

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Abbreviation Key: AC = 2 nd Fl Activity Center BH = Betty's Harbor CAF = 1 st Fl Cafe DH = 2 nd Fl Dance Hall DR = 1 st Fl Dining Room FL = 4 th Fl Fireplace Lounge HL = 4 th Fl Harbor Lights P = Pool RAP = 2 nd Floor Rusty Anchor Pub		Color Key: Black = Meeting Green = Religious/Spiritual Blue = Special Event Red = Outing <i>* Activities and locations may be subject to change *</i>		Resident Birthdays 10/5 - Marilyn N. 10/18 - Shirley B. 10/6 - Kathe K. 10/21 - Therese K. 10/14 - Sue S. 10/23 - "Dottie" W.		
4 10:00am HL- Holy Angels Catholic Mass 1:00pm HL - Funday Film 1:30pm CAF - Board Games 3:00pm AC - Left, Right, Center Dice Game	5 9:00am P- Water Aerobics 9:30am DH - Chair Tai Chi w/Mia 10:30am AC - Pastor Janke Bible Study 1:00pm DH - Wii Bowling 2:00pm AC - Brain Games 3:00pm RAP - Horror Hour	6 9:30am DH - Sharon's Seated Stretch Exercise 10:30am AC - Bingo 10:30am CAF - Winston Visit 2:00pm CAF - Library Visit 3:15pm AC - Pokeno 6:00pm RAP - Sheepshead	7 9:30am AC - St. John Bible Study 10:30am DR - Senior Singers 10:45am DH - FOX Balance for Better Living Exercise Class 1:00pm HL - All Faiths Worship 1:00pm AC - Rosary Video 2:30pm FL - Knitting Club 3:15pm RAP - Horror Hour	8 9:00am P - Water Aerobics 9:30am DH - Sharon's Seated Stretch Exercise 10:30am AC - Xtreme Bingo & Trivia 1:00pm HL - Resident Informational w/StoryPoint 3:15pm AC - Keno 6:30pm DR - Nite Bingo	9 9:00am P - Water Aerobics 9:30am DH - Chair Tai Chi w/Mia 10:15am AC - WELS Video 10:30am RAP - Manicures 10:30am CAF - Winston Visit 1:00pm RAP - Sheepshead 1:30pm HL - Ink Tiles w/Janet 3:00pm HL - Newcomer Social	10 9:30am P - Open Swim 1:00pm RAP - Cribbage 2:30pm AC - Coverall Dice 3:30pm - Silver Shoes Walking 6:00pm RAP - Sheepshead
11 10:00am HL- Holy Angels Catholic Mass 1:00pm HL - Funday Film 1:30pm CAF - Board Games 3:00pm AC - Left, Right, Center Dice Game 3:30pm Gardening	12 Columbus Day Indigenous People's Day 9:00am P - Water Aerobics 9:30am - Blue Lotus Center 10:30am HL - Hymn & Psalm 10:30am CAF - Winston Visit 1:00pm DH - Wii Bowling 2:00pm AC - Brain Games 3:00pm RAP - Horror Hour	13 9:30am DH - Sharon's Seated Stretch Exercise 10:30am AC - Bingo 1:00pm DH - Mini Golf 2:15pm AC - 2 Truths & A Lie 3:15pm AC - Pokeno 6:00pm RAP - Sheepshead	14 9:30am AC - St. John Bible Study 10:30am DR - Senior Singers 10:45am DH - FOX Balance for Better Living Exercise Class 1:00pm AC - Rosary Video 2:30pm FL - Knitting Club 3:15pm HL - Rob Peterson Sings	15 9:00am P - Water Aerobics 9:15am PDR - Absentee Voting 9:30am DH - Sharon's Seated Stretch Exercise 10:30am AC - Xtreme Bingo & Trivia 1:00pm AC - Beanbag Toss 1:15pm - Silver Springs Pumpkin Farm 3:15pm AC - Keno 6:00pm RAP - Sheepshead	16 9:00am P - Water Aerobics 9:45am HL - Mass w/Father Don 10:15am AC - WELS Video 10:30am RAP - Manicures 10:30am CAF - Winston Visit 1:00pm RAP - Sheepshead 3:00pm RAP - Horror Hour	17 9:30am P - Open Swim 1:00pm RAP - Cribbage 2:30pm AC - Coverall Dice 3:30pm - Silver Shoes Walking 6:00pm RAP - Sheepshead
