StoryPoint White Bear Lake
Independent Living

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Savings Time 1 All Day Open Gym 9:00 Community of Grace Lutheran Church Live Stream (CR) 10:30 Walking Club (Lobby) 11:00 Eagle Brook Church Service Live Stream (CR) 1:30 Movie Mantinee (CR) 6:00 Table Games (CA)	2 All Day Open Gym 9:30 Power Up Morning Exercise (WBS) 10:00 Monday Morning Chat with Linda (Cafe) 11:00 Pendant Clinic (Cafe) 1:00 White Bear Lake Downtown Shuttle (O) (Signups required) 2:00 "Did You Know?' Bites of Knowledge (Cafe) 2:00 Mahjong (WBS) 3:00 Phase 10 Card Game (CA) 6:00 Rummikub (CA)	**Voting Day** 3 All Day Open Gym 9:30 Cardio Drumming (WBS) 10:00 Coffee and Conversations (Cafe) 10:00-11:00 Open Shuttle to Vote (will leave at 10 and 10:30) (O) 11:00 LSVT BIG Therapy Exercise Class (WBS) 2:00 Social Hour Pub) 3:00 Four Kings in a Corner and Bridge Intro Play (All levels plus interested learners) (CA)	4 All Day Open Gym 8:30 Coffee with Rachel (Cafe) 9:30 Chair Dancing (WBS) 10:00 Ladies Bible Study with Kathy Johnson: Background on Christ's Birth (Apt 112) (PDR) 2:00 Musical Guests: Liya (Violin) (Cafe) 3:30 Dominoes: Mexican Train, Wild Fire, or Triamos (CA) 6:00 Jims Movie Night (CR)	5 All Day Open Gym (WBS) 8:30 Breakfast Social Club (Cafe) 9:30 NewTrax Shopping Loop Outing (O) 10:00 Protestant Church (CR) 2:00 Catholic Service(CR) 3:00 500 Card Game (CA) 6:00 Dessert Social (Cafe)	6 All Day Open Gym 9:30 Mindful Movements Exercise Class (WBS) 10:15 Color Me Happy: Nail Polish Change (Cafe) (Signup required) 1:00 Motivated Minds Educational Hour:Drawn to Yellowstone — PBS Documentary (CR) 2:00 Coffee Social (Cafe) 3:00 Birthday Bingo (Cafe)	7 All Day Open Gym 2:00 Resident Choice Cards (CA) 6:00 Resident Wine Hour (Cafe)
8 All Day Open Gym 9:00 Community of Grace Lutheran Church Live Stream (CR) 10:30 Walking Club (Lobby) 11:00 Eagle Brook Church Service Live Stream (CR) 1:30 Movie Mantinee (CR) 6:00 Table Games (CA)	9 All Day Open Gym 9:30 Morning Exercise Video (WBS) 10:00 Monday Morning Chat with Linda (Cafe) 11:00 Billing Questions with Taylor (Cafe) 2:00 "Did You Know?' Bites of Knowledge (Cafe) 2:00 Mahjong (WBS) 3:00 Phase 10 Card Game (CA) 6:00 Rummikub (CA)	10 All Day Open Gym 9:30 Cardio Drumming (WBS) 10:00 Coffee and Conversations (Cafe) 11:00 LSVT BIG Therapy Exercise Class (WBS) 2:00 Social Hour Pub) 3:00 Four Kings in a Corner and Bridge Intro Play (All levels plus interested learners) (CA)	**Veteran's Day** 11 All Day Open Gym 9:30 Chair Dancing (WBS) 10:00 Ladies Bible Study with Kathy Johnson: Angels (Apt 112) (PDR) 11:30-1:00pm Veteran's Day Lunch 1:00pm Veteran's Day Program (Cafe) 2:00 Veteran's Day Musical Guests: Tom Janochoski (Cafe) 3:30 Dominoes: Mexican Train, Wild Fire, or Triamos (CA) 6:00 Jims Movie Night (CR)	12 All Day Open Gym (WBS) 9:30 NewTrax Shopping Loop Outing (O) 10:00 Protestant Church (CR) 1:00 Book Review Club (L/2L) 2:00 Catholic Service(CR) 3:00 500 Card Game (CA) 3:00 Cooking Class with Anthony and Courtney: Pumpkin Curry 6:00 Dessert Social (Cafe)	13 All Day Open Gym 9:30 Mindful Movements Exercise Class (WBS) 10:15 Hand Massages (Cafe) 1:00 Resident Council Meeting (PDR) 1:00 Motivated Minds Educational Hour: A World of Art: The Metropolitan Museum of Art (CR) 2:00 Coffee Social (Cafe) 3:00 Bingo (Cafe)	14 All Day Open Gym 9:30 Yoga with Laura (WBS) 2:00 500 Card Club (Pub) 2:00 Resident Choice Cards (CA) 6:00 Resident Wine Hour (Cafe)

Calender Key:

PDR- Private Dining Room
CR- Community Room
P – Patio
WBS- Wellbeing Studio
CA- Creative Arts Room
L/2L- Library/ 2nd Lobby
OS- Outing with Staff
O- Outing without Staff

