

StoryPoint Forest Hills

616-426-6540

Assisted Living

October 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:15 Coffee & Conversation: Hello October (B) 10:30 Cardio Drumming (SFA) 2:00 Craft Corner: Fall Garlands (FFA) 3:00 Docuseries: Secrets of Great British Castles-Edinburgh Castle (T) 3:30 Card Games-Poker (SFA)	2 10:15 Hallway Hiker’s Walking Club (L) 10:45 Bingo! (B) 1:30 Karla’s Retirement Party! (FFA) 3:00 Happy Hour (SFA) 3:15 Happy Hour Entertainment w/ Steve S. (SFA)	3 10:15 Coffee & Conversations w/ Warm Apple Cider: Fall Means Football (B) 1:30 Hallway Hiker’s Walking Club 2:30 Music Bingo! (B)
4 9:30 Coffee & Conversations (B) 10:00 Live Stream Catholic Mass (T) 10:30 Live Stream North Park Presbyterian Church (SFA) 1:30 Resident Run Walking Club (L) 3:00 Resident Run Table Games-Uno (FFA)	5 10:15 Hallway Hikers Walking Club (L) 10:45 Bingo! (B) 2:00 Giant Crossword (T) 3:30 Strength and Balance w/ TCT (SFA) 6:00 Movie & Popcorn- 9 to 5 (T)	6 10:15 Coffee & Conversation w/ Donuts: First Car (B) 10:30 Apple Cider & Fall Trivia (B) 3:00 Docuseries: The Unexplained- The Golden Age of Pirates (T) 3:30 Euchre/Bridge Club (FFA) 6:00 Activity Sheets (L)	7 10:15 Coffee & Conversation: Classic Movies & TV Shows (B) 10:30 Zumba w/ Brenda (SFA) 11:15 Bible Study w/ Pastor Chester (T) 2:00 Cookie Corner (FFA) 3:00 Brain Games: Words In a Word (T)	8 10:15 Coffee & Conversation: How Do I Feel? (B) 10:30 Cardio Drumming (SFA) 2:00 The Great Apple Taste Test (SFA) 3:00 Docuseries: Secrets of Great British Castles- Cardiff Castle (T) 3:30 Card Games-Poker (FFA)	9 10:15 Sunshine Strollers Walking Club (L) 10:45 Bingo! (B) 1:30 Board Games-Bunco (FFA) 3:00 Happy Hour (SFA) 3:15 Happy Hour Entertainment w/ Chris S. (SFA)	10 10:00 Resident Run Activities (B) 10:15 Coffee & Conversation: I’d Love to Go To... (B) 1:30 Hallway Hikers Walking Club (L) 2:30 Series Saturdays: Little House on the Prairie (T)
11 9:30 Coffee & Conversations (B) 10:00 Live Stream Catholic Mass (T) 10:30 Live Stream North Park Presbyterian Church (SFA) 1:30 Movie Matinee-Indiana Jones and the Raiders of the Lost Ark (T) 3:00 Activity Sheets (L)	12 10:15 Hallway Hikers Walking Club (L) 10:45 Bingo! (B) 2:00 Giant Crossword (T) 3:30 Strength and Balance w/ TCT (SFA) 6:00 Movie & Popcorn- Ghost Rider (T)	13 10:15 Shopping Outing- Forest Hills Foods (Sign Up in Lobby) (O) 10:30 Coffee & Conversation: Football Talk (B) 1:30 Resident Council (T) 3:00 Docuseries: The Unexplained- Impossible Ancient Inventions (T) 3:30 Euchre/Bridge Club (FFA) 6:00 Activity Sheets (L)	14 10:15 Coffee & Conversation w/ Mimosas: Costumes (B) 10:30 Zumba w/ Brenda (SFA) 1:30 Tech Questions w/ Sam the Tech Man (FFA) 2:30 Cookie Corner (FFA) 3:00 Move to the Music Exercise (SFA)	15 10:15 Coffee & Conversation: Halloween Traditions (B) 10:30 Cardio Drumming (SFA) 2:00 Pumpkin Carving Contest (FFA) 3:00 Docuseries: Secrets of Great British Castles- York Castle (T) 3:30 Card Games-Poker (FFA)	16 10:15 Sunshine Strollers Walking Club (L) 10:45 Bingo! (B) 1:30 Bosses Day Snack Social (T) 3:00 Happy Hour (SFA) 3:15 Happy Hour Entertainment w/ The Dusty Chaps (SFA)	17 10:00 Resident Run Activities (B) 10:15 Coffee & Conversation: High School Days (B) 1:30 Hallway Hikers Walking Club (L) 2:30 Music Bingo! (B)
