Beò Chattanooga

Independent Living

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Savings 1 9:00 Coffee & Donuts (C) 9:30 Contemporary Livestream Church (AR) 9:30 Sunday School (CH) 10:30 Chapel Church (CH) 1:30 Christan Movie (TV) 3:00 Crafts w/Colleen (A) 6:00 Beo Hymn Singing (CH)	2 10:30 Memior Writting (PDR) 11:00 Cardio Drumming (G) 1:30 Chef Chat (A) 3:00 Bingo (AR) 4:00 Activity Meeting (A) 6:00 Board Games (AR)	3 10:00 Zumba (G) 11:00 Men's Devotions (CH) 1:00 Crocheting (AR) 2:30 Technology & Medicare Help (AR) 3:00 Beo Blanket Blessing (AR) 4:00 Name That Tune (A) 6:00 Bible Study (CH)	4 9:00 Walmart 11:00 Exercise (G) 1:30 Open Shuttle: Walmart, Pharmacy, Banks, Hair & Nails 1:30 Discover Your Roots (AR) 1:30 The Chosen (TV) 4:00 Happy Hour & Karaoke (A)	5 10:00 Movement Improvement Exercise (G) 10:00 Women's Devotions (CH) 11:00 Garden Club (GZ) 12:00 Ambassador Lunch (AR) 2:00 A Million Thanks (AR) 3:00 Bingo (AR) 4:00 Town Hall (A)	6 10:00 Exercise (G) 11:00 Jim & Nicks & Gabe's 11:00 Biography Video: Waylon & Willie (TV) 1:30 Bridge (C) 3:00 Beó's Royal Tea Affair (A) 4:00 Beo Backstories (A) 6:30 Movie Night (TV)	7 11:00 Exercise (G) 1:30 Bridge (C) 1:30 Veronica's DIY (AR) 3:00 Bingo (AR) 4:00 Puzzle Party (AR) 6:30 Movie Night (TV)
8 9:00 Coffee & Donuts (C) 9:30 Contemporary Livestream Church (AR) 9:30 Sunday School (CH) 10:30 Chapel Church (CH) 1:30 Christan Movie (TV) 3:00 Crafts w/Colleen (A) 6:00 Beo Hymn Singing (CH)	9 10:30 Memior Writting (PDR) 11:00 Cardio Drumming (G) 2:00 Wesley Crider Music (A) 3:00 Bingo (AR) 4:00 Brain Games (A) 6:30 Letters of Love (AR)	10 10:00 Zumba (G) 11:00 Steak & Shake & Hamericks 11:00 Men's Devotions (CH) 1:00 Crocheting (AR) 2:30 Technology & Medicare Help (AR) 4:00 Name That Tune (A) 6:00 Bible Study (CH)	Veteran's Day 11 9:00 Walmart 11:00 Exercise (G) 1:30 Open Shuttle: Walmart, Pharmacy, Banks, Hair & Nails 1:30 Veterans Day Program (A) 4:00 Happy Hour (A)	12 10:00 Movement Improvement Exercise (G) 10:00 Women's Devotions (CH) 11:00 Garden Club (GZ) 2:00 Ben Kerher Piano (A) 3:00 Bingo (AR) 4:00 Put-Put Golf (A)	13 10:00 Exercise (G) 11:00 Men's Lunch at Ford's Garage 11:00 Biography Video Patsy Cline (TV) 1:30 Bridge (A) 2:00 Quilt Show Until 5 (A) 6:30 Movie Night	14 11:00 Zumba (G) 1:30 Bridge (C) 1:30 Scavenger Hunt (A) 3:00 Bingo (AR) 4:00 Pj's & Pies Social (A) 6:30 Movie Night (TV)