18 10:00am HL- Scripture Reading & Reflection 1:00pm HL - Funday Film 1:30pm CAF - Board Games 3:00pm AC - Left, Right, Center Dice Game	19 9:00am P- Water Aerobics 9:30am - Fall Colors at Holy Hill 10:30am AC - Pastor Janke Bible Study 10:30am CAF - Winston Visit 1:00pm DH - Wii Bowling 2:00pm AC - Brain Games 3:00pm RAP - Horror Hour	20 9:30am DH - Sharon's Seated Stretch Exercise 10:30am AC - Bingo 1:00pm DH - Mini Golf 2:15pm AC - 2 Truths & A Lie 3:15pm AC - Pokeno 6:00pm RAP - Sheepshead	21 9:30am AC - St. John Bible Study 10:30am DR - Senior Singers 10:45am DH - FOX Balance for Better Living Exercise Class 1:00pm AC - Rosary Video 2:00pm AC - Kevin, Wheelchair Repair Guy 2:30pm HL - Resident Council 3:15pm RAP - Horror Hour	22 9:00am P - Water Aerobics 9:30am DH - Sharon's Seated Stretch Exercise 10:30am AC - Xtreme Bingo & Trivia 1:30pm HL - Julie Thompson Folk Music Duo 3:15pm AC - Keno 6:00pm RAP - Sheepshead	23 9:00am P - Water Aerobics 9:30am DH - Chair Tai Chi w/Mia 10:15am AC - WELS Video 10:30am RAP - Manicures 10:30am CAF - Winston Visit 1:00pm RAP - Sheepshead 3:00pm RAP - Birthdays Party	24 9:30am P - Open Swim 1:00pm RAP - Cribbage 2:30pm AC - Coverall Dice 3:30pm - Silver Shoes Walking 6:00pm RAP - Sheepshead
25 10:00am HL- Holy Angels Catholic Mass 1:00pm HL - Funday Film 1:30pm CAF - Board Games 3:00pm AC - Left, Right, Center Dice Game	26 9:00am P - Water Aerobics 9:30am DH - Chair Tai Chi w/Mia 10:30am CAF - Winston Visit 1:00pm DH - Wii Bowling 1:30 HL - Spoof-y Movies: Young Frankenstein 3:15pm RAP - Horror Hour	27 9:30am DH - Sharon's Seated Stretch Exercise 10:30am AC - Bingo 12:15pm - Reading w/Seniors WashCo Humane Society 1:00pm DH - Mini Golf 1:30pm HL - Spoof-y Movies: Murder By Death 6:00pm RAP - Sheepshead	28 9:30am AC - St. John Bible Study 10:30am BH - Senior Singers Show 10:45am DH - FOX Balance for Better Living Exercise Class 1:00pm AC - Rosary Video 1:30pm HL - Spoof-y Movies: Attack of the Killer Tomatoes 2:30pm FL - Knitting Club 3:15pm RAP - Horror Hour	29 9:00am P - Water Aerobics 9:30am DH - Sharon's Seated Stretch Exercise 10:30am AC - Xtreme Bingo & Trivia 1:00pm AC - Beanbag Toss 1:30pm HL - Spoof-y Movies: Clue 3:15pm AC - Keno 6:00pm RAP - Sheepshead	30 9:00am P - Water Aerobics 9:30am DH - Chair Tai Chi w/Mia 10:15am AC - WELS Video 10:30am RAP - Manicures 1:00pm RAP - Sheepshead 1:30pm HL - Spoof-y Movies: The Little Shop of Horrors 3:15pm HL - Staff & Resident Costume Contest	31 Halloween 9:30am P - Open Swim 1:00pm RAP - Cribbage 2:30pm AC - Coverall Dice 3:30pm - Silver Shoes Walking 6:00pm RAP - Sheepshead

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Abbreviation Key: AC = Central Activity Space CAF = IL/AL Cafe CR = Craft Room DR = Dining Room HL = IL/AL 4 th Fl Harbor Lights IAC = IL/AL 2 nd Fl Activity Center IDR = IL/AL Dining Room LIB = Library Lounge PUB = Pub Space RR = Relaxation Room		Color Key: Black = Meeting Green = Religious/Spiritual Blue = Special Event Red = Outing <i>* Activities and locations may be subject to change *</i>		Resident Birthdays		
		10/5 - Marilyn N.	10/18 - Shirley B.	1 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - Group Exercise 10:45am AC - Morning News <i>11:30am - 12:30pm Lunch</i> 12:30pm LIB - Book Club 2:30pm HL - DAWGS Ring Toss 3:30pm AC - Game Show Games <i>4:00pm - 6:00pm Supper</i>	2 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - Group Exercise 10:30am CAF - Winston Visit <i>11:30am - 12:30pm Lunch</i> 12:30pm CR - Floral Arranging 1:30pm RR - Spa Hour 2:30pm PUB - Happy Hour <i>4:00pm - 6:00pm Supper</i>	3 <i>7:30am - 9:00am Breakfast</i> 9:45am AC - Virtual Rosary 10:30am - Sun Salutations <i>11:30am - 12:30pm Lunch</i> 12:30pm LIB - Sing A-long w/Sara <i>4:00pm - 6:00pm Supper</i>
