

Independence Village of Grand Ledge

Independent Living | Enhanced Living

October 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Blood Pressure Clinic occurs each Thursday at 11:00am in the Main Activity Room Exercise w/ PB = Powerback	*= you need to sign-up for the activity outside of the Main Activity Room ** = you need to sign-up for the activity at the Shuttle Station			1 9:00am Manicures & Mimosas (G) 1:15pm Bingo (MAR) 2:30pm Cardio Drumming (MAR) 3:15pm Dominos (MAR) 6:15pm Pokeno (MAR)	2 9:30am Weightlifting (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am Team 4: 3:30pm 1:30pm Quarter Card (MAR) 4:30pm Homecoming Weekend Kickoff Pizza Party (MD)	3 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) 12:30pm MSUGame (MAR) 2:15pm Cornhole Tournament (MAR) 3:30pm Crafting Corner: Fabric Ghosts 4:30pm End Zone Eats (MD)
4 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	5 9:00am Veteran’s Breakfast (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm Wine Down and Wordplay Game (CY) 3:00pm Tea & Treats w/ Jen (MAR)	6 8:30am Meijer** 11:00am Exercise w/ PB (MAR) 11:30pm World Buffet** 12:00pm Oktoberfest Lunchin (MAR) 1:30pm Community Q&A (MAR) 6:15pm Bingo (MAR)	7 10:00am Crossword (MAR) 11:00am Hand Towel Workout (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Double Play (MAR)	8 9:00am Manicures & Mimosas (G) 1:15pm Bingo (MAR) 2:30pm Cardio Drumming (MAR) 3:15pm Dominos (MAR) 6:15pm Pokeno (MAR)	9 9:30am Weightlifting (MAR) 11:30am Outing: LegaSea Aquarium**	10 10:00am Resident Ran Bingo (MAR) 11:00am Chair Volleyball (MAR) 1:00pm Resident Ran Euchre Club (MAR)
11 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	12 9:00am Ladies Breakfast (MD) 10:30am Senior Stretch (MAR) 11:00am Bible Study (PDR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR)	13 8:30am Meijer** 11:00am Grief Group (PDR) 11:00am Exercise w/ PB (MAR) 11:30am Good Truckin Diner** 1:30pm Wellness Chat (MAR) 3:00pm An Afternoon at the Pumpkin Patch (MAR & Courtyard)	14 10:00am Crossword (MAR) 11:00am Hand Towel Workout (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Jim Herman (MAR)	15 9:00am Manicures & Mimosas (G) 1:15pm Bingo (MAR) 2:30pm Cardio Drumming (MAR) 3:15pm Dominos (MAR) 6:15pm Pokeno (MAR)	16 9:30am Weightlifting (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am Team 4: 3:30pm 1:30pm Quarter Card (MAR) 2:15pm Cornhole Tournament (MAR)	17 10:00am Bingo (MAR) 1:00pm Chair Volleyball (MAR) 2:30pm Savannah Bee Company Honey Tasting (MAR)
18 11 & 1pm October Brunch (MAR) 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	19 9:00am Men’s Breakfast (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm Sip & Shop: Bingo Store (MAR)	20 8:30am Meijer** 11:30am Midtown Brewery** 11:00am Exercise w/ PB (MAR) 2:00pm Seasonal Menu Tasting (MAR) 6:15pm Bingo (MAR)	21 10:00am Crossword (MAR) 11:00am Hand Towel Workout (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Fred Walker (MAR)	22 9:00am Manicures & Mimosas (G) 1:00pm Catholic Mass (MAR) 2:30pm Cardio Drumming (MAR) 3:15pm Dominos (MAR) 6:15pm Pokeno (MAR)	23 9:30am Weightlifting (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am Team 4: 3:30pm 1:30pm Quarter Card (MAR) 2:15pm Cornhole Tournament (MAR)	24 11:00am Chair Volleyball (MAR) 1:00pm Resident Ran Bingo (MAR) 3:00pm Resident Ran Euchre Club (MAR)
25 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	26 10:30am Senior Stretch (MAR) 11:00am Bible Study (PDR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm Activity Q&A (MAR)	27 8:30am Meijer** 11:00am Grief Group (PDR) 11:00am Exercise w/ PB (MAR) 1:00pm Color Tour** 2:30pm Halloween Bar Crawl (FL)	28 10:00am Crossword (MAR) 11:00am Hand Towel Workout (MAR) 1:00pm Book Club (USR) 2:30pm Haunted Happy Hour (MAR) 3:00pm Music w/ Cheryl & Mike (MAR)	29 9:00am Manicures & Mimosas (G) 1:00pm Bingo (MAR) 2:30pm Cardio Drumming (MAR) 3:15pm Dominos (MAR) 5:30pm-7pm Community Trick or Treating (RV)	30 9:30am Weightlifting (MAR) 1:30pm Quarter Card (MAR) 2:30pm Movie & Popcorn: Sally Field (G)	31 Halloween 10:00am Bingo (MAR) 1:00pm Chair Volleyball (MAR) 3:30pm Wine Down and Wordplay Game (CY)