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 All Day Open Gym 9:00 Community of Grace Lutheran Church Live Stream (CR) 10:30 Walking Club (Lobby) 11:00 Eagle Brook Church Service Live Stream (CR) 1:30 Movie Mantinee (CR) 6:00 Table Games (CA)	**16** All Day Open Gym 9:30 Power Up Morning Exercise (WBS) 10:00 Monday Morning Chat with Linda (Cafe) 2:00 "Did You Know?' Bites of Knowledge (Cafe) 2:00 Mahjong (WBS) 3:00 Phase 10 Card Game (CA) 6:00 Rummikub (CA)	**17** All Day Open Gym 9:30 Cardio Drumming (WBS) 10:00 Coffee and Conversations (Cafe) 11:00 LSVT BIG Therapy Exercise Class (WBS) 2:00 Social Hour Pub) 3:00 Four Kings in a Corner and Bridge Intro Play (All levels plus interested learners) (CA)	**18** All Day Open Gym 8:30 Coffee with Rachel (Cafe) 9:30 Chair Dancing (WBS) 10:00 Ladies Bible Study w/ Kathy: Sheperds (PDR) 11:00am Men's Lunch (OS) (Signup Required) 2:00 Musical Guests: Michael Riddle (Cafe) 3:30 Dominoes: Mexican Train or Triamos (CA) 6:00 Jims Movie Night (CR)	**19** All Day Open Gym (WBS) 8:30 Bfast Social (Cafe) 9:30 NewTrax Shopping Loop Outing (O) 10:00 Protestant Church (CR) 11:00am Women's Lunch (OS) (Signup Required) 1:00 Community Ambassadors (CR) 2:00 Catholic Service(CR) 3:00 500 Cards (CA) 6:00 Dessert Social (Cafe)	**20** All Day Open Gym 9:30 Mindful Movements Exercise Class (WBS) 10:15 Nail Polish Change (Cafe) (Signup required) 11:00 Resident Meeting (CR) 11:30 Blood pressure Checks with Katie (CR) 1:00 Motivated Minds: see below (CR) 1:00 Resident Council (PDR) 2:00 Coffee Social (Cafe) 3:00 Bingo (Cafe)	**21** All Day Open Gym 9:30 Yoga with Laura (WBS) 2:00 Resident Choice Cards (CA) 6:00 Resident Wine Hour (Cafe)
22 All Day Open Gym 9:00 Community of Grace Lutheran Church Live Stream (CR) 10:30 Walking Club (Lobby) 11:00 Eagle Brook Church Service Live Stream (CR) 1:30 Movie Mantinee (CR) 6:00 Table Games (CA)	**23** All Day Open Gym 9:30 Power Up Morning Exercise (WBS) 10:00 Monday Morning Chat with Linda (Cafe) 2:00 "Did You Know?' Bites of Knowledge (Cafe) 2:00 Mahjong (WBS) 3:00 Phase 10 Card Game (CA) 6:00 Rummikub (CA)	**24** All Day Open Gym 9:30 Cardio Drumming (WBS) 10:00 Coffee and Conversations (Cafe) 11:00 LSVT BIG Therapy Exercise Class (WBS) 3:00 Four Kings in a Corner and Bridge Intro Play (All levels plus interested learners) (CA) 6:00pm Pie Social (Pub/ DR)(Signup required)	**25** All Day Open Gym 9:30 Chair Dancing (WBS) 10:00 Ladies Bible Study with Kathy Johnson: InnKeeper (Apt 112) (PDR) 3:30 Dominoes: Mexican Train, Wild Fire, or Triamos (CA)	**26** Thanksgiving Day Dining Room: Open for Breakfast and Lunch Closed for Dinner: Signup for Box Dinners at the Concierge Desk Concierge Desk: Open 8:00-4:00	**27** All Day Open Gym 9:30 Mindful Movements Exercise Class (WBS) 10:15 Hand Massages (Cafe) 1:00 Motivated Minds Educational Hour: The Rise & Fall of the Colosseum (CR) 2:00 Coffee Social (Cafe) 3:00 Bingo (Cafe)	**28** All Day Open Gym 9:30 Yoga with Laura (WBS) 2:00 Resident Choice Cards (CA) 6:00 Resident Wine Hour (Cafe)
29 All Day Open Gym 9:00 Community of Grace Lutheran Church Live Stream (CR) 10:30 Walking Club (Lobby) 11:00 Eagle Brook Church Service Live Stream (CR) 1:30 Movie Mantinee (CR) 6:00 Table Games (CA)	**30** All Day Open Gym 9:30 Power Up Morning Exercise (WBS) 10:00 Monday Morning Chat with Linda (Cafe) 2:00 "Did You Know?' Bites of Knowledge (Cafe) 2:00 Mahjong (WBS) 3:00 Phase 10 Card Game (CA) 6:00 Rummikub (CA)				11/20: 1:00 Motivated Minds Educational Hour: Thanksgiving: Celebrating the History and Traditions with Dave Stotts (CR)	

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