Independence Village of Ankeny

Memory Care

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dia de los Muertos 1 9:15 Catholic Communion 10:00 Dia de los Muertos 1:30 BINGO Mexico! 2:30 Spiritual Eldercare 3:30 Rollin & Strollin 6:00 Puzzles	2 9:00 Move your Body Monday 10:15 Give Back-Meal Pack Assembling 1:30 Bowling @ B&B Theatre 3:00 Our Favorite Songs 6:00 Movie Monday 7:00 MNF Bears vs Seahawks	**Election Day** 3 9:15 L2BH 10:15 Let's Cook-Pumpkin Pie from Scratch! 1:30 Let's Eat & Chicken Soup for the Soul 2:30 Cards & Dice 6:00 Travel Tuesday-Mexico	4 9:00 Chair Yoga 10:15 Artist Corner: Thank you cards for Veterans 1:30 Music & Massage w/ Jeanne 3:00 November B-Day Happy Hour 6:00 In Concert	5 **9:15 Exercise w/ Powerback** **10:15 Manicures** **1:30 Old Fashion BINGO** **3:00 Stuart Walker** **6:00 Classic Comedy**	6 9:15 Sit & Fit 9:30 Catholic Mass 10:30 Tom Hofer Music 1:30 UNO 2:30 Rollin & Strollin 3:00 Word Puzzles	7 9:15 Saturday Stretches 10:30 Devotions w/ Barb C. 1:30 Virtual Tour 3:00 Word Puzzles 6:00 Game Night
Dear Santa 8 9:15 Catholic Communion 10:00 Funny Dear Santa Letters 1:30 Old Fashion BINGO 2:30 Spiritual Eldercare 3:00 Rollin & Strollin 6:00 Puzzles	9 9:00 Move Your Body Monday 10:30 Jester Park Nature Center 1:00 Let's Cook-Bacon Maple Popcorn 3:00 Resident Council 6:00 Movie Monday 7:00 MNF Bills vs Vikings	10 9:15 L2BH 10:15 Artist Corner: Leaf Bowl 1:30 David Ambroson 3:00 Thankful Tree Cart 6:00 Travel Tuesday-	**Veteran's Day** 11 9:00 Chair Yoga 10:15 Patriotic Songs 12:00 Veteran's Lunch 1:30 Visit w/ Jada Mae 2:30 Veteran's Day Ceremony 6:00 Western Wednesday	12 **9:15 Exercise w/ Powerback** **10:15 Manicures** **1:30 Old Fashion BINGO** **Pie Flights & Wine Social** **6:00 Classic Comedy**	13 9:15 Sit & Fit 10:30 Word Puzzles 1:30 How is it Made? 2:30 Rollin & Strollin 3:00 UNO 6:00 Classic Comedy	14 9:15 Saturday Stretches 10:30 Devotions w/ Barb C. 1:30 Virtual Fall Foliage Walk 3:00 Wild America 6:00 Game Night
Steve Irwin Day 15 9:00 Catholic Communion 10:15 Crikey! 1:30 Australia BINGO 2:30 Spiritual Eldercare 3:00 Rollin & Strollin 6:00 Puzzles	16 9:15 Move Your Body Monday 10:15 Let's Cook- Crockpot Potato Soup 1:30 Let's Eat & Fill in the Blank 3:00 Rollin & Strollin 6:00 Movie Monday	17 9:15 L2BH 10:15 Artist Corner: Aboriginal Dot Art 1:30 Trivia Challange 3:00 Balloon Volleyball 6:00 Travel Tuesday-Australia	18 9:15 Chair Yoga 10:30 Macy's Parade 1:30 Iowa Gold Star Museum 3:00 Old Fashion BINGO 6:00 Western Wednesday	**Family Thanksgiving** 19 9:30 Exercise w/ Powerback 11:00 Family Thanksgiving 3:00 Jon May Magic Show 6:00 In Concert	20 9:15 Sit & Fit 10:30 Word Puzzles 1:30 How is it Made? 2:30 Rollin & Strollin 3:00 UNO 6:00 Classic Comedy	21 9:15 Saturday Stretches 10:30 Devotions w Barb C. 1:30 Virtual Tour Museum 3:00 Discover Nature 6:00 Game Night
Nat'l Color Day 22 9:00 Catholic Communion 10:15 Rainbow Science Experiment 1:30 Colors BINGO 2:30 Spiritual Eldercare 3:00 Rollin & Strollin 6:00 Puzzles	23 9:15 Move Your Body Monday 10:15 Artist Corner: Clay beginings X-mas 1:30 Turkey Trot 3:00 Cole Clark Jazz 6:00 Movie Monday	24 9:15 L2BH 10:15 1950's Pizza Party 1:30 Rockin it to Dick Clark 3:00 Manicures 6:00 Travel Tuesday- New England	25 9:15 Chair Yoga 10:15 Decorating Kick-Off 1:30 Visit w/Jada Mae 1:30 Bean Bag Baseball vs SP Ankeny 3:00 Hot Cocoa Bar 6:00 Western Wednesday	**THANKSGIVING** 26 9:15 Silver Sneakers Exercise 10:00 Macy Thanksgiving Parade 12:00 Thanksgiving Day Football Games 2:00 UNO 6:00 In Concert	27 9:15 Sit & Fit 10:30 Word Puzzles 1:30 How is it Made? 2:30 Rollin & Strollin 3:00 UNO 6:00 Classic Comedy	28 9:15 Saturday Stretches 10:30 Devotions w/ Barb C. 1:30 Virtual Mountain Hike 3:00 Wild America 6:00 Game Night
29 **9:00 Catholic Communion** **10:15 Chili Prep** **1:30 Old Fashion BINGO** **2:30 Spiritual Eldercare** **3:00 Rollin & Strollin** **6:00 Puzzles**	30 9:15 Move Your Body Monday 10:00 Let's Cook-Chili 2:00 Chili Cook-Off 3:00 Reminsce-Our Favorite Recipes 6:00 Movie Monday					

Calendar Key

Theatre (T) | Game Room (GR) | First Floor Fireplace (FF) | Memory Care Neighborhood (MC) | Salon (S)

Private Dining Room (PD) | Dining Room (DR) | Second Floor Fireplace (SF)

Community Room (CR) | Town Center (TC) | At Your Door (YD) | Community Outing (CO)

Independence Village SENIOR LIVING