

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10a Brain Games (L) 1 10:30 Slow Flow Yoga (L) 11a Harmony Hour (LR) 1p Communion (1:1) 1:30p <u>Culinary Creations: Cinnamon Rolls (FDR)</u> 3p Treat Talk (FDR) 5p Serene Scapes (LRs)	Walk to End Alz 2 10a Music & Movement (L) 10:30a Mini Manis (AR) 1:30p <u>Cheers to the Walk with Denny Duvall!</u> 2:30 <u>Pinebrook Walk to End Alz! (MB)</u> 3p Energy Burst ((R) 6p Movie: Resident's Choice (L)	3 10a Stretch & Strength (LR) 1p Word Games (MDR) 6p Movie Night:
4 9:30a Hymns & Songs of Praise (LR) 10a Sole to Soul Walking Club 11a Meditative Arts Circle (AR) 6:30p Movie:	5 10a Coffee & Conversation (MDR) 11a Joyful Movement (L) 1p Finish the Phrase (L) 1:30p Sort & Match (FDR) 2:30p Energy Burst (L) 3p Armchair Travel (L) 5p Question of the Night (DR)	6 10a Word Detective (LR) 11a Chair Yoga & Mindfulness (L) 1p <u>Crumb! Cookie Taste Test (O)</u> 3p Balloon Badminton (L) 5p Evening Devotional (MDR)	7 10a Guided Meditation (L) 11a Strength & Balance (L) 1:30p Bingo (MDR) 2:30p Faith & Friendship Circle (LR) 3p Timeless Prices (LR) 5p Golden Oldies Hour (DRs)	Resident Town Hall 8 10a Brain Games (L) 10:30 Slow Flow Yoga (L) 11a Harmony Hour (LR) 1p Communion (1:1) 1:30p <u>Culinary Creations: Jack-o'-Lantern Quesadillas</u> 3p <u>Resident Town Hall (AR)</u> 5p Serene Scapes (LRs)	Minute to Win It 9 10a Music & Movement (L) 10:30a Mini Manis (AR) 1:30p <u>Minute to Win It Happy Hour (MDR)</u> 3p Energy Burst (LR) 6p Movie: Resident's Choice (L)	10 10a Stretch & Strength (LR) 11a Candy Bingo (DR) 1p Word Games (MDR) 6p Movie Night:
11 9:30a Hymns & Songs of Praise (LR) 10a Sole to Soul Walking Club 11a Meditative Arts Circle (AR) 6:30p Movie:	Fall Leaves Watercolor 12 10a Coffee & Conversation (MDR) 11a Joyful Movement (L) 1p Art Lab: <u>Fall Leaves Watercolor (AR)</u> 2:30p Energy Burst (L) 3p Armchair Travel (L) 5p Question of the Night (DR)	13 10a Word Detective (LR) 11a Chair Yoga & Mindfulness (L) 1p <u>Hot Fudge Sundaes at Frisches (O)</u> 3p Balloon Badminton (L) 5p Evening Devotional (MDR)	14 10a Guided Meditation (L) 11a Strength & Balance (L) 1:30p Bingo (MDR) 2:30p Faith & Friendship Circle (LR) 3p Tell Me Ten (LR) 5p Golden Oldies Hour (DRs)	15 10a Brain Games (L) 10:30 Slow Flow Yoga (L) 11a Harmony Hour (LR) 1p Communion (1:1) 1:30p <u>Culinary Creations: Pumpkin Pudding Parfaits</u> 3p Treat Talk (FDR) 5p Serene Scapes (LRs)	Cornhole Happy Hour 16 10a Music & Movement (L) 10:30a Mini Manis (AR) 1:30p <u>Cornhole Happy Hour (MDR)</u> 3p Energy Burst (LR) 6p Movie: Resident's Choice (L)	17 10a Stretch & Strength (LR) 11a Candy Bingo (DR) 1p Word Games (MDR) 6p Movie Night:
18 9:30a Hymns & Songs of Praise (LR) 10a Sole to Soul Walking Club 11a Meditative Arts Circle (AR) 6:30p Movie:	19 10a Coffee & Conversation (MDR) 11a Joyful Movement (L) 1p Finish the Phrase (L) 1:30p Sort & Match (FDR) 2:30p Energy Burst (L) 3p Armchair Travel (L) 5p Question of the Night (DR)	Shaw Farm 20 10a Word Detective (LR) 11a Chair Yoga & Mindfulness (L) 1p <u>Fall Treats at Shaw Farms (O)</u> 3p Balloon Badminton (L) 5p Evening Devotional (MDR)	October Birthdays 21 10a Guided Meditation (L) 11a Strength & Balance (L) 1:30p Birthday Bingo (MDR) 2:30p Faith & Friendship Circle (LR) 3p Timeless Prices (LR) 5p Golden Oldies Hour (DRs)	22 10a Brain Games (L) 10:30 Slow Flow Yoga (L) 11a Harmony Hour (LR) 1p Communion (1:1) 1:30p <u>Culinary Creations: Chocolate 'Dirt' Cups (FDR)</u> 3p Treat Talk (FDR) 5p Serene Scapes (LRs)	23 10a Music & Movement (L) 10:30a Mini Manis (AR) 1:30p <u>Happy Hour with Live Music by John Simpson! (MDR)</u> 3p Energy Burst (LR) 6p Movie: Resident's Choice (L)	24 10a Stretch & Strength (LR) 11a Candy Bingo (DR) 1p Word Games (MDR) 6p Movie Night:
25 9:30a Hymns & Songs of Praise (LR) 10a Sole to Soul Walking Club 11a Meditative Arts Circle (AR) 6:30p Movie:	Jack-O'-Lanterns 26 10a Coffee & Conversation (MDR) 11a Joyful Movement (L) 1p <u>Pumpkin Carving Jack-O'-Lanterns (AR)</u> 2:30p Energy Burst (L) 3p Armchair Travel (L) 5p Question of the Night (DR)	27 10a Word Detective (LR) 11a Chair Yoga & Mindfulness (L) 1p <u>Scenic Fall Ride and Donut Stop (O)</u> 3p Balloon Badminton (L) 5p Evening Devotional (MDR)	Trick-Or-Treat 28 10a Guided Meditation (L) 11a Strength & Balance (L) 1:30p Bingo (MDR) 2:30p Faith & Friendship Circle (LR) 3p Tell Me Ten (LR) 5p - 7p <u>Trick-or-Treat (DRs)</u>	29 10a Brain Games (L) 10:30 Slow Flow Yoga (L) 11a Harmony Hour (LR) 1p Communion (1:1) 1:30p <u>Culinary Creations: Mummy Mini Pizzas (FDR)</u> 3p Treat Talk (FDR) 5p Serene Scapes (LRs)	Costume Happy Hour 30 10a Monster Mash (L) 10:30a Mini Manis (AR) 1:30p <u>Costume Happy Hour with Live Music by Wild Carrot! (MDR)</u> 3p Energy Burst (LR) 6p Movie: Resident's Choice (L)	Halloween 31 10a Stretch & Strength (LR) 11a Candy Bingo (DR) 1p Word Games (MDR) 6p Movie Night:

Calendar Key:
Living Room - L
Garden - G
Front Dining Room - FDR

Main Dining Room - MDR
Activities Room - AR
O - Outing
OU - Outside

MB - Main Building