StoryPoint Siena Hills

Memory Care

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 AM Lutheran Church of Hope- Streaming on YouTube (CR) 10:00 AM Weekend Stretches with RA (CR) 11:00 AM Adult Coloring Pages & Essential Oils (CR) 1:00 PM Hangman Game with RA (CR) 3:00 PM Balloon Swat (CR) 6:00 PM Finish the Phrase with RA (CR)	**2** 10:00 AM Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Manicure Monday with RA (CR) 1:00 PM Wheel of Fortune (B&L) 2:00 PM Movie Monday & Popcorn (B&L) 3:00 PM Singalong with Susie Q (CR) 6:00 PM Dot to Dot Puzzle with RA (CR)	**3** 10:00 AM Cardio Drumming with Arinna (AR) 1:00 PM BINGO & Beverages (B&L) 2:00 PM Town Hall & Activity Meeting (B&L) 2:30 PM Rosary & Fellowship (5H) 3:00 PM Custom Cards with Sarah (B&L) 3:30 PM Group Crossword (CR) 6:00 PM Travel Tuesday: Travel with Rick Steves (CR)	**Candy Day** **4** 10:00 AM Last Live 2 B Healthy Exercise Class (AR) 10:30 AM Name That Candy Bar: Blind Taste Test (L) 2:00 PM Bean Bag Baseball Game Hearthstone at SP Siena Hills — Home (B) 2:30 PM Bowling Practice (CR) 6:00 PM Trivia with RA (CR)	**5** 10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM: Outing Jordan Creek Mall: Lunch & Shopping (OS) 1:00 PM Hangman Game with RA (CR) 2:00 PM Balloon Swat with RA (CR) 3:00 PM Name That Tune with RA (CR) 6:00 PM Jigsaw Puzzle Club (CR)	**6** 10:00 AM Furry Friend Visit: Maisie the Dog (FL + MC) 1:15 PM BINGO & Beverages (B&L) 2:30 PM Meet & Mingle: New Neighbor Happy Hour with Live Music by Rick Ludwig (B&L) 6:00 PM Courtyard & Conversations (CY)	**7** 10:00 AM Weekend Stretches with Arinna (AR) 10:30 AM Fall Trivia (B&L) 1:00 PM Granny Pants Game with Arinna (B) 6:00 PM Movie Night: Resident Choice (CR)
8 9:00 AM Lutheran Church of Hope- Streaming on YouTube (CR) 10:00 AM Balloon Swat with Arinna (AR) 10:30 AM Group Word Searches & Crossword Puzzles (B&L) 1:00 PM Fall themed BINGO (B&L) 6:00 PM Finish the Phrase with RA (CR)	**9** 10:00 AM Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Manicure Monday with RA (CR) 1:00 PM Family Feud (B&L) 2:00 PM Movie Monday & Popcorn (B&L) 3:00 PM Connect Four & Tic Tac Toe (CR) 6:00 PM Dot to Dot Puzzle with RA (CR)	**Vanilla Cupcake Day** **10** 10:00 AM Cardio Drumming with Arinna (AR) 12:30 PM BINGO & Beverages (B&L) 1:30 PM Culinary Creations: Design a Cupcake (DR) 2:30 PM Rosary & Fellowship (5H) 3:30PM Group Word Search (CR) 6:00 PM Travel Tuesday: Travel with Rick Steves (CR)	**Veteran's Day** **11** 7:15 AM Breakfast Outing: Hyvee (OS) 10:30 AM Honoring Our Heroes: Veterans Pinning Ceremony (B&L) 11:00 AM Outing: Olive Garden (OS) 1:00 PM Veterans Day Documentary: A Celebration of Our Nation's Military Branches 2:30 PM Cup Pong (CR) 6:00 PM Trivia with RA (CR)	**12** 10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 1:00 PM Conversation Ball Toss with RA (CR) 2:00 PM BBB Game: Siena vs Johnston Home Game (B&L) 6:00 PM Jigsaw Puzzle Club (CR)	**13** 10:15 AM Outing: Goldie's (OS) 1:00 PM Creative Corner: Instructor-Led Paint & Sip Class (B) 2:30 PM Growing Together: Life Enrichment Celebration Happy Hour with Live Music by David Watson (B&L) 6:00 PM Courtyard & Conversations (CY)	**14** 10:00 AM Weekend Stretches with RA(CR) 11:00 AM Weekend Word Search (CR) 1:00 PM BINGO with Weekend Staff (B&L) 2:00 PM Saylorville Church Service (FL) 6:00 PM Movie Night: Resident Choice (CR)
