

Independence Village of Saginaw

Independent Living 1st Floor

October 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 You be The Judge - A 2:00 Prize Bingo - AR 6:30 King’s in the Corner - P	2 10:30 Sit & Stretch - A 11:00 Upstairs Resale Shop - A 1:30 Manicures - A 2:30 Funny Money Store - P 3:00 Calendar Review - AR 6:30 Popcorn - P 7:00 - Movie Night - L	3 10:30 Coffee & Conversation - A 1:30 Whel of Fortune - AR 2:00 Karaoke - A 3:00 Craft Workshop - AR
4 10:30 Worship w/ Grace Communion International - AR 2:00 Worship w/ Old Town Christian Outeach - AR 3:00 Sunday Series - L A Man on The Inside	5 10:00 Balance in Action - A 10:30 Bean Bag Baseball - A 1:30 You Be the Judge - A 2:00 Mass w/ Father Thai - AR 3:00 Visit Germany - L	6 10:30 Balloon Volleyball - A 1:30 Trivia - A 2:00 Bible Study w/ Dave - AR 3:00 Music w/ Swival Stix - A	7 10:30 Chair Dancing - A 11:30 Bayne’s Apple Valley - O 2:00 Elevator Q & A - A 3:00 Pink Out Happy Hour - A 6:30 Wii Bowling - P	8 9:30 Fall Rail Trail Ride - O 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 Chair Yoga - A 2:00 Brad’s Bingo Bonanza - A 6:30 Headbandz - P	9 10:30 Sit & Stretch - A 1:30 Painting w/ Veronica - AR 6:30 Popcorn - P 7:00 Movie Night - L	10 10:00 - 4:00 Annual Craft Bazaar
11 10:30 Worship w/ Grace Communion International - AR 2:00 Worship w/ Old Town Christian Outreach - AR 3:00 Sunday Series - L A Man on The Inside	12 10:00 Balance in Action - A 10:30 Bean Bag Baseball - A 2:00 Mass w/ Father Thai - AR 3:00 Cook w/ Brooke - AR	13 10:30 Balloon Volleyball - A 1:30 Trivia - A 2:00 Bible Study w/ Dave - AR 3:00 Music w/ Jean Learman - A	14 10:30 Chair Dancing - A 11:30 Applebees - O 2:00 Name 5 - AR 3:00 Happy Birthday Hour - A 6:30 Wii Bowling - P	15 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 Chair Yoga - A 2:00 Prize Bingo - AR 3:00 Farmers Market - A 6:30 King’s in the Corner - P	16 10:30 Sit & Stretch - A 1:30 Manicures - A 2:30 Funny Money Store - P 3:00 Resident Forum 6:30 Popcorn - P 7:00 Movie Night - L	17 10:30 Coffee & Conversation - A 1:30 Word Chain - AR 2:00 Karaoke - A 3:00 Craft Workshop - AR
18 10:30 Worship w/ Grace Communion International - AR 1:00 - 4:00 4 th Annual Car Show 2:00 Worship w/ Old Town Christian Outreach - AR	19 10:00 Balance in Action - A 10:30 Bean Bag Baseball - A 2:00 Mass w/ Father Thai - A	20 10:30 Trivia - A 2:00 Bible Study w/ Dave 3:00 Music w/ Leo & Merry - A	21 10:30 Chair Dancing - A 3:00 New Friends Happy Hour w/ Jim Pagel 6:30 Wii Bowling - AR	22 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 Chair Yoga - A 2:00 Prize Bingo	23 10:00 Sit & Stretch - A 1:00 Manicures - A 6:30 Popcorn - A 7:00 Movie Night	24 10:30 Coffee & Conversation - A 2:00 Karaoke - A 3:00 Riddle Me This - AR
25 10:30 Worship w/ Grace Communion International - A 2:00 Worship w/ Old Town Christian Outreach - A 3:00 Sunday Series: A Man on The Inside	26 10:00 Balance in Action - A 10:30 Bean Bag Baseball - A 2:00 Mass w/ Father Thai - A	27 10:30 Trivia - A 2:00 Bible Study w/ Dave 3:00 Music w/ Chuck Koval - A	28 10:30 Chair Dancing - A 11:30 Famous Dave’s - O 3:00 Staff Parade 6:30 Wii Bowling - AR	29 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 Chair Yoga - A 2:00 Prize Bingo A	30 10:00 Sit & Stretch - A 1:00 Manicures - A 6:30 Popcorn - A 7:00 Movie Night	31 Halloween 10:30 Coffee & Conversation - A 1:30 You Be the Judge - A 2:00 Karaoke - A 3:00 Halloween Bingo - A

Calender Key:
A – Atrium
AR - Activity Room
CM - Community Room
L - Library
O - Outing
P - Pub

