

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30AM Daily chronicles 10:00AM Exercise with Jenny from Symbria 10:30AM Water Break 10:45AM Hangman 11:30AM Bistro Action Station (B) 2:00PM Name that Tune 3:00PM Mindful Relaxation 4:15PM Prep for Dinner 6:00PM Snapshot Basket	2 9:30AM Daily Chronicles 10:00AM Sit and Be Fit 10:30AM Walter Break 10:45AM Charades 1:30PM Afternoon Stroll Around Story Point 2:00PM Words-in-Words 3:00PM Trivia Friday 4:15PM Prep for Dinner 6:00PM Mindful Relaxation	3 9:30AM Daily Chronicles 10:00AM Seated Chair Exercise 10:30AM Walter Break 10:45AM Noodle Ball 1:30PM Reminisce - My first Job 2:00PM Crafty Concoctions 3:00PM Let's Sort 4:15PM Prep for Dinner 6:00PM Mindful Serenity
4 9:30AM Daily Chronicles 10:00AM Move and Groove Exercise 10:30AM Walter Break 10:45AM Spiritual Hymns 1:30PM Ball Toss 2:00PM Fit-Me-In (Puzzle) 3:00PM Sunday Movie 4:15PM Prep for Dinner 6:00PM You Pick! Table Top Games!	5 9:30AM Daily Chronicles 10:00AM St. Frances Church Service (LR) 10:00AM Sit and Be Fit 10:30AM Walter Break 10:45AM Roll-A-Topic 1:30PM BookClub - Short Stories 2:00PM Tabletop Bowling 3:00PM Cranium Crunches 4:15PM Prep for Dinner 6:00PM Mindful Relaxation	6 9:30AM Daily Chronicles 10:00AM Exercise with Jenny from Symbria 10:30AM Walter Break 10:45AM The Price is Right 1:30PM Afternoon Stroll Around Story Point 2:00PM BINGO! 3:00PM Sing-A-Long 4:15PM Prep for Dinner 6:00PM Zen Moment	7 9:30AM Daily Chronicles 10:00AM Dance Fit! 10:30AM Walter Break 10:45AM Bean Bag Toss 1:30PM Bus Trip: Scenic Drive 2:30PM Resident Council Meeting in AL Activity Room 3:30PM Entertainment Manny "J" 4:15PM Prep for Dinner 6:00PM Wednesday Wind Down	8 9:30AM Daily chronicles 10:00AM Exercise with Jenny from Symbria 10:00AM Door to Door Mobil Cart 10:30AM Water Break 10:45AM Hangman 11:30AM Bistro Action Station (B) 2:00PM Name that Tune 3:00PM Mindful Relaxation 4:15PM Prep for Dinner 6:00PM Snapshot Basket	9 9:30AM Daily Chronicles 10:00AM Sit and Be Fit 10:30AM Walter Break 10:45AM Charades 1:30PM Afternoon Stroll Around Story Point 2:00PM Table Games - RummiKub 3:00PM Trivia Friday 4:15PM Prep for Dinner 6:00PM Mindful Relaxation	10 19:30AM Daily Chronicles 10:00AM Seated Chair Exercise 10:30AM Walter Break 10:45AM Noodle Ball 1:30PM Reminisce - School 2:00PM Crafty Concoctions 3:00PM Put Your Folding to the Test! 4:15PM Prep for Dinner 6:00PM Mindful Serenity
11 9:30AM Daily Chronicles 10:00AM Move and Groove Exercise 10:30AM Walter Break 10:45AM Spiritual Hymns 1:30PM Ball Toss 2:00PM Fit-Me-In (Puzzle) 3:00PM Sunday Movie 4:15PM Prep for Dinner 6:00PM You Pick! Table Top Games!	12 Columbus Day 9:30AM Daily Chronicles 10:00AM St. Frances Church Service (LR) 10:00AM Sit and Be Fit 10:30AM Walter Break 10:45AM Roll-A-Topic 1:30PM BookClub - Short Stories 2:00PM Tabletop Bowling 3:00PM Cranium Crunches 4:15PM Prep for Dinner 6:00PM Mindful Relaxation	13 9:30AM Daily Chronicles 10:00AM Exercise with Jenny from Symbria 10:30AM Walter Break 10:45AM The Price is Right 1:30PM Afternoon Stroll Around Story Point 2:00PM BINGO! 3:00PM Sing-A-Long 4:15PM Prep for Dinner 6:00PM Zen Moment	14 9:30AM Daily Chronicles 10:00AM Dance Fit! 10:30AM Walter Break 10:45AM Bean Bag Toss 11:30AM Bus Trip: Portillo's 2:00PM 1930's VS 2026 3:00PM Entertainment Ray "The Sax Guy" in AL Activity Room 4:15PM Prep for Dinner 6:00PM Wednesday Wind Down	15 9:30AM Daily chronicles 10:00AM Exercise with Jenny from Symbria 10:00AM Door to Door Mobil Cart 10:30AM Water Break 10:45AM Hangman 11:30AM Bistro Action Station (B) 2:00PM Name that Tune 3:00PM Mindful Relaxation 4:15PM Prep for Dinner 6:00PM Snapshot Basket	16 9:30AM Daily Chronicles 10:00AM Sit and Be Fit 10:30AM Walter Break 10:45AM Charades 1:30PM Afternoon Stroll Around Story Point 2:00PM Words-in-Words 3:00PM Trivia Friday 4:15PM Prep for Dinner 6:00PM Mindful Relaxation	17 9:30AM Daily Chronicles 10:00AM Seated Chair Exercise 10:30AM Walter Break 10:45AM Noodle Ball 1:30PM Reminisce My Family Car 2:00PM Crafty Concoctions 3:00PM Let's Sort 4:15PM Prep for Dinner 6:00PM Mindful Serenity