4 <i>7:30am - 9:00am Breakfast</i> 9:45am HL - Holy Angels Catholic Mass <i>11:30am - 12:30pm Lunch</i> 12:30pm AC - Bingo <i>4:00pm - 6:00pm Supper</i>	5 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - FOX Workout 10:45am AC - Morning News <i>11:30am - 12:30pm Lunch</i> 12:30pm Clean, Craft & Chat 1:30pm CR - Cards & Dice 2:30pm AC - Sip Social 3:15pm AC - Sing A-Long Circle <i>4:00pm - 6:00pm Supper</i>	6 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - Group Exercise 10:30am CAF - Winston Visit <i>11:30am - 12:30pm Lunch</i> 12:15pm LIB - Movie Matinee 2:30pm HL - DAWGS Walking 3:30pm AC - Game Show Games <i>4:00pm - 6:00pm Supper</i>	7 <i>7:30am - 9:00am Breakfast</i> 9:45am AC - Group Exercise 10:15am IDR - Sing Rehearsal <i>11:30am - 12:30pm Lunch</i> 12:30pm AC - Video Service 1:30pm AC - Variety Trivia 2:30pm AC - Sip Social 3:15pm AC - Bingo <i>4:00pm - 6:00pm Supper</i>	8 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - Group Exercise 10:45am AC - Morning News <i>11:30am - 12:30pm Lunch</i> 12:30pm LIB - Book Club 1:30pm LIB - Hay There, Minis 2:30pm AC - Sip Social 3:30pm AC - Variety Trivia <i>4:00pm - 6:00pm Supper</i> 6:30pm IDR - Nite Bingo	9 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - Group Exercise 10:30am CAF - Winston Visit <i>11:30am - 12:30pm Lunch</i> 12:30pm CR - Floral Arranging 1:30pm RR - Spa Hour 2:30pm PUB - Happy Hour <i>4:00pm - 6:00pm Supper</i>	10 <i>7:30am - 9:00am Breakfast</i> 9:45am AC - Virtual Rosary 10:30am - Sun Salutations <i>11:30am - 12:30pm Lunch</i> 12:30pm - Movie Marathon 2:30pm - Weekend Walkers <i>4:00pm - 6:00pm Supper</i>
11 <i>7:30am - 9:00am Breakfast</i> 9:45am HL - Holy Angels Catholic Mass <i>11:30am - 12:30pm Lunch</i> 12:30pm AC - Bingo 1:30pm LIB - Sing A-long w/Sara <i>4:00pm - 6:00pm Supper</i>	Columbus Day/Indigenous People’s Day 12 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - FOX Workout 10:430am HL - Hymn & Psalm <i>11:30am - 12:30pm Lunch</i> 12:30pm Clean, Craft & Chat 1:30pm CR - Cards & Dice 2:30pm AC - Sip Social 3:15pm AC - Name That Tune <i>4:00pm - 6:00pm Supper</i>	13 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - Group Exercise 10:45am AC - Morning News <i>11:30am - 12:30pm Lunch</i> 12:30pm LIB - Book Club 1:30pm AC - Active Game 2:30pm AC - Sip Social 3:30pm AC - Variety Trivia <i>4:00pm - 6:00pm Supper</i>	14 <i>7:30am - 9:00am Breakfast</i> 9:45am AC - Group Exercise 10:15am IDR - Sing Rehearsal <i>11:30am - 12:30pm Lunch</i> 12:30pm AC - Video Service 1:30pm LIB- Rob Peterson Sings 2:30pm AC - Sip Social 3:15pm AC - Bingo <i>4:00pm - 6:00pm Supper</i>	15 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - Group Exercise 10:45am AC - Morning News <i>11:30am - 12:30pm Lunch</i> 12:30pm LIB - Book Club 2:30pm HL - DAWGS Fetch 3:30pm AC - Game Show Games <i>4:00pm - 6:00pm Supper</i>	16 <i>7:30am - 9:00am Breakfast</i> 9:45am HL - Mass w/Father Don 10:00am AC - Group Exercise <i>11:30am - 12:30pm Lunch</i> 12:30pm CR - Floral Arranging 1:30pm RR - Spa Hour 2:30pm PUB - Happy Hour <i>4:00pm - 6:00pm Supper</i>	17 <i>7:30am - 9:00am Breakfast</i> 9:45am AC - Virtual Rosary 10:30am - Sun Salutations <i>11:30am - 12:30pm Lunch</i> 12:30pm - Movie Marathon 2:30pm - Weekend Walkers <i>4:00pm - 6:00pm Supper</i>
