StoryPoint Cedar Falls

Memory Care

November

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Good Morning meeting 10:45 Trinity Lutheran Church (Youtube) 1:00 Conversation Toss 2:30 Letters to Veterans 5:00 Aroma Therapy & Relaxation	**2** 10:00 Good Morning Gathering 10:45 Music Therapy With West Music 2:00 Historical Society Educational Talk - CR 4:00 Catholic Communion - CR 5:30 Fancy Nails	**3** 10:30 Good Morning Gathering 11:00 Walking Club 1:00 Resident Choice Movie & Mobile Cart 5:30 Birthday Card Signing	**4** 10:00 Exercise with EmpowerMe - CR 10:30 Good Morning Gathering 1:45 Rolling Bus Trip (Group A & B) 5:30 Pop Shop & Social	**5** 9:30 Rise & Shine with Donuts! - B 1:30 Bingo 2:30 December Planning Meeting with Tammy 5:30 Resident Choice Night 7:00 IA vs Eastern Illinois Watch Party (Big10)	**6** 10:00 Exercises with EmpowerMe - CR 10:30 Good Morning Gathering 2:00 Live music with John - DR 5:30 The Breadwinner (Netflix)	**7** 10:30 Good Morning Gathering 11:00 Noodle Ball 1:00 Coloring Corner 2:30 Turkey Hunt 5:30 The 24th (Netflix)
8 10:00 Good Morning meeting 10:45 Trinity Lutheran Church (Youtube) 1:00 Walking Club 2:30 Puzzles, Games 5:00 Hand Massages	**9** 10:30Good Morning Gathering 11:00 Walking 2:30 Sweater Weather Excursion (Group A) 4:00 Catholic Communion - CR 5:30 Fancy Nails	**10** 10:30 Good Morning Gathering 1:00 Fall Photo's - CR 2:00 Nazareth Lutheran Church - CR 5:30 Guess That Tune	**11** 10:00 Exercise with EmpowerMe - CR 11:00 Veterans Day Ceremony & Pinning - CR 1:00 Live Music with Tom Hofer - DR 5:30 Board Games & Mocktails	**12** 10:00 Good Morning Gathering 10:30 Chair VolleyBall - CR 1:30 Bingo 3:00 Sweater Weather Excursion(Group B) 5:00 Bird Watching	**13** 10:00 Exercises with EmpowerMe - CR 10:30 Good Morning Gathering 1:00 Pet Therapy 2:00 Happy Hour with Live Music Senior Discount - DR 5:00 Category Call Out Game	**14** 10:30 Good Morning Gathering 11:00 Walking Club 2:00 Live Music with Chet & Mandy - DR 5:30 Bingo Night
15 10:00 Good Morning meeting 10:45 Trinity Lutheran Church (Youtube) 1:00 Fancy Nails with Care Partners 2:30 Thankful for you card craft 5:30 Resident Choice Game Night	**16** 10:00 Good Morning Gathering 10:45 Music Therapy with West Music 1:00 Butter Making 4:00 Catholic Communion - CR 5:30 What Would You Do Game	**17** 10:00 Good Morning Gathering 11:00 Noodle Ball 1:00 Social Profiles with Sara & Tammy 2:00 Live Music with Dave - DR 5:30 Table Arrangements	**18** 9:45 Festival Of Trees Outing (Group A & B) 11:00 Good Morning Gathering 2:00 Live Music with Linda J 4:30 Family Fun Night Dinner & Holiday Decorating	**19** 10:00 Good Morning Gathering 10:30 Falling For Volleyball - CR 1:30 B-I-N-G-O 3:00 Small-Town Sights & Smiles(Group A & B) 5:00 Aromatherapy & Relaxation	**20** 10:00 Exercises with EmpowerMe - CR 10:30 Good Morning Gathering 1:00 Social Profiles with Sara & Tammy 2:00 Live Music with Midnight Rider 5:30 Popcorn Bar & Movie Night	**21** 10:30 Good Morning Gathering & Ball Toss 1:00 Axe Throwing 2:30 Afternoon Coloring & Relaxation 5:30 13 going on 30
22 10:00 Good Morning meeting 10:45 Trinity Lutheran Church (Youtube) 1:00 Walking Club 2:00 Bean Bag Toss 5:30 Yahtzee	**23** 10:00 Hartman Reserve Educational Talk - CR 11:00 Good Morning Gathering 2:30 Gobble & Go (Group A & B) 4:00 Catholic Communion - CR 5:30 Fancy Nails	**24** 10:30 Good Morning Gathering 11:00 Seated Exercise 2:00 Live Music with Barefoot Becky - DR 5:30 Hot Chocolate Social	**25** 10:00 Exercise with EmpowerMe - CR 10:30 Good Morning Gathering 1:30 Blood Pressure Clicic - CR 2:00 Live Music With John 5:30 Evening Winddown Social	**Thanksgiving** **26** 7:30 Macys Day Parade (NBC) 10:30 Good Morning Gathering 11:30 Thanksgiving Luncheon 1:30 Turkey Bingo 5:30 Would you Rather Thanksgiving Edition	**27** 10:00 Exercises with EmpowerMe - CR 10:30 Good Morning Gathering 1:00 Pet Therapy 2:00 Live Music with Linda J - DR 5:30 Lets Tell a Joke Night	**28** 10:30 Good Morning Gathering 11:00 Seated Stretchs & Walking 1:00 Noodle Ball 2:30 Cookie Decorating 5:30 Resident Choice Night
29 10:00 Good Morning meeting 10:45 Trinity Lutheran Church (Youtube) 11:00 Walking Club 2:30 Fancy Nails 5:30 December Birthday Card Signing	**30** 10:30 Good Morning Gathering 11:00 Seated Exercises with Sara 2:30 Scenic Drive Around Town (Group A) 4:00 Catholic Communion with Rita - CR 5:30 New Calendar Delivery					

Calender Key:

B - Bistro

CR - Connection Room

DR - Dining Room

StoryPoint Senior Living