StoryPoint Adel

Independent Living | Assisted Living

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 AM Lutheran Church of Hope- Streaming on YouTube (RA) 10:00 AM Coffee with Neighbors (RA) 1:00 PM Weekend Word Searches (RA) 2:00 PM Sunshine Club: Outdoor Fun (PF) 6:00 PM Smooth Sliders Shuffleboard Club (RA)	**2** 8:45 AM Morning Wake Up Walk (FL) 10:00 AM Seated Exercise (AR) 10:00 AM Coffee Club (B&L) 11:00 AM Country Store Open (DR) 1:00 PM Manicures & Hand Massages (AO) 2:30 PM BINGO (B&L) 6:00 PM Crossword Puzzles with Neighbors (RA)	**3** 8:45 AM Morning Walk & Talk (FL) 10:30 AM Store Outing: Hyvee 1:00 PM Bridge Club (AO) 1:00 PM Wood Working Project (B&L) 3:00 PM Community Social Hour (B&L) 6:00 PM Music & Relaxation (RA)	**4** 8:45 AM Morning Wake Up Walk (FL) 10:00 AM Seated Exercise Class (AR) 11:00 AM Old Maid Card Game (B&L) 1:00 PM Tea Time (AO) 2:45 PM Movie & Popcorn (AO) 6:00 PM Jigsaw Puzzles with Neighbors (RA)	**5** 8:45 AM Morning Walk & Talk (FL) 9:00 AM Standing Exercise Class (AO) 10:00 AM Book Club (FL) 10:45 AM Resturant Outing: Biaggi's Ristorante Italiano (OS) 2:30 PM BINGO (B&L) 6:00 PM Evening Walk & Talk (RA)	**6** 8:45 AM Morning Wake Up Walk (FL) 10:00 AM Devotion with New Hope Church (FL) 10:30 AM Relax & Stretch: Seated Chair Yoga (AR) 1:00 PM Bowling (B&L) 3:00 PM Community Happy Hour with Live Music by Debbie Menning & The StarDusters (B&L) 6:00 PM Board Games with Neighbors (RA)	**7** 10:00 AM Craft Sponsered by Adel PEO Chapter DR (B&L) 10:00 AM Coffee with Neighbors 11:00 AM Sunshine Club: Outdoor Fun 1:00 PM Saturday Matinee- Residents Choice 3:00 PM Weekend Crosswords 6:00 PM Arcade Classics: Pac-Man
8 9:00 AM Lutheran Church of Hope- Streaming on YouTube (RA) 10:00 AM Coffee with Neighbors (RA) 1:00 PM Weekend Word Searches (RA) 2:00 PM Sunshine Club: Outdoor Fun (PF) 6:00 PM Smooth Sliders Shuffleboard Club (RA)	**9** 10:00 AM Monday Morning Coffee Club (B&L) 10:00 AM Seated Exercise (AR) 11:00 AM Country Store Open (DR) 1:00 PM Manicures & Hand Massages (AO) 2:30 PM BINGO (B&L) 6:00 PM Crossword Puzzles with Neighbors (RA)	**10** 8:45 AM Morning Walk & Talk (FL) 1:00 PM Wood Working Project: Bird House Building (B&L) 3:00 PM Community Social Hour (B&L) 6:00 PM Music & Relaxation (RA)	**Veterans Day** **11** 8:45 AM Morning Wake Up Walk (FL) 10:00AM Seated Exercise Class (AR) 11:00 AM Veterans Day Celebration at Prarie Meadows! (OS) 2:45 PM Movie & Popcorn (AO) 6:00 PM Jigsaw Puzzles with Neighbors (RA)	**12** 8:45 AM Morning Walk & Talk (FL) 9:00 AM Standing Exercise Class (AO) 10:00 AM Book Club (FL) 1:00 PM Culinary Corner: Pumpkin Doughnut Drops 2:30 PM BINGO (B&L) 6:00 PM Evening Walk & Talk (RA)	**13** 8:45 AM Morning Wake Up Walk (FL) 10:00AM Dogs & Donuts Suncrest Hospice (B&L) 11:00 AM Relax & Stretch: Seated Chair Yoga (AR) 1:00 PM Creative Corner: Wood Working Project 3:00 PM Community Happy Hour (B&L) 6:00 PM Board Games with Neighbors (RA)	**14** 10:00 AM Coffee with Neighbors 11:00 AM Sunshine Club: Outdoor Fun 1:00 PM Saturday Matinee- Residents Choice 3:00 PM Weekend Crosswords 6:00 PM Arcade Classics: Pac-Man
