Independence Village of White Lake

Independent Living | Enhanced Living

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Noodlecise & Weights (GP) 12:30 Mass & Communion-St. Pat's (GP) 1:00 Lions -VS- Vikings (C) 1:30 UNO Card Game (C) 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L)	**2** 10:15 Daily Devotion (L) 10:30 Massage with Annie-by appt. (CR) 11:00 Moving Your Body with Ruth (GP) 1:00 Confession with Fr. Socorro (DR) 1:30 Mass & Communion (GP)1 With Fr. Socorro 2:30 Activity and Calendar Review (L) 3:00 Rummikub (GP)	**3** 11:00 Theraband w/PowerBack (GP) 12:00 Bird Watching with Olive (FL) 1:00 Wii Bowling (GP) 1:00 Blood Pressure Check (L) 2:00 Cardio Drumming (GP) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	**4** 10:00 Mindful Meditation (L) 10:30-1:00 Mobility City (C) Wheelchair/Walker Repair 11:00 Sit and Be Fit (GP) 1:00 Military Memories Cafe (GP) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	**5** 9:00-12:00 Foot Care (GP) 10:15 Daily Devotion (L) 11:00 Exercise w/PowerBack PT (GP) 1:00 Yahtzee (GP) 2:00 Chef Chat (C) 3:30 Happy Hour w/D&A Duo (C) 6:00 Bunco (GP)	**6** 10:00 Mindful Meditation (L) 11:00 Noodlecise (GP) 11:30 Lunch at Deer Lake Inn (S) 1:00 Chair Volleyball (C) 2:15 Warm Cider (C) 3:00 Audio Book Lounge (DR) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	**7** 11:00 Weight Workout (GP) 12:30 UofM -vs- MSU (GP) Watch Party 2:00 Movie Madness (Theatre) Voicemails for Isabelle 2:30 Left, Right, Center Dice (C) 2:30 Euchre Club (C)
8 11:00 Noodlecise & Weights (GP) 12:30 Mass & Communion-St. Pat's (GP) 1:00 Lions -VS- Dolphins (C) 1:30 Puzzles with Sydney (L) 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L)	**9** 9:00-3:00 Dermatology (MR) 10:15 Daily Devotion (L) 10:30 Massage with Annie-by appt. (CR) 10:30 Color Ride to Kensington (S) 11:00 Morning Stretch with Kat (GP) 12:30 AM Vets, Ceremony (C) 1:30 Prayer & Communion-St. Pat's (GP) 2:00 Audio Book Lounge (DR) 3:00 Rummikub (GP)	**10** 11:00 Theraband w/PowerBack (GP) 12:00 Bird Watching with Olive (FL) 1:00 Cooking Club (C) 1:00 Blood Pressure Check (L) 2:00 Cardio Drumming (GP) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	**Veterans Day** **11** 10:00 Mindful Meditation (L) 11:00 Protestant Service (GP) 12:00 Tech Talk with Maria (L) 12:30 Sit and Be Fit (GP) 1:30 Bingo (GP) 3:00 Rosary with St. Pat's (GP) 3:30 Happy Hour with Jerry (C) 6:00 Euchre Club (GP)	**12** 10:15 Daily Devotion (L) 11:00 Exercise w/PowerBack PT (GP) 1:00 Therapy Mgt. For Cronic (L) Conditions with PowerBack 2:00 Left, Right, Center Dice (GP) 2:30 Longway Planetarium (S) Ciao Italian Bistro-Dinner 3:30 Cheese & Cracker Social (C) 6:00 Pinochle (GP)	**13** 10:00 Mindful Meditation (L) 11:00 Noodlecise (GP) 11:30 Shopping at Kroger (S) 1:00 Chair Volleyball (C) 2:15 Coffee Bar (C) 3:00 Audio Book Lounge (DR) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	**14** 11:00 Weight Workout (GP) 12:30 Daily Cronicles (L) 1:30 Men's Coffee, Chat & Cookies (C) 2:30 Movie Madness (Theatre) Song Sung Blue 2:30 Euchre Club (C) 3:00 Nickles Game (GP)