18 <i>7:30am - 9:00am Breakfast</i> 9:45am HL - Scripture Reading & Reflection <i>11:30am - 12:30pm Lunch</i> 12:30pm AC - Bingo 1:30pm LIB - Sing A-long w/Sara <i>4:00pm - 6:00pm Supper</i>	19 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - FOX Workout 10:30am CAF - Winston Visit <i>11:30am - 12:30pm Lunch</i> 12:30pm Clean, Craft & Chat 1:30pm CR - Cards & Dice 2:30pm AC - Sip Social 3:15pm AC - Name That Tune <i>4:00pm - 6:00pm Supper</i>	20 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - Group Exercise 10:45am AC - Morning News <i>11:30am - 12:30pm Lunch</i> 12:30pm LIB - Book Club 2:30pm HL - DAWGS Ring Toss 3:30pm AC - Game Show Games <i>4:00pm - 6:00pm Supper</i>	21 <i>7:30am - 9:00am Breakfast</i> 9:45am AC - Group Exercise 10:15am IDR - Sing Rehearsal <i>11:30am - 12:30pm Lunch</i> 12:30pm AC - Video Service 1:30pm AC - Variety Trivia 2:30pm AC - Sip Social 3:15pm AC - Bingo <i>4:00pm - 6:00pm Supper</i>	22 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - Group Exercise 10:45am AC - Morning News <i>11:30am - 12:30pm Lunch</i> 12:30pm LIB - Book Club 1:30pm CR - Pumpkin Painting 2:30pm AC - Sip Social 3:30pm AC - Variety Trivia <i>4:00pm - 6:00pm Supper</i>	23 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - Group Exercise 10:30am CAF - Winston Visit <i>11:30am - 12:30pm Lunch</i> 12:30pm CR - Floral Arranging 1:30pm RR - Spa Hour 2:30pm AC- Birthday Party <i>4:00pm - 6:00pm Supper</i>	24 <i>7:30am - 9:00am Breakfast</i> 9:45am AC - Virtual Rosary 10:30am - Sun Salutations <i>11:30am - 12:30pm Lunch</i> 12:30pm - Movie Marathon 2:30pm - Weekend Walkers <i>4:00pm - 6:00pm Supper</i>
25 <i>7:30am - 9:00am Breakfast</i> 9:45am HL - Holy Angels Catholic Mass <i>11:30am - 12:30pm Lunch</i> 12:30pm AC - Bingo <i>4:00pm - 6:00pm Supper</i>	26 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - FOX Workout 10:30am CAF - Winston Visit <i>11:30am - 12:30pm Lunch</i> 12:30pm CR - Halloween Masks 2:30pm AC - Sip Social 3:15pm AC - Sing A-Long Circle <i>4:00pm - 6:00pm Supper</i>	27 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - Group Exercise 10:45am AC - Morning News <i>11:30am - 12:30pm Lunch</i> 12:30pm LIB - Book Club 1:30pm AC - Active Game 2:30pm AC - Sip Social 3:30pm AC - Variety Trivia <i>4:00pm - 6:00pm Supper</i>	28 <i>7:30am - 9:00am Breakfast</i> 9:45am AC - Group Exercise 10:30am LIB - Senior Singers <i>11:30am - 12:30pm Lunch</i> 12:30pm AC - Video Service 1:30pm AC - Variety Trivia 2:30pm AC - Sip Social 3:15pm AC - Bingo <i>4:00pm - 6:00pm Supper</i>	29 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - Group Exercise 10:45am AC - Morning News <i>11:30am - 12:30pm Lunch</i> 12:30pm LIB - Book Club 2:30pm HL - DAWGS Trick or Treat 3:30pm AC - Game Show Games <i>4:00pm - 6:00pm Supper</i>	30 <i>7:30am - 9:00am Breakfast</i> 10:00am AC - Group Exercise 10:45am AC - Morning News <i>11:30am - 12:30pm Lunch</i> 12:30pm CR - Floral Arranging 1:30pm RR - Spa Hour 3:15pm HL - Costume Contest <i>4:00pm - 6:00pm Supper</i>	Halloween 31 <i>7:30am - 9:00am Breakfast</i> 9:45am AC - Virtual Rosary 10:30am - Sun Salutations <i>11:30am - 12:30pm Lunch</i> 12:30pm LIB - Spooky Stories <i>4:00pm - 6:00pm Supper</i>