StoryPoint Abbot Park

Memory Care

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Savings Time 1 10:00 Streaming Peoples Church 10:30 How It's Made 12:30 Afternoon Exercise 2:00 Arm Chair Travels 3:00 Music & Reminisce 3:30 Lets Talk 5:30 Movie	**2** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Lets Talk / Commuion 12:30 Ring Toss 1:30 Word Games 2:00 Share & Shine 3:00 Snack Activity Bingo 5:30 Movie 6:00 Music & Manicures	**3** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Cardio Drumming 1:30 Fall Color Tour In Michigan 3:00 Shop The Store 5:30 Movie 6:00 Lotion & Hand Massages	**National Candy Day 4** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Putt Putt Golf 1:30 Lotion Hand Massages 2:00 Word Games 3:00 Chocolate Social 5:30 Movie 6:00 Music & Manicures	**Donut Day 5** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Donut Coloring 1:30 How Donuts Are Made 1:30 Bus Outing Ride Along 3:30 Coffee Hour W/ Donuts 5:30 Movie 6:00 Lotion & Hand Massages	**6** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Word Games 1:30 Lotion & Hand Massages 2:00 Dance Party 3:00 Happy Hour 5:30 Movie W/ Popcorn 6:00 Music & Manicures	**U of M VS MSU 7** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Comedy Hour 12:30 Music & Manicures 1:30 Lotion & Hand Massages 2:00 Let's Talk 5:30 Movie
8 10:00 Streaming Peoples Church 10:30 Comedy Hour 12:30 Afternoon Exercise 2:00 Arm Chair Travels 3:00 Music & Reminisce 3:30 Lets Talk 5:30 Movie	**9** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Lets Talk 12:30 Ring Toss Game 1:30 Riddle Riddle 2:00 Leaf Color Art 3:00 Snack Activity Bingo 5:30 Movie 6:00 Music & Manicures	**10** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Chair Noodle Volleyball 1:30 Fall Color Tour In Michigan 2:00 Fox Exercise W/ Maddie 3:00 Shop The Store 5:30 Movie 6:00 Lotion & Hand Massages	**Veterans Day 11** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Lotion & Hand Massage 1:30 Triva Time 2:00 Vetrans Ceremony 3:00 Share & Shine 5:30 Movie 6:00 Music & Manicures	**12** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Word Games 2:00 Bean Bag Toss Game 3:30 Coffee Hour 5:30 Movie 6:00 Lotion & Hand Massages	**World Kindness Day 13** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Flip & Count 1:30 Lotion & Hand Massages 2:00 Dance Party 3:00 Happy Hour 5:30 Movie W/ Popcorn 6:00 Music & Manicures	**14** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Music & Reminisce 12:30 Puzzles 1:30 Lotion & Hand Massages 2:00 Bowling Fun! 3:00 Let's Talk 5:30 Movie
15 10:00 Streaming Peoples Church 10:30 Music & Reminisce 12:30 Afternoon Exercise 2:00 Arm Chair Travels 3:00 Music & Reminisce 3:30 Lets Talk 5:30 Movie	**16** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Lets Talk / Communion 12:30 Ring Toss 1:30 Community Counicl 2:00 Share & Shine 3:00 Snack Activity Bingo 5:30 Movie 6:00 Music & Manicures	**17** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Parchette Fun 1:30 Toss Colors 2:00 Fall Color Art 3:00 Shop The Store 5:30 Movie 6:00 Lotion & Hand Massages	**Princess Day 18** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:30 Birthday Monthly Clebration 12:30 Puzzle Time 2:00 Music W/ Marty Monthy Birthday 3:30 Let's Talk 5:30 Movie 6:00 Music & Manicures	**19** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Word Games 1:30 Bus Outing Ride Along 3:30 Coffee Hour 5:30 Movie 6:00 Lotion & Hand Massages	**20** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Riddle Riddle 1:30 Lotion & Hand Massages 2:00 Dance Party 3:00 Happy Hour 5:30 Movie W/ Popcorn 6:00 Music & Manicures	**21** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Comedy Hour 12:30 Music & Manicures 1:30 Lotion & Hand Massages 2:00 Let's Talk 3:00 Arm Chair Travels 5:30 Movie
22 10:00 Streaming Peoples Church 10:30 How It's Made 11:00 Thanksgiving Luncheon 12:30 Afternoon Exercise 2:00 Arm Chair Travels 3:00 Music & Reminisce 3:30 Lets Talk 5:30 Movie	**23** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Lets Talk 12:30 Bowling Fun 1:30 Word Games 2:00 Putt Putt Golf 3:00 Snack Activity Bingo 5:30 Movie 6:00 Music & Manicures	**24** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Chair Noodle Volleyball 1:30 Riddle Riddle 2:00 Fox Exercise W/Maddie 3:00 Shop The Store 5:30 Movie 6:00 Lotion & Hand Massage	**25** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Ring Toss 1:30 Lotion & Hand Massages 2:00 Putt Putt Golf 3:00 Water Color Painting 5:30 Movie 6:00 Music & Manicures	**Happy Thanksgiving 26** 11:00 Arm Chair Travels Thanksgiving 12:30 Thanksgiving Coloring 2:00 Let's Talk Thanksgiving 5:30 Movie	**27** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Let's Talk 12:30 Triva Time 1:30 Lotion & Hand Massages 2:00 Dance Party 3:00 Happy Hour 5:30 Movie W/ Popcorn 6:00 Music & Manicures	**28** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Music & Reminisce 12:30 Puzzles 1:30 Lotion & Hand Massages 2:00 Let's Talk 3:00 Parachute Fun 5:30 Movie
29 10:00 Streaming Peoples Church 10:30 How It's Made 12:30 Afternoon Exercise 2:00 Arm Chair Travels 3:00 Music & Reminisce 3:30 Lets Talk 5:30 Movie	**30** 10:00 Music & Mov. Walking 10:30 Morning Exercises 11:00 Lets Talk / Communion 12:30 Watercolor Painting 1:30 Hand Lotion & Massages 2:00 Cooking Demo W/ Ashlea 3:00 Snack Activity Bingo 5:30 Movie 6:00 Music & Manicures					

StoryPoint Senior Living