StoryPoint-Urbandale
Residential Care Community

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Savings Ends 1 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Church w. Spiritual Eldercare 2p November Gazette 3:30p Balloon Ball 6p Documentary and Discussion	2 10a Exercise w. Power Back 11a Resident Council 2p Happy Birthday South Dakota! 3:30p Virtual Tour of Mount Rushmore 6p Monday Night Feature w. Popcorn	3 10a Prayer Service w. St. Pius Catholic Church 11a December Calendar Planning Committee 2p Guess the Aircraft 3:30p Hymns w. Karin 6p Little House on the Prairie-Audio Book	4 10a Wednesday Workout 10:30a Country Drive/ History of Model Planes 2p Country Drive/Decorate Balsa Wood Planes 3:30p Balsa Wood Plane Races 6p Wednesday Westerns	5 10a Beach Volleyball 11a Junk Drawer Detective 2:15p Music Therapy w. Amanda 3:30p Paper Poppies 6p Bob Ross and Watercolors	**Hoops Day** 6 10a Shootin' Hoops 11a Kitchen Cadets- Basketball Rice Krispies 2p Basketball Trivia 3:30p All About Caitlin Clark 6p Hand Massages and The News from Lake Wobegon	7 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Postcard Puzzles 2p Fancy Fingers 3:30p STF Paranormal Presentation (Rescheduled) 6p Coloring Meditation
8 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Church w. Spiritual Eldercare 2p Autumn Watercolor Paint by Number 3:30p Aviation Mysteries 6p Documentary and Discussion	**Diwali** 9 10a Exercise w. Power Back 11a History of Diwali 2p Classical Dance of India 3:30p Rangoli Art 6p Monday Night Feature w. Popcorn	10 10a Music w. Dave and Belle 11a What Am I? 2p God and Goddess Professional Photos w. Callie Tuggle Photography 6p Little House on the Prairie-Audio Book	**Veterans' Day** 11 10a Story Corner w. Kidz Corner Daycare 11a A Veterans' Day Discussion 2p Write the Word 3p Veterans' Day Program with VFW #663 and Hospice of the Midwest 6p Wednesday Westerns	**Mustache Day** 12 10a Balloon Ball 11a DIY Mustache Snacks 2p Build a Beard 3:30p Famous Beards and Mustaches 6p Bob Ross and Watercolors	**National Pickle Day** 13 10a Friday Fitness 11a Kitchen Cadets- Pickle Pinwheels 2p Adventures in Social Drumming 3:30p Pickle Tasting 6p Hand Massages and The News from Lake Wobegon	**World Kindness Day** 14 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Color and Create Flower Bouquets 2p Deliever Kindess Bouquets and Random Acts of Kindness 3:30p Fancy Fingers 6p Coloring Meditation
15 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Church w. Spiritual Eldercare 2p Family Feud 3:30p Balloon Ball 6p Documentary and Discussion	**Happy Birthday Mickey Mouse!** 16 10a Exercise w. Powerback Therapy 11a DIY Mickey Mouse Ears 2p The History of Minnie and Mickey Mouse 3:30p Pin the Ears on the Mouse 6p Monday Night Feature w. Popcorn	**Homemade Bread and Butter Day** 17 10a Seated Zumba 11a Kitchen Cadets-Homemade Bread 2p Church w. Jerry 3:30p Homemade Butter Demonstration 6p Little House on the Prairie-Audio Book	**Dutch Heritage Day** 18 10a Exercise w. Power Back 11a Travelouge-Netherlands 2p History of Tulip Time 3:30p Dala Horse Ornament 6p Wednesday Westerns	**Prince and Princess Day** 19 10a Beach Volleyball 11a Pampering Royalty: Facials and Hand Massages 2:15p Music Therapy w. Amanda 3:30p Movies and the Stars: Grace Kelly 6p Bob Ross and Watercolors	**A Preposterous, Silly, Kooky Day** 20 10a Friday Fitness 11a Have You Ever? 2p Kitchen Cadets-Silly Face Pancakes 3p Social Hour w. Kim Willer 6p Hand Massages and The News from Lake Wobegon	21 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Dehydrating Oranges 2p Remembering the Golden Age of Air Travel 3:30p Fancy Fingers 6p Coloring Meditation
22 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Church w. Spiritual Eldercare 2p Songs that Take Us to New Heights 3:30p Decorating Picture Frames 6p Documentary and Discussion	23 10a Exercise w. Power Back 11a Kitchen Cadets- Cream Cheese Mints 2p "I Am Grateful" Gratitude Tree 3:30p What Am I? - Thanksgiving Edition 6p Monday Night Feature w. Popcorn	24 10a Seated Zumba 11a Set-Up the Christmas Tree 2p Thanksgiving Jeopardy 3:30p Thanksgiving Placemats 6p Little House on the Prairie-Audio Book	**Family Thanksgiving Day!** 25 10a Wednesday Workout 11:30a-1:30p Family Thanksgiving Dinner 2p Worship w. Hospice of the Midwest 3:30p Stick Turkey Word Game 6p Wednesday Westerns	**Thanksgiving** 26 10a Turkey Trot 11a 30-Ball Bingo 2p Food Coma Football 3:30p Thanksgiving Feud 6p Bob Ross and Watercolors	27 10a Friday Fitness 11a Kitchen Cadets-Cream Cheese Tortilla Bites 2p Sharing Family Stories 3p November Birthday Party w. Vintage Cafe 6p Hand Massages and The News from Lake Wobegon	28 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Create Orange Garland 2p 20 Questions 3:30p Fancy Fingers 6p Coloring Meditation
29 9:30a News/Current Events 10a ElderCare Seated Exercises 11a Church w. Spiritual Eldercare 2p Thanksgiving Host Jokes 3:30p Balloon Ball 6p Documentary and Discussion	30 10a Exercise w. Power Back 11a Goodbye Fall Decor, Hello Christmas Decor! 2p Norman Rockwell and his "Freedom from Want" Painting 3:30p Gratitude Game 6p Monday Night Feature w. Popcorn		**Resident Birthdays** 4th - Danny L. 13th - Nancy M. 20th - Ellen S. 27th - Kenny W. 30th - Pat M.			

Outings dependant on weather

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StoryPoint™ Senior Living