18 9:30AM Daily Chronicles 10:00AM Move and Groove Exercise 10:30AM Walter Break 10:45AM Spiritual Hymns 1:30PM Ball Toss 2:00PM Fit-Me-In (Puzzle) 3:00PM Sunday Movie 4:15PM Prep for Dinner 6:00PM You Pick! Table Top Games!	19 9:9:30AM Daily Chronicles 10:00AM Sit and Be Fit 10:00AM St. Frances Church Service (LR) 10:30AM Walter Break 10:45AM Roll-A-Topic 1:30PM BookClub - Short Stories 2:00PM Table Games- Rummikub 3:00PM Cranium Crunches 4:15PM Prep for Dinner 6:00PM Mindful Relaxation	20 9:30AM Daily Chronicles 10:00AM Exercise with Jenny from Symbria 10:30AM Walter Break 10:45AM The Price is Right 1:30PM Afternoon Stroll Around Story Point 2:00PM BINGO! 3:00PM Sing-A-Long 4:15PM Prep for Dinner 6:00PM Zen Moment	21 9:30AM Daily Chronicles 10:00AM Dance Fit! 10:30AM Walter Break 10:45AM Bean Bag Toss 1:30PM Bus Trip: Senic Drive 2:00PM 1940's VS 2026 4:15PM Prep for Dinner 6:00PM Wednesday Wind Down	22 9:30AM Daily chronicles 10:00AM Exercise with Jenny from Symbria 10:00AM Door to Door Mobil Cart 10:30AM Water Break 10:45AM Hangman 11:30AM Bistro Action Station (B) 2:00PM Name that Tune 3:00PM Mindful Relaxation 4:15PM Prep for Dinner 6:00PM Snapshot Basket	23 9:30AM Daily Chronicles 10:00AM Sit and Be Fit 10:30AM Walter Break 10:45AM Charades 1:30PM Afternoon Stroll Around Story Point 2:00PM Words-in-Words 3:00PM Trivia Friday 4:15PM Prep for Dinner 6:00PM Mindful Relaxation	24 9:30AM Daily Chronicles 10:00AM Seated Chair Exercise 10:30AM Walter Break 10:45AM Noodle Ball 1:30PM Reminisce Important Lessons 2:00PM Crafty Concoctions 3:00PM Put Your Folding to the Test! 4:15PM Prep for Dinner 6:00PM Mindful Serenity
25 9:30AM Daily Chronicles 10:00AM Move and Groove Exercise 10:30AM Walter Break 10:45AM Spiritual Hymns 1:30PM Ball Toss 2:00PM Fit-Me-In (Puzzle) 3:00PM Sunday Movie 4:15PM Prep for Dinner 6:00PM You Pick! Table Top Games!	26 9:30AM Daily Chronicles 10:00AM Sit and Be Fit 10:00AM St. Frances Church Service (LR) 10:30AM Walter Break 10:45AM Roll-A-Topic 1:30PM BookClub - Short Stories 2:00PM Tabletop Bowling 3:00PM Family day! Entertainment Alex Talbott 4:15PM Prep for Dinner 6:00PM Mindful Relaxation	27 9:30AM Daily Chronicles 10:00AM Exercise with Jenny from Symbria 10:30AM Walter Break 10:45AM The Price is Right 1:30PM Afternoon Stroll Around Story Point 2:00PM BINGO! 3:00PM Sing-A-Long 4:15PM Prep for Dinner 6:00PM Zen Moment	28 9:30AM Daily Chronicles 10:00AM Dance Fit! 10:30AM Walter Break 10:45AM Bean Bag Toss 11:30AM Pet Therapy with Cheddar 1:30 PM Bus Trip: Little Red School House 2:00PM 1950's VS 2026 3:00PM Balloon Vollyball 4:15PM Prep for Dinner 6:00PM Wednesday Wind Down	29 9:30AM Daily chronicles 10:00AM Exercise with Jenny from Symbria 10:00AM Door to Door Mobil Cart 10:30AM Water Break 10:45AM Hangman 11:30AM Bistro Action Station (B) 2:00PM Name that Tune 3:00PM Mindful Relaxation 4:15PM Prep for Dinner 6:00PM Snapshot Basket	30 9:30AM Daily Chronicles 10:00AM Sit and Be Fit 10:30AM Walter Break 10:45AM Charades 1:30PM Afternoon Stroll Around Story Point 2:00PM Halloween Party 3:00PM Trivia Friday 4:15PM Prep for Dinner 6:00PM Mindful Relaxation	31 Halloween 9:30AM Daily Chronicles 10:00AM Seated Chair Exercise 10:30AM Walter Break 10:45AM Noodle Ball 1:30PM Reminisce - Halloween Traditions 2:00PM Crafty Concoctions 3:00PM Halloween Matinee and Popcorn 4:15PM Prep for Dinner 6:00PM Mindful Serenity