Woodlawn Meadows
Assisted Living

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Daylight Savings Ends** **Cat's Birthday** 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 11:00 Daylight Savings Cart (M/C) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	**2** 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:45 Nail Painting (D) 3:30 Family Feud Fun: Autumn Addition (D)	**3** **Election Day** 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 1:30 Wordle/Connections (D) 2:30 What Not Bingo (D) 3:30 Men's Group (D)	**4** 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:00 Travelouge: London Then and Now (D)	**5** 9:30 Get Pumped with Gary (RL) 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:15 Resident Council (D) 2:30 What Not Bingo (D) 3:30 Trivia (D)	**6** 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 December Calendar Review (D) 3:30 New Resident Welcome Party (D)	**7** **Hayley's Birthday** 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
8 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	**9** 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:30 Culinary Showcase (D) 3:30 Ladies' Group (D)	**10** 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 1:30 Paul's Pals (D) 2:30 What Not Bingo (D) 3:30 Trivia (D)	**11** **Veteran's Day** **Melissa and Bree's Birthday** 9:30 Get Pumped with Gary (RL) 10:00 Veteran's Group (D) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:00 Veteran's Day Celebration (D) 1:30 Church Service with United Methodist (D)	**12** **Char's Birthday** 9:30 Get Pumped with Gary (RL) 9:45 Prayer Service (D) 10:45 Stand and Stretch (D) 1:30 Culinary Conversations 2:30 What Not Bingo (D) 3:30 Travelouge: Kansas Here We Come (D)	**13** 9:30 Get Pumped with Gary (RL) 10:45 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:30 Fall Social (D)	**14** 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
15 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	**16** **Brooke's Birthday** 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:45 Nail Painting (D) 3:30 SkipBop (D)	**17** 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 1:30 Wordle/Connections (D) 2:30 What Not Bingo (D) 3:30 Jamming with Jess (D)	**18** 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 2:00 Arnold Audiology Visit (S) 3:00 Dowling Library Outing (O)	**19** **Play Monopoly Day** 9:30 Woodlawn Walkers (SL) 9:45 Prayer Service (D) 10:45 Stand and Stretch (D) 1:30 What Not Bingo (D) 2:30 I'm So Thankful Tea Party (D) 2:30 Music with Mark Howell (D) 3:30 Monopoly Game (D)	**20** 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:30 Rootbeer Float Social (D)	**21** 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
22 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	**23** 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Travelouge: Alaska (D) 3:30 Crafter's Corner (D)	**24** 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 1:30 Wordle/Connections (D) 2:30 What Not Bingo (D) 3:30 Historical Holidays (D)	**25** 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:00 Thanksgiving Self Care (D)	**26** **Thanksgiving Day** 9:30 Get Pumped with Gary (RL) 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 2:30 What Not Bingo (D) 3:30 Turkey Lurkey Time (D)	**27** **Black Friday** 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 2:30 Pie Social (D)	**28** 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
29 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	**30** 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 12:30 Wii Bowling (D) 1:45 Nail Painting (D) 3:30 Conversation Card Social (D)					

Calender Key:
GNG- Grab & Go Wall File by Activity Roo,
SL- Self Lead

RL – Resident Lead
D – Dining Room
A – Activity Room
O – Off-site

M/C – Apartments or Mobile Cart that goes to each apartment or around common areas

S – Hair Salon
P – Front Porch/Outside

Woodlawn Meadows
BY STORYPOINT GROUP

Woodlawn Meadows
Memory Care

November 2026

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Daylight Savings Ends** **Cat's Birthday** 11:15 Morning Movement 11:45 Morning Meeting 1:00 Daylight Savings Cart 1:30 Word Games 3:00 Snacks and Socialize 3:30 Mindful Music 6:00 Sunday Serenity	**2** 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 1:30 Reading Group 2:30 Prize Bingo 3:30 Table Games	**3** **Election Day** 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 3:30 Word Puzzles	**4** 9:30 Sunrise Meditation 10:00 Chair Exercise 11:30 Morning Meeting 1:30 Reading Group 3:30 Word Games	**5** 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Music with Ruthie 11:00 Chair Exercise 1:30 Table Top Games 3:30 Travelouge: London Then and Now	**6** 9:30 Sunrise Meditation 10:30 Morning Meeting 11:00 Chair Exercise 1:30 Baker's Batch 3:00 Treats with Friends 3:45 New Neighbor Party	**7** **Hayley's Birthday** 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music 6:30 Saturday Night Reel Relaxation
8 11:00 Morning Movement 11:45 Morning Meeting 1:30 Word Games 3:00 Snacks and Socialize 3:30 Mindful Music 6:00 Sunday Serenity	**9** 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 1:30 Reading Group 2:00 Culinary Showcase 2:30 Prize Bingo 3:30 Table Games	**10** 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 2:00 Paul's Pals 3:30 Family Feud Fun: Autumn Addition	**11** **Veteran's Day** **Melissa and Bree's Birthday** 9:30 Sunrise Meditation 10:00 Chair Exercise 10:30 Veteran's Group 11:30 Morning Meeting 1:30 Reading Group 2:00 Veteran's Day Celebration	**12** **Char's Birthday** 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Table Top Games 3:30 Travelouge: Kansas Here We Come	**13** 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 1:30 Baker's Batch 3:00 Treats with Friends	**14** 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music 6:30 Saturday Night Reel Relaxation
15 11:00 Morning Movement 11:45 Morning Meeting 2:30 Word Games 3:00 Snacks and Socialize 3:30 Mindful Music 6:00 Sunday Serenity	**16** **Brooke's Birthday** 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 1:30 Reading Group 2:30 Prize Bingo 3:30 Thanksgiving Craft	**17** 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 3:30 Word Puzzles 4:00 Jamming with Jessica	**18** 9:30 Sunrise Meditation 10:00 Chair Exercise 11:30 Morning Meeting 1:30 Reading Group 3:00 Dowling Library Outing	**19** **Play Monopoly Day** 9:20 Prayer Service 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting and the History of Monopoly 1:30 Monopoly 3:00 I'm So Thankful Tea Party	**20** 9:30 Sunrise Meditation 11:00 Chair Exercise 11:30 Morning Meeting 1:30 Baker's Batch 3:00 Treats with Friends	**21** 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music 6:30 Saturday Night Reel Relaxation
22 11:00 Morning Movement 11:45 Morning Meeting 1:30 Board Games 2:30 Snacks and Socialize 3:30 Mindful Music 6:00 Sunday Serenity	**23** 9:30 Sunrise Meditation 10:30 Chair Exercise 11:00 Morning Meeting 1:30 Reading Group 2:30 Prize Bingo 3:00 Table Games	**24** 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 3:30 Word Puzzles 4:00 Allison's Academy	**25** 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Reading Group 3:00 Thanksgiving Presentation	**26** **Thanksgiving Day** 9:20 Prayer Service 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 1:30 Table Top Thankful Card Game 3:00 Turkey Lurkey Time	**27** **Black Friday** 9:30 Sunrise Meditation 10:30 Morning Meeting 11:30 Chair Exercise 1:30 Baker's Batch 3:00 Treats with Friends	**28** 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music 6:30 Saturday Night Reel Relaxation
29 11:00 Morning Movement 11:45 Morning Meeting 1:30 Board Games 2:30 Snacks and Socialize 3:30 Mindful Music 6:00 Sunday Serenity	**30** 9:30 Sunrise Meditation 10:30 Chair Exercise 11:00 Morning Meeting 2:30 Prize Bingo 3:30 Trivia					

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