Pinebrook of Milford

Memory Care

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Savings **1** 9:30a Hymns & Songs of Praise (LR) 10a Sole to Soul Walking Club 11a Meditative Arts Circle (AR) 6:30p Movie: 9 to 5 (1980)	**2** 10a Coffee & Conversation (MDR) 11a Joyful Movement (L) 1p Art Lab: Autumn Glow Lanterns (AR) 2:30p Energy Burst (L) 3p Armchair Travel (L) 5p Question of the Night (DR)	**Election Day** **3** 10a Word Detective (LR) 11a Chair Yoga & Mindfulness (L) 1p Voting Transportation (O) 3p Balloon Badminton (L) 5p Evening Devotional (MDR)	**4** 10a Guided Meditation (L) 11a Strength & Balance (L) 1:30p Bingo (MDR) 2:30p Faith & Friendship Circle (LR) 3p Timeless Prices (LR) 5p Golden Oldies Hour (DRs)	**5** 10a Brain Games (L) 10:30 Slow Flow Yoga (L) 11a Harmony Hour (LR) 1p Communion (1:1) 1:30p Culinary Creations: Cinnamon-Sugar Twists (FDR) 3p Treat Talk (FDR) 5p Serene Scapes (LRs)	**6** 10a Music & Movement (L) 10:30a Mini Manis (AR) 1:30p Karaoke Happy Hour (MDR) 3p Energy Burst (LR) 6p Movie: Resident's Choice (L)	**7** 10a Stretch & Strength (LR) 1p Word Games (MDR) 6p Movie Night: The Guns of Navarone (1961)
8 9:30a Hymns & Songs of Praise (LR) 10a Sole to Soul Walking Club 11a Meditative Arts Circle (AR) 6:30p Movie: Remarkably Bright Creatures (2026)	**9** 10a Coffee & Conversation (MDR) 11a Joyful Movement (L) 1p Art Lab: Harvest Hoop Wreaths 2:30p Energy Burst (L) 3p Armchair Travel (L) 5p Question of the Night (DR)	**10** 10a Word Detective (LR) 11a Chair Yoga & Mindfulness (L) 1p Cincinnati Nature Center(O) 3p Balloon Badminton (L) 5p Evening Devotional (MDR)	**Veteran's Day** **11** 10a Guided Meditation (L) 11a Strength & Balance (L) 11a Veteran's Day Luncheon (MB) 1:30p Bingo (MDR) 2p Veteran's Day Service (MB) 2:30p Faith & Friendship Circle (LR) 3p Timeless Prices (LR) 5p Golden Oldies Hour (DRs)	**12** 10a Brain Games (L) 10:30 Slow Flow Yoga (L) 11a Harmony Hour (LR) 1p Communion (1:1) 1:30p Culinary Creations: Pumpkin ChocChip Muffins (FDR) 3p Treat Talk (FDR) 5p Serene Scapes (LRs)	**13** 10a Music & Movement (L) 10:30a Mini Manis (AR) 1:30p Happy Hour with Live Music by Wood and Wires (MDR) 3p Energy Burst (LR) 6p Movie: Resident's Choice (L)	**14** 10a Stretch & Strength (LR) 11a Candy Bingo (DR) 1p Word Games (MDR) 6p Movie Night: Guarding Stars (2026)
15 9:30a Hymns & Songs of Praise (LR) 10a Sole to Soul Walking Club 11a Meditative Arts Circle (AR) 6:30p Movie: 9 to 5 (1980)	**16** 10a Coffee & Conversation (MDR) 11a Joyful Movement (L) 1p Art Lab:First Responder Appreciation Bags (AR) 2:30p Energy Burst (L) 3p Armchair Travel (L) 5p Question of the Night (DR)	**17** 10a Word Detective (LR) 11a Chair Yoga & Mindfulness (L) 1p Promont Museum, Milford (O) 3p Balloon Badminton (L) 5p Evening Devotional (MDR)	**18** 10a Guided Meditation (L) 11a Strength & Balance (L) 1:30p Bingo (MDR) 2:30p Faith & Friendship Circle (LR) 3p Tell Me Ten (LR) 5p Golden Oldies Hour (DRs)	**Resident Town Hall** **19** 10a Brain Games (L) 10:30 Slow Flow Yoga (L) 11a Harmony Hour (LR) 1p Communion (1:1) 1:30p Culinary Creations: Sweet Potato Comfort (FDR) 3p Resident Town Hall (AR) 5p Serene Scapes (LRs)	**20** 10a Music & Movement (L) 10:30a Mini Manis (AR) 1:30p New Resident Welcome Happy Hour with Wild Carrot (MDR) 3p Energy Burst (LR) 6p Movie: Resident's Choice (L)	**21** 10a Stretch & Strength (LR) 11a Candy Bingo (DR) 1p Word Games (MDR) 6p Movie Night: Nonnas (2025)
22 9:30a Hymns & Songs of Praise (LR) 10a Sole to Soul Walking Club 11a Meditative Arts Circle (AR) 6:30p Movie: Steps (2026)	**23** 10a Coffee & Conversation (MDR) 11a Joyful Movement (L) 1p Art Lab: Stamped Kitchen Towels (AR) 2:30p Energy Burst (L) 3p Armchair Travel (L) 5p Question of the Night (DR)	**24** 10a Word Detective (LR) 11a Chair Yoga & Mindfulness (L) 1p Jungle Jims Eastgate (O) 3p Balloon Badminton (L) 5p Evening Devotional (MDR)	**November Birthdays** **25** 10a Guided Meditation (L) 11a Strength & Balance (L) 1:30p Birthday Bingo (MDR) 2:30p Faith & Friendship Circle (LR) 3p Timeless Prices (LR) 5p Golden Oldies Hour (DRs)	**Thanksgiving Day** **26** 10a Brain Games (L) 10:30 Slow Flow Yoga (L) 11a Harmony Hour (LR) 12p - 2p Thanksgiving Day Lunch (DRs) 1p Communion (1:1) 5p Serene Scapes (LRs)	**27** 10a Music & Movement (L) 10:30a Mini Manis (AR) 1:30p Happy Hour with Live Music by John Simpson (MDR) 3p Energy Burst (LR) 6p Movie: Resident's Choice (L)	**28** 10a Stretch & Strength (LR) 11a Candy Bingo (DR) 1p Word Games (MDR) 6p Movie Night: Sleepless in Seattle (1993)
29 9:30a Hymns & Songs of Praise (LR) 10a Sole to Soul Walking Club 11a Meditative Arts Circle (AR) 6:30p Movie: A Dog's Perfect Christmas (2026)	**Deck The Halls** **30** 10a Coffee & Conversation (MDR) 11a Joyful Movement (L) 1p Deck the Halls (R) 2:30p Energy Burst (L) 3p Armchair Travel (L) 5p Question of the Night (DR)					

Calendar Key:
Living Room - L
Garden - G
Front Dining Room - FDR
Main Dining Room - MDR
Activities Room - AR
O - Outing
OU - Outside
MB - Main Building

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