Independence Village of Saginaw

Independent Living 2nd Floor

October 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 You be The Judge - A 2:00 Prize Bingo - AR 6:30 King's in the Corner - P	2 10:30 Sit & Stretch - A 11:00 Upstairs Resale Shop - A 1:30 Manicures - A 2:30 Funny Money Store - P 3:00 Calendar Review - AR 6:30 Popcorn - P 7:00 - Movie Night - L	3 10:30 Coffee & Conversation - A 1:30 Whel of Fortune - AR 2:00 Karaoke - A 3:00 Craft Workshop - AR
4 10:30 Worship w/ Grace Communion International - AR 2:00 Worship w/ Old Town Christian Outeach - AR 3:00 Sunday Series - L A Man on The Inside	5 10:00 Balance in Action - A 10:30 Bean Bag Baseball - A 1:30 You Be the Judge - A 2:00 Mass w/ Father Thai - AR 3:00 Visit Germany - L	6 10:30 Balloon Volleyball - A 1:30 Trivia - A 2:00 Bible Study w/ Dave - AR 3:00 Music w/ Swival Stix - A	7 10:30 Chair Dancing - A 11:30 Bayne's Apple Valley - O 2:00 Elevator Q & A - A 3:00 Pink Out Happy Hour - A 6:30 Wii Bowling - P	8 9:30 Fall Rail Trail Ride - O 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 Chair Yoga - A 2:00 Brad's Bingo Bonanza - A 6:30 Headbandz - P	9 10:30 Sit & Stretch - A 1:30 Painting w/ Veronica - AR 6:30 Popcorn - P 7:00 Movie Night - L	10 10:00 - 4:00 Annual Craft Bazaar
11 10:30 Worship w/ Grace Communion International - AR 2:00 Worship w/ Old Town Christian Outreach - AR 3:00 Sunday Series - L A Man on The Inside	12 10:00 Balance in Action - A 10:30 Bean Bag Baseball - A 2:00 Mass w/ Father Thai - AR 3:00 Cook w/ Brooke - AR	13 10:30 Balloon Volleyball - A 1:30 Trivia - A 2:00 Bible Study w/ Dave - AR 3:00 Music w/ Jean Learman - A	14 10:30 Chair Dancing - A 11:30 Applebees - O 2:00 Name 5 - AR 3:00 Happy Birthday Hour - A 6:30 Wii Bowling - P	15 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 Chair Yoga - A 2:00 Prize Bingo - AR 3:00 Farmers Market - A 6:30 King's in the Corner - P	16 10:30 Sit & Stretch - A 1:30 Manicures - A 2:30 Funny Money Store - P 3:00 Resident Forum 6:30 Popcorn - P 7:00 Movie Night - L	17 10:30 Coffee & Conversation - A 1:30 Word Chain - AR 2:00 Karaoke - A 3:00 Craft Workshop - AR
18 10:30 Worship w/ Grace Communion International - AR 1:00 - 4:00 4 th Annual Car Show 2:00 Worship w/ Old Town Christian Outreach - AR	19 10:00 Balance in Action - A 2:00 Mass w/ Father Thai - A 3:00 Bean Bag Baseball - P	20 11:00 Trivia - P 2:00 Bible Study w/ Dave 3:00 Music w/ Leo & Merry - A	21 10:30 Chair Dancing - A 1:30 Wii Bowling - P 3:00 New Friends Happy Hour w/ Jim Pagel	22 10:00 TheraBand Workout - A 1:30 Chair Yoga - A 2:00 Prize Bingo 3:30 Bean Bag Baseball - P	23 10:30 Sit & Stretch - P 2:00 Manicures - P 6:30 Popcorn - P 7:00 Movie Night	24 10:30 Coffee & Conversation - A 2:00 Karaoke - A 3:15 Riddle Me This - P
25 10:30 Worship w/ Grace Communion International - A 2:00 Worship w/ Old Town Christian Outreach - A 3:00 Sunday Series: A Man on The Inside	26 10:00 Balance in Action - A 2:00 Mass w/ Father Thai - A 3:00 Bean Bag Baseball - P	27 11:00 Trivia - P 2:00 Bible Study w/ Dave 3:00 Music w/ Chuck Koval - A	28 10:30 Chair Dancing - A 11:30 Famous Dave's - O 1:30 Wii Bowling - P 3:00 Staff Parade	29 10:00 TheraBand Workout - A 1:30 Chair Yoga - A 2:00 Prize Bingo A 3:30 Bean Bag Baseball - P	30 10:30 Sit & Stretch - P 2:00 Manicures - P 6:30 Popcorn - P 7:00 Movie Night	31 Halloween 10:30 Coffee & Conversation - A 1:30 You Be the Judge - A 2:00 Karaoke - A 3:00 Halloween Bingo - A

Calender Key:
A – Atrium
AR - Activity Room
CM - Community Room
L - Library
O - Outing
P - Pub