15 9:00 AM Lutheran Church of Hope- Streaming on YouTube (CR) 10:00 AM Weekend Stretches with RA (CR) 11:00 AM Adult Coloring Pages & Essential Oils (CR) 1:00 PM Hangman Game with RA (CR) 3:00 PM Balloon Swat (CR) 6:00 PM Finish the Phrase with RA (CR)	**16** 10:00 AM Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Manicure Monday with RA (CR) 1:00 PM Wheel of Fortune (B&L) 2:00 PM Movie Monday & Popcorn (B&L) 3:00 PM Singalong with Susie Q (CR) 6:00 PM Dot to Dot Puzzle with RA (CR)	**17** 10:00 AM Cardio Drumming with Arinna (AR) 1:00 PM BINGO & Beverages (B&L) 2:00 PM Leaves of Gratitude: What Are You Thankful For? (B&L) 2:30 PM Rosary & Fellowship (5H) 3:00 PM Group Crossword (CR) 6:00 PM Travel Tuesday: Travel with Rick Steves (CR)	**18** 10:00 AM Relax & Stretch: Seated Chair Yoga (AR) 10:30 AM Diamond Art Club (AO) 1:00 PM ISPY Fall (CR) 2:00 PM Bean Bag Baseball Game 2:30 PM Bowling Practice (CR) 6:00 PM Trivia with RA (CR)	**19** 10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 1:00 PM Name That Tune (CR) 2:00 PM Conversation Ball Toss with RA (CR) 3:00 PM Creative Corner: Sunflower Craft (B&L) 6:00 PM Jigsaw Puzzle Club (CR)	**20** 10:00 AM BINGO & Beverages (B&L) 12:00 PM An Early Taste of Thanksgiving: Thanksgiving Lunch (DR) 3:00 PM A Golden Celebration: Sunflower Birthday Bash with Live Music by Tom Hofer (B&L) 6:00 PM Courtyard & Conversations (CY)	**21** 10:00 AM Weekend Stretches with Arinna (AR) 10:30 AM Thanksgiving Brain Games (B&L) 1:00 PM Gratitude Dice Game (B&L) 1:30 PM Pumpkin Pretzels (B&L) 6:00 PM Movie Night: Resident Choice (CR)
22 9:00 AM Lutheran Church of Hope- Streaming on YouTube (CR) 10:00 AM Cozy Comfort Cart: Cider, Treats & Fall Cheer(D2D) 1:00 PM Balloon Swat with RA (CR) 2:00 PM Brain Games with Arinna (CR) 6:00 PM Finish the Phrase with RA (CR)	**23** 10:00 AM Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Manicure Monday with RA (CR) 1:00 PM Family Feud (B&L) 2:00 PM Movie Monday & Popcorn (B&L) 3:00 PM Connect Four & Tic Tac Toe (CR) 6:00 PM Dot to Dot Puzzle with RA (CR)	**24** 10:00 AM Brain Games & Coffee (CR) 1:00 PM Lucky Cup BINGO (B&L) 2:00 PM ISPY Thanksgiving Dinner (CR) 2:30 PM Rosary & Fellowship (5H) 3:30 PM Group Word Search (CR) 6:00 PM Travel Tuesday: Travel with Rick Steves (CR)	**25** 10:00 AM Relax & Stretch: Seated Chair Yoga (AR) 10:30 AM Diamond Art Club (AR) 1:00 PM Turkey Hunt (B&L) 2:00 PM Thanksgiving Fact or Fiction (B&L) 2:30 PM Cup Pong (CR) 6:00 PM Trivia with RA (CR)	**Thanksgiving** **26** 10:00 AM Move Your Feathers: Seated Exercise (AR) 11:00 AM Conversation Ball Toss with RA (CR) 1:00 PM Thanksgiving Themed BINGO (B&L) 2:00 PM Stick-Turkey Word Game (B&L) 6:00 PM Jigsaw Puzzle Club (CR)	**Black Friday** **27** 10:00 AM Cardio Drumming with Arinna (AR) 10:30 AM Foodie Friday: Applebees (OS) 1:15 PM BINGO & Beverages (B&L) 2:30 PM Pies & Pours Happy Hour with Live Music by Richie Lee (B&L) 6:00 PM Courtyard & Conversations (CY)	**28** 10:00 AM Weekend Stretches with RA(CR) 11:00 AM Weekend Word Search (CR) 1:00 PM BINGO with Weekend Staff (B&L) 3:00 PM Sensory Bins & Books (CR) 6:00 PM Movie Night: Resident Choice (CR)
29 9:00 AM Lutheran Church of Hope- Streaming on YouTube (CR) 10:00 AM Weekend Stretches (RA) 11:00 AM Adult Coloring Pages (RA) 1:00 PM Resident Led Board Games & Cards (B) 6:00 PM Finish the Phrase with RA (CR)	**30** 10:00 AM Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Manicure Monday with RA (CR) 1:00 PM Wheel of Fortune (B&L) 2:00 PM Movie Monday & Popcorn (B&L) 3:00 PM Singalong with Susie Q (CR) 6:00 PM Dot to Dot Puzzle with RA (CR)					

Calender Key:

(AR) Activity Room
(AO) Activity Office
(B&L) Bar & Lounge
(5H) 500 Hall
(CS) Country Store
(DR) Dining Room
(B) Bistro
(FL) Front Lobby
(L) Library
(OS) Off Site
(RA) Resident-Run Activity
(BS) Beauty Salon
(PF) Patio-Out Front
(D2D) Door-to-Door
(MC) Memory Care

Life Enrichment Director
Cassie Rhoades
cassidy.rhoades@storypoint.com

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