15 9:00 AM Lutheran Church of Hope- Streaming on YouTube (RA) 10:00 AM Coffee with Neighbors (RA) 1:00 PM Weekend Word Searches (RA) 2:00 PM Sunshine Club: Outdoor Fun (PF) 6:00 PM Smooth Sliders Shuffleboard Club (RA)	**16** 9:00 AM Morning Wake Up Walk (FL) 10:00 AM Coffee Club (B&L) 10:00 AM Seated Exercise (AR) 11:00 AM Country Store Open (DR) 1:00 PM Manicures & Hand Massages (AO) 2:30 PM BINGO (B&L) 6:00 PM Crossword Puzzles with Neighbors (RA)	**17** 8:45 AM Morning Walk & Talk (FL) 10:30AM Store Outing: Walmart 1:00 PM Bridge Club (AO) 1:00 PM Hangman Game (B&L) 3:00 PM Community Social Hour (B&L) 6:00 PM Music & Relaxation (RA)	**18** 8:45 AM Morning Wake Up Walk (FL) 10:00AM Seated Exercise Class (AR) 1:00 PM Tea Time (AO) 2:45 PM Movie & Popcorn (B&L) 6:00 PM Jigsaw Puzzles with Neighbors (RA)	**Thanksgiving Dinner** **19** 9:00 AM Standing Exercise Class (AO) !0:00 AM Book Club (FL) 10:30 AM Resturant Outing: Olive Garden 1:00 PM Culinary Corner: Apple Doodles 2:30 PM BINGO (B&L) 6:00 PM Evening Walk & Talk (RA)	**20** 8:45 AM Morning Wake Up Walk (FL) 10:00AM New Hope Church (FL) 10:30 AM Relax & Stretch: Seated Chair Yoga (AR) 1:00 PM Cozy Craft: Painting (AR) 3:00 PM Happy Hour with Live Music by Rick Ludwig (B&L) 6:00 PM Board Games with Neighbors (RA)	**21** 10:00 AM Coffee with Neighbors 11:00 AM Sunshine Club: Outdoor Fun 1:00 PM Saturday Matinee- Residents Choice 3:00 PM Weekend Crosswords 6:00 PM Arcade Classics: Pac-Man
22 9:00 AM Lutheran Church of Hope- Streaming on YouTube (RA) 10:00 AM Coffee with Neighbors (RA) 1:00 PM Weekend Word Searches (RA) 2:00 PM Sunshine Club: Outdoor Fun (PF) 6:00 PM Smooth Sliders Shuffleboard Club (RA)	**National Cashew Day** **23** 10:00 AM Monday Morning Coffee Club(B&L) 10:00 AM Seated Exercise (AR) 11:00 AM Country Store Open (DR) 1:00 PM Manicures & Hand Massages (AO) 2:30 PM BINGO (B&L) 6:00 PM Crossword Puzzles with Neighbors (RA)	**24** 8:45 AM Morning Walk & Talk (FL) 10:00 AM Hear Again America: Hearing Aid Clean & Check (B&L) 2:00 PM Culinary Showcase (B&L) 3:00 PM Community Social Hour (B&L) 6:00 PM Music & Relaxation (RA)	**25** 8:45 AM Morning Walk & Talk (FL) 9:30 AM Meditation in Nature at The Brenton Arborentum 11:00 AM Old Maid Card Game (B&L) 1:00 PM Tea Time (AO) 2:45 PM Movie & Popcorn (B&L) 6:00 PM Jigsaw Puzzles with Neighbors (RA)	**Thanksgiving** **26** 8:45 AM Morning Walk & Talk (FL) 9:00 AM Standing Exercise Class (AO) 10:00 AM AM Book Club (FL) 2:30 PM BINGO (B&L) 6:00 PM Evening Walk & Talk (RA)	**27** 8:45 AM Morning Wake Up Walk (FL) 10:30 AM Relax & Stretch: Seated Chair Yoga (AR) 1:00 PM Scenic Drive (OS) 3:00 PM Happy Hour with Live Music by Retrospect (B&L) 6:00 PM Board Games with Neighbors (RA)	**28** 10:00 AM Coffee with Neighbors 11:00 AM Sunshine Club: Outdoor Fun 1:00 PM Saturday Matinee- Residents Choice 3:00 PM Weekend Crosswords 6:00 PM Arcade Classics: Pac-Man
29 9:00 AM Lutheran Church of Hope- Streaming on YouTube (RA) 10:00 AM Coffee with Neighbors (RA) 1:00 PM Weekend Word Searches (RA) 2:00 PM Sunshine Club: Outdoor Fun (PF) 6:00 PM Smooth Sliders Shuffleboard Club (RA)	**30** 8:45 AM Morning Wake Up Walk (FL) 10:00 AM Coffee Club (B&L) 10:00 AM Seated Exercise (AR) 11:00 AM Country Store Open (DR) 1:00 PM Christmas Tree Decorating 2:30 PM Cards with Neighbors (B&L) 6:00 PM Crossword Puzzles with Neighbors (RA)					

Calender Key:
(AR) Activity Room
(B&L) Bar & Lounge
(MC) Memory Care
(DR) Dining Room
(PF) Patio-Out Front
(D2D) Door-to-Door
(FL) Front Lobby
(OS) Off Site
(RA) Resident-Run Activity

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