Independence Village of Saginaw

Independent Living 3rd Floor

October 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 You be The Judge - A 2:00 Prize Bingo - AR 6:30 King's in the Corner - P	2 10:30 Sit & Stretch - A 11:00 Upstairs Resale Shop - A 1:30 Manicures - A 2:30 Funny Money Store - P 3:00 Calendar Review - AR 6:30 Popcorn - P 7:00 - Movie Night - L	3 10:30 Coffee & Conversation - A 1:30 Whel of Fortune - AR 2:00 Karaoke - A 3:00 Craft Workshop - AR
4 10:30 Worship w/ Grace Communion International - AR 2:00 Worship w/ Old Town Christian Outeach - AR 3:00 Sunday Series - L A Man on The Inside	5 10:00 Balance in Action - A 10:30 Bean Bag Baseball - A 1:30 You Be the Judge - A 2:00 Mass w/ Father Thai - AR 3:00 Visit Germany - L	6 10:30 Balloon Volleyball - A 1:30 Trivia - A 2:00 Bible Study w/ Dave - AR 3:00 Music w/ Swival Stix - A	7 10:30 Chair Dancing - A 11:30 Bayne's Apple Valley - O 2:00 Elevator Q & A - A 3:00 Pink Out Happy Hour - A 6:30 Wii Bowling - P	8 9:30 Fall Rail Trail Ride - O 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 Chair Yoga - A 2:00 Brad's Bingo Bonanza - A 6:30 Headbandz - P	9 10:30 Sit & Stretch - A 1:30 Painting w/ Veronica - AR 6:30 Popcorn - P 7:00 Movie Night - L	10 10:00 - 4:00 Annual Craft Bazaar
11 10:30 Worship w/ Grace Communion International - AR 2:00 Worship w/ Old Town Christian Outreach - AR 3:00 Sunday Series - L A Man on The Inside	12 10:00 Balance in Action - A 10:30 Bean Bag Baseball - A 2:00 Mass w/ Father Thai - AR 3:00 Cook w/ Brooke - AR	13 10:30 Balloon Volleyball - A 1:30 Trivia - A 2:00 Bible Study w/ Dave - AR 3:00 Music w/ Jean Learman - A	14 10:30 Chair Dancing - A 11:30 Applebees - O 2:00 Name 5 - AR 3:00 Happy Birthday Hour - A 6:30 Wii Bowling - P	15 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 Chair Yoga - A 2:00 Prize Bingo - AR 3:00 Farmers Market - A 6:30 King's in the Corner - P	16 10:30 Sit & Stretch - A 1:30 Manicures - A 2:30 Funny Money Store - P 3:00 Resident Forum 6:30 Popcorn - P 7:00 Movie Night - L	17 10:30 Coffee & Conversation - A 1:30 Word Chain - AR 2:00 Karaoke - A 3:00 Craft Workshop - AR
18 10:30 Worship w/ Grace Communion International - AR 1:00 - 4:00 4 th Annual Car Show 2:00 Worship w/ Old Town Christian Outreach - AR	19 10:00 Balance in Action - A 1:30 Bean Bag Baseball - CM 2:00 Mass w/ Father Thai - A	20 1:30 Trivia - CM 2:00 Bible Study w/ Dave 3:00 Music w/ Leo & Merry - A	21 10:30 Chair Dancing - A 11:00 Wii Bowling - CM 3:00 New Friends Happy Hour w/ Jim Pagel	22 10:00 TheraBand Workout - A 1:30 Chair Yoga - A 2:00 Prize Bingo 6:30 Bean Bag Baseball - CM	23 11:00 Sit & Strtech - CM 3:00 Manicures - CM 6:30 Popcorn - CM 7:00 Movie Night	24 10:30 Coffee & Conversation - A 2:00 Karaoke - A 3:30 Riddle Me This - CM
25 10:30 Worship w/ Grace Communion International - A 2:00 Worship w/ Old Town Christian Outreach - A 3:00 Sunday Series: A Man on The Inside	26 10:00 Balance in Action - A 1:30 Bean Bag Baseball - CM 2:00 Mass w/ Father Thai - A	27 1:30 Trivia - CM 2:00 Bible Study w/ Dave 3:00 Music w/ Chuck Koval - A	28 10:30 Chair Dancing - A 11:00 Wii Bowling - A 11:30 Famous Dave's - O 3:00 Staff Parade	29 10:00 TheraBand Workout - A 1:30 Chair Yoga - A 2:00 Prize Bingo A 6:30 Bean Bag Baseball - CM	30 11:00 Sit & Strtech - CM 3:00 Manicures - CM 6:30 Popcorn - CM 7:00 Movie Night	31 Halloween 10:30 Coffee & Conversation - A 1:30 You Be the Judge - A 2:00 Karaoke - A 3:00 Halloween Bingo - A

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