

Maple Lake Assisted Living

Assisted Living

October 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:30 Morning Welcome Circle 1 (MC) 10:15 Exercise: Pumpkin Patch Moves (MC) 11:00 Halloween Trivia (LR) 1:00 Fall Leaf Suncatchers (BCR) 2:30 Happy Hour: Oktoberfest (LR) 3:30 Pumpkin Ring Toss (BCR) 6:00 Evening: Spooky Movie (BCR)	9:30 Coffee & Headlines (MC) 2 10:15 Exercise: Autumn Stretch (MC) 11:00 Harvest Word Scramble (LR) 1:00 Bingo (BCR) 2:30 Sara Dawson Music (LR) 3:30 Tabletop Cornhole (BCR)	10:00 Exercise: Weekend (MC) 3 Wake-Up (MC) 11:00 Pumpkin Painting (MC) 1:00 Halloween Reminiscing (LR) 2:00 Candy Corn Games (BCR)
10:00 Exercise: Gentle Sunday Stretch (MC) 4 11:00 Hymns & Inspiration (LR) 1:00 Sunday Puzzle Social (LR) 2:00 Church Service (BCR)	9:30 What's in the Bag? (MC) 5 10:15 Exercise: Chair Cardio (MC) 11:00 Baking: Apple Muffins (BCR) 1:00 Bingo (BCR) 2:30 Halloween Jeopardy (LR) 3:30 Courtyard Walk (OS)	11:00 Exercise: Monster Mash Moves (MC) 6 1:00 Name That Candy (BCR) 2:30 Ghost Garland Craft (LR) 3:30 Manicures (LR) 6:00 Book Club (LR)	9:30 Morning Brain Boost (MC) 7 10:15 Exercise: Balance & Stretch (MC) 11:00 Fall Clean Up (MC) 1:00 Bingo (BCR) 2:30 Halloween Mad Libs (LR) 3:30 Music Memories: 50s & 60s (MC)	9:30 This-or-That: Fall Edition (MC) 8 10:15 Exercise: Fall Fitness (MC) 11:00 Halloween Scattergories (LR) 1:00 Witch Hat Ring Toss (BCR) 2:30 Happy Hour: Witches' Brew (BCR) 3:30 Fall Charades (LR) 6:00 Evening: Halloween Karaoke (BCR)	9:30 Donuts & Discussion (MC) 9 10:15 Exercise: Chair Yoga (MC) 11:00 Guess The Movie (LR) 1:00 Bingo (BCR) 2:30 Fall Floral Arranging (BCR) 3:30 Porch Stories (FP)	10:00 Exercise: Pumpkin Power (MC) 10 11:00 Puzzle Corner (LR) 1:00 Caramel Apple Social (BCR) 2:00 Mystery Bag Challenge (LR)
10:00 Exercise: Sunday Mobility (MC) 11 11:00 Gospel Sing-Along (BCR) 1:00 Inspirational Stories (LR) 2:00 Church Service (BCR)	9:30 Finish the Phrase (MC) 12 10:15 Exercise: Seated Strength (MC) 11:00 Baking: Pumpkin Muffins (BCR) 1:00 Bingo (BCR) 2:30 Pressed Leaf Art (BCR) 3:30 Autumn Walking Club (OS)	10:15 Exercise: Chair Aerobics (MC) 13 11:00 Tech Tuesday: Music & Apps (MC) 1:00 Halloween Pictionary (LR) 2:30 Pumpkin Decorating (LR) 3:30 Hot Cocoa Bar (BCR) 6:00 Book Club (LR)	9:30 Would You Rather? Halloween (MC) 14 10:15 Exercise: Resistance Band Fun (MC) 11:00 Horseshoes (BCR) 1:00 Bingo (BCR) 2:30 Culinary Showcase: Fall Favorites (FL) 3:30 Agravation (FL)	9:30 Guess the Halloween Sound (MC) 15 10:15 Exercise: Autumn Moves (MC) 11:30 Halloween Stories (LR) 1:00 Manucures (LR) 2:30 Happy Hour: Haunted Saloon (LR) 3:30 Costume Accessory Craft (BCR) 6:00 Evening: Ghost Stories & Cocoa (BCR)	9:30 Morning Riddles (MC) 16 10:15 Exercise: Core & Posture (MC) 11:30 Fall Scavenger Hunt 1:00 Bingo (BCR) 2:30 Sara Dawson Music (BCR) 3:30 Smores Bar (BCR)	10:00 Exercise: Seated Dance (MC) 17 11:30 Spider Web Craft (BCR) 1:00 Pumpkin Beanbag Toss (BCR) 2:00 Puzzle Corner (LR)