9:00 Coffee & Donuts (C)15 9:30 Contemporary Livestream Church (AR) 9:30 Sunday School (CH) 10:30 Chapel Church (CH) 1:00 Cruise In (Parking Lot) 3:00 Crafts w/Colleen (A) 6:00 Beo Hymn Singing (CH)	16 10:30 Memior Writting (PDR) 11:00 Cardio Drumming (G) 1:30 Painting w/ Somer (AR) 3:00 Bingo (AR) 4:00 Beo Brain Boosters (A) 6:00 Barkey Bryant (A)	17 10:00 Zumba (G) 11:00 Men's Devotions (CH) 1:00 Crocheting (AR) 2:00 Rummage Sale (AR & A) 2:30 Technology & Medicare Help (PDR) 4:00 Name That Tune (A) 6:00 Bible Study (CH)	18 9:00 Walmart 11:00 Exercise (G) 1:30 Open Shuttle: Walmart, Pharmacy, Banks, Hair & Nails 2:00 Nature Animal Visit (A) 4:00 Happy Hour (A)	19 10:00 Movement Improvement Exercise (G) 10:00 Women's Devotions (CH) 11:00 Garden Club (GZ) 1:30 Trivia (A) 3:00 Bingo (AR) 4:00 Chair Volleyball (A) 6:00 Rummikub (AR)	20 10:00 Exercise (G) 11:00 Drakes's, Tj Maxx, Micheals, & Home Goods 11:00 Biography of Hank Williams (TV) 11:00 Beo Blanket Blessings (AR) 1:30 Bridge (C) :4:00 Name That Logo (AR) 6:30 Movie Night (TV)	21 11:00 Zumba (G) 1:30 Bridge (C) 1:30 Veronica's DIY (AR) 3:00 Bingo (AR) 4:00 Card Games (AR) 6:30 Movie Night (TV)
22 :9:00 Coffee & Donuts (C) 9:30 Contemporary Livestream Church (AR) 9:30 Sunday School (CH) 10:30 Chapel Church (CH) 1:30 Christan Movie (TV) 3:00 Crafts w/Colleen (A) 6:00 Beo Hymn Singing (CH)	23 10:30 Memior Writting (PDR) 11:00 Cardio Drumming (G) 1:30 Arm Chair Travel & Snacks (AR) 3:00 Bingo (AR) 4:00 Brain Games (A)	24 10:00 Zumba (G) 11:00 Men's Devotions (CH) 1:00 Crocheting (AR) 2:00 Alcholics Annonymous (PDR) 2:30 Technology & Medicare Help (AR) 4:00 Name That Tune (A) 6:00 Bible Study (CH)	25 9:00 Walmart 11:00 Exercise (G) 1:30 Open Shuttle: Walmart, Pharmacy, Banks, Hair & Nails 1:30 The Chosen (TV) 1:30 Jepoardy (AR) 4:00 Happy Hour (A)	Thanksgiving 26 8:30 Macy's Day Parade (TV) 12:30 Thanksgiving Football Game (PR) 1:30 Turkey Toss (A)	27 10:00 Exercise (AR) 11:00 Santi's Mexican Grill, Marshall, & Lane Bryant 11:00 1:30 Bridge (C) 1:30 Deck The Halls & Hot Cocoa (A) 2:00 Cooking w/ Sharon (AR) 4:00 Basket Bonanza (A) 6:30 Movie Night (TV)	28 11:00 Zumba (G) 1:30 Bridge (C) 1:30 Back in The Day (A) 3:00 Bingo (AR) 4:00 Cornhole (A) 6:30 Movie Night (TV)
9:00 Coffee & Donuts (C) 29 9:30 Contemporary Livestream Church (AR) 9:30 Sunday School (CH) 10:30 Chapel Church (CH) 1:30 Christan Movie (TV) 3:00 Crafts w/Colleen (A) 6:00 Beo Hymn Singing (CH)	30 10:30 Memior Writting (PDR) 11:00 Cardio Drumming (G) 2:00 November Birthdays & New Resident Welcome Party (A) 3:00 Bingo (AR) 4:00 Pictionary (A) 6:00 Philip Allen Gospel (A)		***We will be starting a canned food drive and a toy drive for those in need if you would like to donate all donations will go to Somer***	**Please let Somer know if you want to participate in Beo Blanket Blessing so we have enough material for everyone**	[Other]	[Other]

Calendar Key:

A – Atrium
C – Café
AR- Activity Room
FL- Front Lobby
FP- Fire Place
PR- Pool Table
PDR- Private Dinning Room
CH- Chapel
GZ- Gazebo
G- Gym
TV- Tv Room

BEÒ SENIOR LIVING