Brunch **15** 11:00 Walking Exercise (FL) 11:30 Brunch-Residents Only (EDR, MDR) 12:00 Brunch-Residents and Guests (MDR) 2:30 UNO Card Game (L) 6:00 Mexican Train Dominoes (L)	**16** 10:15 Daily Devotion (L) 10:30 Massage with Annie-by appt. (CR) 11:00 Moving Your Body with David (GP) 12:30 Culinary Showcase (GP) 1:30 Prayer & Communion-St. Pat's (GP) 2:00 Shopping at Meijer (S) 2:00 Audio Book Club (DR) 3:00 Card Bingo (GP)	**17** 11:00 Theraband w/PowerBack (GP) 11:45 Make & Take Bagel Pizza (GP) 12:00 Bird Watching with Olive (FL) 1:00 Blood Pressure Check (L) 2:00 Turkey Olympics (GP) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (CA) 6:00 Chicken Foot Dominoes (FL)	**18** 8:30-9:30 Omelet Breakfast (MDR) 10:00 Mindful Meditation (L) 11:00 Protestant Service (GP) 12:30 Sit and Be Fit (GP) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	**19** 10:15 Daily Devotion (L) 11:00 Exercise w/Powerback PT (GP) 11:15 Lunch at Lions Den (S) 1:00 Wii Bowling (GP) 2:30 Senior Scams Presentation (GP) Forum 3:30 Happy Hour with Scott (C) 4:00 Hearing Care (L) 6:00 Bunco (GP)	**20** 10:00 Mindful Meditation (L) 11:00 Noodlecise (GP) 1:00 Chair Volleyball (C) 2:15 Hot Cocoa (C) 2:45 Traveling Cart-Hot Cocoa 3:00 Reminiscing with Stephanie (L) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	**21** 11:00 Weight Workout (GP) 12:30 Daily Chronicles (FL) 1:30 Men's Coffee, Chat & Cookies(C) 2:00 Movie Madness (Theatre) The Children's Train 2:30 Euchre Club (C) 3:00 Freestyle Painting (GP)
22 11:00 Noodlecise & Weights (GP) 12:30 Mass & Communion-St. Pat's (GP) 1:00 Lions -VS- Tampa Bay (C) 1:30 Puzzle with Sydney (L) 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L)	**23** 10:15 Daily Devotion (L) 10:30 Massage with Annie-by appt. (CR) 11:00 Morning Stretch with Kat (GP) 1:00 Craft & Carry (C) Bring a teacup and saucer 1:30 Prayer & Communion-St. Pat's (GP) 2:00 Shopping at Walmart (S) 3:00 Card Bingo (GP)	**24** 11:00 Therabandw/PowerBack (C) 12:00 Friendsgiving (GP) 1:00 Blood Pressure Check (L) 3:30 Happy Hour with Christine (C) Celebrate Birthdays and New Residents 5:30 Therapy Dog Visit (CA) 6:00 Chicken Foot Dominoes (FL)	**25** 10:00 Mindful Meditation (L) 11:00 Sit and Be Fit (C) 1:30 Turkey Trott (CA) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP)	**Happy Thanksgiving** **26** 9:00 Parade, PJ's & Pastries (GP) 11:00 Exercise with Activities (GP) 11:30 Early Dinner (EDR) 12:00 Early Dinner (MDR) 1:00 Lions-VS-Bears (GP) 3:00 Thanksgiving Packet (Reception)	**27** 10:00 Mindful Meditation (L) 11:00 Noodlecise (GP) 11:30 Early Dinner (EDR) 12:00 Early Dinner (MDR) 2:00 Chair Volleyball (C) 3:30 Audio Book Lounge (DR) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	**28** 11:00 Weight Workout (GP) 12:30 Daily Chronicles (FL) 1:30 Men's Coffee, Chat & Cookies (C) 2:00 Movie Madness (Theatre) Somethings Gotta Give 2:30 Euchre Club (C) 3:00 Nickles Game (GP)
29 11:00 Noodlecise & Weights (GP) 12:30 Mass & Communion-St. Pat's (GP) 1:00 UNO Card Game (L) 2:00 Entertainment with Kevin (C) 6:00 Mexican Train Dominoes (L)	**30** 10:15 Daily Devotion (L) 10:30 Massage with Annie-by appt. (CR) 11:00 Moving Your Body with Ruth (GP) 12:30 Virtual Tours of Michigan (GP) Lighthouses 1:30 Prayer & Communion-St. Pats (GP) 3:00 Rummikub (GP)					

Calender Key:

D – Den
C – Café
GP – Gathering Place
MDR – Main Dining Room
EDR – Enhanced Dining
PDR – Private Dining Room
3F – Third Floor
FL – Front Lobby
TC– Traveling Cart
CA – Common Areas
CR – Craft Room
MR – Massage Room
MC – Main Courtyard
EC – Enhanced Courtyard
2F – Second Floor
DR – Discovery Room
S – Shuttle
L– Library

Independence Village SENIOR LIVING