StoryPoint Knox West
Memory Care

Week 1-2 | November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Saving 1 10:00am Daylight Saving Cart 11:30am Signature Drink with Lunch *After Lunch - Magazines 1:00pm Craft w/Megan 3:00pm Temple Baptist Church (AR) or Church service on TV	2 10:15am Hydration & Daily Chronicles 10:45am Chair Yoga *After Lunch - Brain Games 2:00pm LIVE Billie Lafollette (A) or Folk Music on TV 3:30pm Songs That Take Us to New Heights 5:30pm Movie	3 9:30am Catholic Service & Communion (MC) 10:30am AM Power Up 11:00am Eyeglass Cleaning *After Lunch - Cards 1:30pm Hydration & A to Z Word Game 3:00pm Shuffle Board *After Dinner - Would You Rather Board	4 10:00am Hydration & Daily Chronicles 10:30am Morning Stretch *After Lunch - Art 1:30pm Hydration & Junk Drawer Detective 3:00pm Bingo 5:30pm Short Story Club	5 10:00am Hydration & Daily Chronicles 10:30 Air Drumming *After Lunch - Board Games 1:00pm Calvary Devotion (A) 2:00pm Art w/ Sheryl *After Dinner - Sky Scapes	6 10:00am Hydration & Daily Chronicles 10:30am Weightlifting 11:00am Eyeglass Cleaning *After Lunch - Puzzles 1:30pm Out to the Coffee Shop 3:00pm LIVE Tori Gay (A) or Brenda Lee Concert on TV *After Dinner - Table Talk	7 9:45am Weightlifting (A) 10:30am Bingo *After Lunch - Word Games 2:00pm Game Hour
8 10:00am Exercise 10:30am Flower Arranging *After Lunch - Magazines 1:30pm Games w/ Marita (A) 3:00pm Temple Baptist Church (AR) or Church service on TV	9 10:15am Hydration & Daily Chronicles 10:45am Chair Yoga *After Lunch - Brain Games 1:30pm Hydration & What am I ? 2:00pm Word That Start With Game 3:00pm LIVE Cliff Adkins (A) or Gather Concert 5:30pm Movie	10 9:30am Catholic Service & Communion (MC) 10:30am AM Power Up 11:00am Eyeglass Cleaning *After Lunch - Cards 1:30pm Hydration & Word Games 3:00pm What's in the Box *After Dinner - Would You Rather Board	Veterans Day 11 10:00am Hydration & Daily Chronicles 10:30am Morning Stretch LEAVES OF LOVE VISITS 10-1pm *After Lunch - Art 1:30pm Remembering Courage, Honoring Sacrifice Program (L) 3:00pm Bingo 5:00pm Chili Dinner 6:00pm LIVE Free Rein Bluegrass Band (A)	12 10:00am Hydration & Daily Chronicles 10:30 Air Drumming *After Lunch - Board Games 1:00pm Calvary Devotion (A) 3:00pm LIVE The Geezer Guy (A) or Crosby, Stills & Nash concert on TV 5:00pm Vinyl Vibes *After Dinner - Sky Scapes	13 10:00am Hydration & Daily Chronicles 10:30am Weightlifting 11:00am Eyeglass Cleaning *After Lunch - Puzzles 1:00pm French Fry Drive 3:30pm Town Hall Meeting *After Dinner - Table Talk	14 9:45am Weightlifting (A) 10:30am Bingo *After Lunch - Word Games 2:00pm Game Hour

Calender Key:
A – Activity Room
FL - Front Lobby
CY - Courtyard
L - Library
MC - Memory Care
JR - Jefferson Room
DR - Dining Room
RR - Room to Room
S - Self led
N- New event/entertainer/Host

StoryPoint Senior Living

StoryPoint Knox West
Memory Care

Week 3-5 | November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 3:00pm Temple Baptist Church (AR) or Church service on TV	**16** 10:00am Hydration & Daily Chronicles 10:30am Chair Yoga *After Lunch - Brain Games 1:30pm Hydration & Who are We? 3:00pm Giant Jenga NO MOVIE TONIGHT	**17** 9:30am Catholic Service & Communion (MC) 10:30am Morning Stretch 11:00am Eyeglass Cleaning *After Lunch - Cards 1:30pm Hangman 3:15pm Axe Throwing *After Dinner - Would You Rather Board	**18** 10:00am Hydration & Daily Chronicles 10:30am Morning Stretch *After Lunch - Art 1:30pm Bingo 2:30 Movie & Popcorn Matinee	**19** 10:00am Hydration & Daily Chronicles 10:30 Air Drumming *After Lunch - Board Games 1:00pm Calvary Devotion 3:00pm LIVE Frank & Friends (A) or Diana Ross & Supremes TV *After Dinner - Sky Scapes	**20** 10:00am Hydration & Daily Chronicles 10:30am Weightlifting 11:00am Eyeglass Cleaning *After Lunch - Puzzles 1:30pm Scenic Drive SIGN UP 3:00pm LIVE Korenna Hodge Harpist (A) or Harp Music on TV *After Dinner - Table Talk	**21** Come check out one of the fun interactive wall activities around the neighborhood or stop by our connection pods near the sports wall. It's a great way to enjoy some quality time with neighbors, staff, and your loved ones!
22 10:00am Exercise 10:30am Decorate the Christmas Tree *After Lunch - Magazines 1:30pm Games w/ Marita (A) 3:00pm Temple Baptist Church (AR) or Church service on TV	**23** 10:15am Hydration & Daily Chronicles 10:45am Chair Yoga *After Lunch - Brain Games 2:00pm LIVE Steve Carr (A) or TV Concert 3:30pm November Trivia 5:30pm Movie	**24** 9:30am Catholic Service & Communion (MC) 10:30am AM Power Up 11:00am Eyeglass Cleaning *After Lunch - Cards 1:30pm Hydration & Rhyme Time Game 3:00pm Horse Shoes *After Dinner - Would You Rather Board	**25** 10:00am Hydration & Daily Chronicles 10:30am Morning Stretch LEAVES OF LOVE VISITS 10-1pm *After Lunch - Art 1:30pm Hydration & Junk Drawer Detective 3:00pm Turkey Bingo 5:30pm Short Story Club	**Happy Thanksgiving!** **26** 10:30am Turkey Tom Cart *After Lunch - Board Games 1:30pm Pies of Gratitude Family Social (A) 3:00pm LIVE Ricky Starr (MC)	**27** 10:00am Hydration & Daily Chronicles 10:30am Weightlifting 11:00am Eyeglass Cleaning *After Lunch - Puzzles 1:30pm Bearden Library SIGN UP 2:00pm Staff & Resident Cornhole (A) 3:30pm Word Games *After Dinner - Table Talk	**28** 9:45am Weightlifting (A) 10:30am Bingo *After Lunch - Word Games 2:00pm Game Hour
29 10:00am Exercise 10:30am Activity Cart *After Lunch - Magazines 1:30pm Games w/ Marita (A) 3:00pm Temple Baptist Church (AR) or Church service on TV	**30** 10:15am Hydration & Daily Chronicles 10:45am Chair Yoga 1:30pm Hydration & Who am I ? 2:00pm Color Word Game 3:00pm Paper Airplane Games (A) or Aviation Documentary 5:30pm Movie					

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