18 9:30 Coffee & Conversations (B) 10:00 Live Stream Catholic Mass (T) 10:30 Live Stream North Park Presbyterian Church (SFA) 11:30 Sunday Brunch (Sign up at front desk) (DR) 3:00 Resident Run Table Games- Scrabble (FFA)	19 10:15 Hallway Hikers Walking Club (L) 10:45 Bingo! (B) 2:00 Giant Crossword (T) 3:30 October Birthday Party (FFA) 6:00 Movie & Popcorn- Men in Black (T)	20 10:00 Shopping Outing- New 2 You (Sign Up in Lobby) (O) 10:30 Coffee & Conversation: Spooky Stories (B) 11:30 Lunch Outing- Dunneback Girls (Sign Up in Lobby) (O) 3:00 Docuseries: The Unexplained- The Lost (T) 3:30 Euchre/Bridge Club (FFA) 6:00 Activity Sheets (L)	21 10:15 Coffee & Conversation w/ Muffins: Favorite Desserts (L) 10:30 Zumba w/ Brenda (SFA) 11:15 Bible Study w/ Pastor Chester (T) 1:30 Cooking Demo w/ Chef Tyler (FFA) 2:00 Cookie Corner (FFA) 3:30 Sips n’ Surveys (B)	22 10:15 Coffee & Conversation: Halloween Candy Debate (B) 10:30 Cardio Drumming (SFA) 1:30 Food Council (FFA) 3:00 Docuseries: Secrets of Great British Castles- Lancaster Castle (T) 3:30 Card Games-Poker (FFA)	23 10:15 Sunshine Strollers Walking Club (L) 10:45 Bingo! (B) 1:30 Board Games: Rummikub (FFA) 3:00 Happy Hour (SFA) 3:15 Happy Hour Entertainment w/ Steve R. (SFA)	24 10:00 Resident Run Activities (B) 10:15 Coffee & Conversation: Technology Through the Years (B) 1:30 Sunshine Strollers Walking Club (L) 2:30 Series Saturdays: Little House on the Prairie (T)
25 9:30 Coffee & Conversations (B) 10:00 Live Stream Catholic Mass (T) 10:30 Live Stream North Park Presbyterian Church (SFA) 1:30 Movie Matinee-Labyrinth (T) 3:00 Activity Sheets (L)	26 10:15 Hallway Hikers Walking Club (L) 10:45 Bingo! (B) 2:00 Giant Crossword (T) 3:30 Strength and Balance w/ TCT (SFA) 6:00 Movie & Popcorn- The Father (T)	27 10:00 Color Tour I (Sign Up in Lobby) (O) 10:30 Coffee & Conversation: Places I’ve Been (B) 11:30 Lunch Outing- Azul Agave (Sign Up in Lobby) (O) 2:00 Apple Cider Mimosas w/ Mikayla (B) 3:00 Docuseries: The Unexplained- Ancient Bible Relics (T) 3:30 Euchre/Bridge Club (L) 6:00 Activity Sheets (L)	28 10:15 Coffee & Conversation: Taste of Fall (B) 10:30 Zumba w/ Brenda (SFA) 1:30 Art Show & Mobile Coffee Cart w/ The VanPoolens (SFA) 3:00 Brain Games: Category Countdown (T)	29 10:15 Coffee & Conversation: If I Could, I Would... (B) 10:30 Cardio Drumming (SFA) 10:30 Book Club (T) 2:00 Baking Group: Pumpkin Bread (SFA) 3:00 Docuseries: Secrets of Great British Castles- Leeds Castle (T) 3:30 Card Games-Poker (FFA)	30 10:15 Sunshine Strollers Walking Club (L) 10:45 Bingo! (B) 11:30 The Great Chili Cookoff (DR) 1:30 Memory Game: Figures of Speech (FFA) 3:00 Happy Hour (SFA) 3:15 Happy Hour Entertainment w/ Randy H. (SFA) 6:00 Halloween Event (L)	31 10:00 Resident Run Activities (B) 10:15 Coffee & Conversation: Ghost Stories (B) 1:30 Hallway Hikers Walking Club (L) 2:30 Music Bingo! (B)
Calender Key: B - BISTRO L - LOBBY O - BUS OUTING	P- PATIO T - THEATER DR - DINING ROOM S- SALON	FFA - FIRST FLOOR ACTIVITY ROOM SFA- SECOND FLOOR ACTIVITY ROOM	Birthdays: Joanne M.-2 nd Remy C.-6 th Malinda H.-7 th	Rosalee S.-12 th Mary R.-15 th Thomas T.-15 th Sharon K.-26 th	STORYPOINT [™] Senior Living	