10:00 Exercise: Sunday Stretch & Breathe (MC) 18 11:30 Hymn Requests (BCR) 1:00 Gratitude Circle (LR) 2:00 Church Service (BCR)	9:30 Halloween Fact or Fiction (MC) 19 10:15 Exercise: Balance Basics (MC) 11:30 Baking: Halloween Cupcakes (BCR) 1:00 Bingo (BCR) 2:30 Monthly Activity Meeting (BCR) 3:30 Card Games (LR)	10:15 Exercise: Monster Walk Workout (MC) 20 11:30 Tech Tuesday: Video Calls (LR) 1:00 Spooky Word Search Race (LR) 2:30 Haunted House Craft (BCR) 3:30 Cider & Conversation (LR) 6:00 Book Club (LR)	9:30 Coffee & Comedy (MC) 21 10:15 Exercise: Stretch & Strength (MC) 11:30 Blessing Bags Assembly (LR) 1:00 Bingo (BCR) 2:30 Resident Council (BCR) 3:30 Indoor Walking Club (BCR)	9:30 Halloween Would You Rather (MC) 22 10:15 Exercise: Fall Chair Fitness (MC) 11:30 Pumpkin Trivia Challenge (LR) 1:00 Mummy Wrap Game (BCR) 2:30 Happy Hour: Vampire Lounge (LR) 3:30 Manicures (BCR) 6:00 Family Night Bingo (BCR)	9:30 Remember When: Autumn (MC) 23 10:15 Exercise: Upper Body Boost (MC) 11:30 Men's Group (LR) 1:00 Bingo (BCR) 2:30 OUTING: Dollar Tree	10:00 Exercise: Weekend Cardio (MC) 24 11:30 Corn Hole (BCR) 1:00 Halloween Name That Tune (LR) 2:00 Donut-on-a-String Fun (LR)
10:00 Exercise: Sunday Flexibility (MC) 25 11:30 Gospel Music Requests (LR) 1:00 Sunday Reflection (SR) 2:00 Church Service (BCR)	9:30 Halloween Price Is Right (MC) 26 10:15 Exercise: Pumpkin Power Circuit (MC) 11:30 Baking: Witch Hat Cookies (BCR) 1:00 Bingo (BCR) 2:30 Monster Match Game (LR) 3:30 Hallway Walking Club (FL)	10:15 Exercise: Chair Aerobics Plus (MC) 27 11:30 Tech Tuesday: Online Safety (BCR) 1:00 Pumpkin Bowling (BCR) 2:30 DIY Masquerade Masks (BCR) 3:30 Cider & Donuts (BCR) 6:00 Book Club (LR)	9:30 What's That Halloween Item? (MC) 28 10:15 Exercise: Balance & Mobility (MC) 11:30 Halloween Reminiscing Cards (LR) 1:00 Bingo (BCR) 2:30 Trick-or-Treat Prep (BCR) 3:30 Oldies Sing-Along (BCR)	9:30 Costume Guessing Game (MC) 29 10:15 Exercise: Halloween Dance Fit (MC) 11:30 Monster Minute-to-Win-It (BCR) 1:00 Fall Scent Challenge (BCR) 2:30 Happy Hour (LR) 3:30 Witch Hat Decorating (BCR) 6:00-7:30 Trick-or-Treating	9:30 Halloween Morning Mixer (MC) 30 10:15 Exercise: Full Body Chair Workout (MC) 11:30 Apple Butter Tasting (BCR) 1:00 Bingo (BCR) 2:30 Halloween Celebration (BCR) 3:30 Monster Mash Dance (MC)	10:00 Exercise: Halloween Finale (MC) 31 11:30 Dominoes (LR) 1:00 Halloween Watercolor Painting (LR) 2:00 Hot Apple Cider Bar (BCR)

Calender Key:
BCR- Big Community Room
LR- Living Room

MC- Memory Care
O- Outing
OS- Outside
L- Lobby

SR- Sunroom
AL- Assisted Living
S- Salon
DR- Dining Room

G- Gazebo
FP- Front Porch
FL- Front Lobby