StoryPoint Altoona

Independent Living | Assisted Living

November

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 AM-Coffee & chat (AL & IL) 10:00 AM-Chair dancing (RL) (AL) 1:30-2:30 PM-Bingo (AL) 3:00 PM-Book club meet (L) 5:30 PM-Cards players club (RL)(L)	Rod Birthday 2 9:30 AM-Manicures (S) 10:30 AM-Table top pickle ball (L) 1:30 PM-Day of the Dead celebration (L) 3:30 PM-BBB practice (AL) 5:30 PM-Cards players club (RL) (L)	3 9:30-Chair exercise video (AL) 10:30 AM-Church service (FC) 1:00 PM-Tom H entertainment & HH (AL) 3:00 PM-Men's den: model cars & beverages (200 Hall end) 5:30 PM-Cards players club (RL) (L)	4 9:30 A-Bible study (L) 10:30 AM-FOX exercise class (AL) 1:00 PM-BBB away game 1:30-2:30 PM-Bingo (AL) 3:30 PM-Veterans social & stories (L) 5:30 PM-Cards players club (RL)(L) 6:00 PM-Bible study (IL) (RL)	5 9:30 AM-State historical building outing 10:30 AM-BBB practice (AL) 1:00 PM-Country store 1:30 PM-Bingo in IL (IL) 3:00 PM-IL Game night (IL) 5:30 PM-Cards players club (RL)(L)	6 10:30 AM-Ball drumming (AL) 1:30-2:30 PM-Harvest Bingo(AL) 3:00 PM-Mad gab & HH IL (IL) 5:30 PM-Cards players club (RL)(L)	7 9:30 AM-State fair flee market outing 8:30 AM-Coffee & word searches (AL & IL)(RL) 10:00 AM-Chair soccer (AL) 1:30-2:30 PM-Bingo (AL) 3:00-4:00 PM-Manicures (S)
Joyce Birthday 8 8:30 AM-Coffee & chat (AL & IL) 9:00 AM-Daily walk 10:00 AM-St. Croix church service (FC) 1:30-2:30 PM-Bingo (AL) 3:00 PM-Book club meet(L) 5:30 PM-Cards players club (RL) (L)	Dorithy Birthday 9 9:30 AM-Manicures (S) 10:30 AM-Balloon volleyball (AL) 1:00 PM-Activity planning meeting 3:00 PM-Bobby entertainment with Friendsgiving BirthdayHH (AL) 5:30 PM-Cards players club (RL) (L)	10 10:30 AM-Church service (FC) 1:30 PM-BBB Home game (AL) 3:45 PM-Community thankful tree (FC) 5:30 PM-Cards players club (RL)(L) 5:30 PM-IL Movie night (IL)	11 9:30 A-Bible study (L) 10:30 AM-FOX exercise class (AL) 1:30 PM-Veterans Ceremony (FC) 3:00 PM -Jake Schrodt entertainment (FC/AL) 5:30 PM-Cards players club (RL)(L) 6:00 PM-Bible study (IL)(RL)	V Birthday 12 10:00 AM-Country store 10:30 AM-BBB practice (AL) 1:00 PM-JC penny outing 1:30 PM-Bingo in IL (IL) 3:30 PM-5th Grade Pen pal program (L) 5:30 PM-Cards players club (RL)(L)	Carolyn Birthday 13 10:00 AM-Ball drumming (AL) 10:30 AM-Xmas tree project (AL) 1:30-2:30 PM-Red,white,blue Bingo (AL) 3:00 PM- Trivia HH IL (IL) Pickle mobile cart (D2D)-throughout the day 5:30 PM-Cards players club (RL)(L)	14 8:30 AM-Coffee & word searches (SL & AL) 10:00 AM-Sit n get fit exercises (AL)(SL) 1:30-2:30 PM-Bingo (AL) 3:00 PM-Pickle tasting (AL)
