StoryPoint Altoona

MC

November

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 AM-Coffee & clean up(RA) 10:00 AM-Morning coloring(RA) 12:45 PM-Book club (LE) 2:30 PM-Daily walk (LE) 6:00 PM-Warm washcloth face washing (RA)	2 9:00 AM-Coffee & magazines(RA) 10:30 AM-Pass the pumpkin(RA) 1:00 PM-Day of the dead celebration (L)(LE/RA) 3:00 PM-Leave collages(LE) 6:00 PM-Sensory blanket(RA)	3 9:30 AM-Plant/tinker table(RA) 10:30 AM-Church service(LE/RA) 1:00 PM-Balloon volleyball(LE) 3:00 PM-Backyard pumpkin patch(LE/RA) 6:00 PM-Hand massages(RA)	4 9:30 A-Bible study (L)(LE/RA) 10:00 AM-Playing card sorting (L)(LE) 10:30 AM-FOX exercise class (AL)(LE/RA) 1:00 PM-Clothespin color match(RA) 3:00 PM-Cornucopia Creations(LE) 6:00 PM-Hanger toss(RA)	5 9:30 AM-Manicures & hair (LE) 10:30 AM-Holiday card sorting(RA) 1:00 PM-Chair yoga(LE) 2:00 PM-Scenic drive for Donuts(LE) 6:00 PM-Scenic video(RA)	6 9:30 AM-Manicures & hair (LE) 10:30 AM-Pumpkin washing(RA) 1:00 PM-Pumpkin pass(LE) 2:00 PM-Saxophone music(LE) 3:00 PM-Fall placemats(LE) 6:00 PM-Calm nature sounds(RA)	7 9:00 AM-Coffee & clean up(RA) 10:00 AM-Morning coloring(RA) 12:45-Daily walk (LE) 2:00 PM-Balloon toss (RA) 6:00 PM-Warm washcloth hand cleaning(RA)
Joyce Birthday 8 9:00AM-Coffee & clean up(RA) 10:00 AM-St. Croix church service (FC)(RA/LE) 12:45 PM-Book club (LE) 2:30 PM-Daily walk (LE) 6:00 PM-Warm washcloth face washing(RA)	Dorithy Birthday 9 9:00 AM-Coffee & magazines (RA) 10:30 AM-Tukey feather toss(RA) 1:00 PM-Scarecrow Stretches(LE) 2:00 PM-Thankful Tree(LE/RA) 3:00 PM-Fall cookie decorating(LE) 6:00 PM-Sensory blanket(RA)	10 9:30 AM-Plant/tinker table(RA) 10:30 AM-Church service(LE/RA) 1:00 PM-Harvest Ball Toss(LE) 3:00 PM-Watch tinkering(LE) 6:00 PM-Hand massages(RA)	11 9:30 A-Bible study (L)(LE/RA) 10:00 AM-Table top ball pong(LE) 10:30 AM-FOX exercise class (AL)(LE/RA) 1:30 PM-Veterans Ceremony (FC)(LE/RA) 3:00 PM -Jake Schrodt entertainment (FC/AL)(LE/RA) 6:00 PM-Hanger toss(RA)	V Birthday 12 9:30 AM-Rebel farms outing(LE/RA) 1:00 PM-Chair marches(LE) 2:00 PM-Picture bingo(LE) 3:00 PM-Pie mixing(LE) 6:00 PM-Scenic video)RA)	Carolyn Birthday 13 9:30 AM-Manicures & hair (LE) 10:30 AM-Wash & dry dishes(RA) 1:00 PM-Move to the music(LE) 2:00 PM-X-mas tree project(LE/RA)) 3:00 PM-Pickle Day mobile cart(LE) 6:00 PM-Calm nature sounds(RA)	14 9:00 AM-Coffee & clean up(RA) 10:00 AM-Morning coloring(RA) 12:45 PM-Daily walk (LE) 2:00 PM-Balloon throw(RA) 6:00 PM-Warm washcloth hand cleaning(RA)
