	23 10:00 Church with Pastor Scott 10:30 Exercise Class 11:00 One On Ones 1:30 Outing to The Veterans Museum 3:00 Live Music By Mike 6:00 Puzzle Time	24 10:15 Name 5 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Tour of Brizal with Linda (B) 3:00 Beanbag Turkey Toss 6:00 Puzzle Time	25 10:15 Random Trivia 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Activity Planning Meeting (B) 3:00 Thanksgiving Social (B) 6:00 Puzzle Time	**Thanksgiving** 26 10:00 Tunes with Todd 11:00 One on Ones 1:00 New Albany Therapy Dogs 2:00 UNO 3:15 Music and Movement 6:00 Puzzle Time	27 10:15 Shoulder Massages 11:00 Exercise Class 2:00 Ring Toss 3:00 Music Hour With Trice 5:00 Pizza and Beer Party 6:00 Puzzle Time	28 10:15 Color Therapy 10:30 Exercise Class 12:00 Saturday Brunch 1:00 Daily Chronicles 2:00 Prize Bingo With Wyeth(B) 3:15 Munches and Memories 6:00 Puzzle Time
29 9:00 Catholic Eucharist 10:30 Exercise with Najma (B) 1:00 One On Ones 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Puzzle Time	30 10:00 Church with Pastor Scott (B) 10:30 Exercise Class 2:00 Outing To The Movies 6:00 Puzzle Time					

Calender Key:
B - Bistro
CT - Courtyard
IR – Induvial Room

FL - Front Lobby
OS - Off Site
200 - 200s Front Room
300 - 300s Front Room

MC Memory Care Activity Area

Life Enrichment Assistants
Najma Ahmed

Life Enrichment Director
614-418-9775 (office)

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StoryPoint Senior Living