15 8:30 AM-Coffee & chat (AL & IL) 9:00 AM-Daily walk 10:00 AM-Play that tune with Alexa (AL) 1:30-2:30 PM-Bingo (AL) 3:00 PM-Book club meet (L) 5:30 PM-Cards players club (RL)(L)	Brenda Birthday 16 10:00 AM-Food forum/resident council (IL) 10:30 AM-Community walk 2:00 PM-Annikka entertainment & HH (AL) 3:30-Button art (AR) 5:30 PM-Cards players club (RL) (L)	17 9:30-Chair exercise video (AL 10:30 AM-Church service (AL) 12:45 PM-Baking bread & butter (AR) 2:00 PM-RC:AL (AL) 3:30 PM-BBB practice (AL) 5:30 PM-Cards players club (RL) (L)	9:30 A-Bible study (L) 18 10:30 AM-FOX exercise class (AL) 1:00 PM-BBB away game 1:30-2:30 PM-Bingo (AL) 5:30 PM-Cards players club (RL)(L) 6:00 PM-Bible study (IL)(RL)	19 9:30 AM-1/2 price books outing 10:30 AM-BBB practice (AL) 1:00 PM-Country store (AL) 1:30 PM-Bingo in IL (IL) 4:30-6:00 PMThanksgiving family dinner 5:30 PM-Cards players club (RL) (L)	Carine Birthday 20 10:30 AM-Ball drumming (AL) 1:30-2:30 PM-Pie Bingo (AL) 3:00 PM-Taboo & HH IL (IL) 5:30 PM-Cards players club (RL)(L)	21 8:30 AM-Coffee & word searches (SL)(AL) 10:00 AM-Chair soccer (AL) 1:30-2:30 PM-Bingo (AL) 3:00-4:00 PM-Manicures (S)
22 10:00 AM-Chair stretches (AL) 1:30-2:30 PM-Bingo (AL) 3:00 PM-Book club meet (L) 5:30 PM-Cards players club (RL)(L)	Norma Birthday 23 9:30 AM-Manicures (S) 10:30 AM-Balloon volleyball(AL) 1:00 Pm-Scam Bingo with Golden Concierge (IL) 3:00 PM-Eliana entertainment & HH (FC) 5:30 PM-Cards players club (RL) (L)	24 9:30-Chair exercise video (AL) 10:30 AM-Praire Meadows outing 10:30 AM-Church service (FC) 1:00 PM-I am thankful for video (AR) 2:00 PM-RC:IL (IL) 5:30 PM-Cards players club (RL)(L) 5:30 PM-IL Movie night (IL)	9:30 A-Bible study (L) 25 10:30 AM-FOX exercise class (AL) 1:30-2:30 PM-Bingo (AL) 3:30 PM-Turkey hunting (FC) 5:30 PM-Cards players club (RL)(L) 6:00 PM-Bible study (IL)(RL)	Thanksgiving & Pat H Birthday 26 Aniah Birthday 9:30 AM-Thanksgiving daily cronicle (AL) 10:30 AM-BBB practice (RL)(AL) 1:00 PM-Thankful for cards & share (RL)(L) 2:30 PM-Thanksgiving puzzles (AR) 3:30 PM-Turkey day trivia (SL) 5:30 PM-Cards players club (RL)(L)	10:30 AM-Ball drumming 27 (AL) 1:00 PM-Country store 1:30-2:30 PM-Thanksgiving Bingo (AL) 3:00 PM- HH IL- IL_ 5:30 PM-Cards players club (RL)(L)	28 8:30 AM-Coffee & word searches (AL & IL) 10:00 AM-BB toss (AL) 1:30-2:30 PM-Bingo (AL) 3:00-4:00 PM-Manicures (S)
29 10:00 AM-Morning stretches (SL)(AL) 1:30-2:30 PM-Bingo (AL) 3:00 PM-Book club meet (L) 5:30 PM-Cards players club (RL)(L)	Erika Birthday 30 9:30 AM-Manicures (S) 10:00 AM-Community Xmas decorating with music! (AL & IL) 2:00 PM-Mason jar craft (AR) 3:00 PM-Richie Lee entertainment & Mousse HH (FC) 4:00 Pm-Walking group 5:30 PM-Cards players club (RL) (L)		Birthdays: 11/2-Rod 11/8-Joyce 11/13-Carolyn 11/16-Brenda 11/23-Norma 11/26-Pat H 11/30-Erika	11/9-Dorithy 11/12-V 11/20-Carine 11/26-Aniah		*Sign up sheets for outings in IL (display on the communication counter) AL (outside the activity room)* *Activites in the activity room are always avaiable to do in free time

Calender Key:
AL-Assisted Living Dining
IL-Independent Living Dining
D2D-Door to Door

AR-Activity Room
FC-Front Common in AL
L-Library

S-Salon
HH-Happy Hour
P-Pub Bar in IL

BBB-Bean Bag Baseball
RL-Resident Led
RC-Resident council

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StoryPoint Senior Living