15 9:00 AM-Coffee & clean up(RA) 10:00 AM-Morning coloring(RA) 12:45 PM-Book club (LE) 2:30 PM-Daily walk (LE) 6:00 PM-Warm washcloth face washing(RA)	Brenda Birthday 16 9:00 AM-Coffee & magazines 10:30 AM-Community walk(LE/RA) 1:00 PM-Turkey Feather Stretch(LE) 2:00 PM-Annikka entertainment & HH (AL) 3:30-Button art (AR) 6:00 PM-Sensory blanket(RA)	17 9:30 AM-Plant/tinker table(RA) 10:30 AM-Church service (AL)(LE/RA) 1:00 PM-Seated Soccer(LE) 2:45 PM-Baking bread & butter (AR)(LE/RA) 6:00 PM-Hand massages(RA)	18 9:30 A-Bible study (L)(LE/RA) 10:00 AM-Magazine scavengar hunt(LE) 10:30 AM-FOX exercise class (AL)(LE/RA) 1:00 PM-Goodie bag stuffing(RA) 3:00 PM-Indian corn art(LE) 6:00 PM-Hanger toss(RA)	19 9:30 AM-Manicures & hair (LE) 10:30 AM-Lego sensory bin with water(RA) 1:00 PM-Noodle hockey(LE) 2:30 PM-Napkin folding(RA) 4:30-6:00 PM-Thanksgiving family dinner	Carine Birthday 20 9:30 AM-Manicures & hair (LE) 10:30 AM-Baby clothes sorting(RA) 1:00 PM-Chair cheerleading(LE) 2:00 PM-Bingo(LE) 3:00 PM-Xmas decor sorting(LE) 6:00 PM-Calm nature sounds(RA)	21 9:00 AM-Coffee & clean up(RA) 10:00 AM-Morning coloring(RA) 12:45 PM-Daily walk (LE) 2:00 PM-Balloon bucket toss(RA) 6:00 PM-Warm washcloth hand cleaning(RA)
22 9:00 AM-Coffee & clean up(RA) 10:00 AM-Morning coloring(RA) 12:45 PM-Book club (LE) 2:30 PM-Daily walk (LE) 6:00 PM-Warm washcloth face washing(RA)	23 9:00 AM-Coffee & magazines(RA) 10:30 AM-Fall sensory bucket(RA) 1:00 PM-Chair parade marches(LE) 3:00 PM-Eliana entertainment & HH (FC)(LE/RA) 6:00 PM-Sensory blanket(RA)	24 9:30 AM-Plant/tinker table(RA) 10:30 AM-Church service (FC)(LE/RA) 1:00 PM-Turkey Toss(LE) 2:00 PM-I am thankful for video (AR)(LE) 6:00 PM-Hand massages(RA)	25 9:30 A-Bible study (L)(LE/RA) 10:00 AM-Pictionary(LE) 10:30 AM-FOX exercise class (AL)(LE/RA) 1:00 PM-Parfaits(LE) 3:30 PM-Turkey hunting (LE) 6:00 PM-Hanger toss(RA)	Thanksgiving & Pat H Birthday 26 Aniah Birthday 9:00 AM-Fall greeting cards(RA) 10:00 AM-Linen sorting(RA) 1:00 PM-Autumn coloring(RA) 2:00 PM-Thanksgiving sing a long(RA) 3:00 PM-Group puzzle(RA) 6:00 PM-Scenic video(RA)	27 9:30 AM-Manicures & hair (LE) 10:30 AM-Folding & hanging linen(RA) 1:00 PM-Beanbag balance(LE) 2:00 PM-Fall scavenger hunt(LE) 3:00 PM-Fall picture bingo(LE) 6:00 PM-Calm nature sounds(RA)	28 9:00 AM-Coffee & clean up(RA) 10:00 AM-Morning coloring(RA) 12:45 PM-Daily walk (LE) 2:00 PM-Balloon Volleyball(RA) 6:00 PM-Warm washcloth hand cleaning(RA)
29 9:00 AM-Coffee & clean up(RA) 10:00 AM-Morning coloring(RA) 12:45 PM-Book club (LE) 2:30 PM-Daily walk (LE) 6:00 PM-Warm washcloth face washing(RA)	30 9:30 AM-Coffee & magazines(RA) 10:00 AM-Community Xmas decorating with music! 1:00 PM-Seated stetches(LE) 2:00 PM-Mason jar craft (AR)(LE) 3:00 PM-Richie Lee entertainment & Mousse HH (FC)(LE/RA) 6:00 PM-Sensory blanket(RA)		Birthdays: 11/8-Joyce 11/13-Carolyn 11/16-Brenda	11/9-Dorithy 11/12-V 11/20-Carine 11/26-Aniah		

Calender Key:
AL-Assisted Living Dining
IL-Independent Living Dining
D2D-Door to Door

AR-Activity Room
FC-Front Common in AL
L-Library

S-Salon
HH-Happy Hour
P-Pub Bar in IL
RA-Resident Assistant

BBB-Bean Bag Baseball
RL-Resident Led
RC-Resident council
LE-Life Enrichment

Life Enrichment Director:
Matthew Beminio-Mejia

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StoryPoint Senior Living