StoryPoint of Plano

Memory Care

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:10 Walking Club** **11:00 Brain Games** **1:20 Trivia** **2:30 Snack & Social** **6:00 Dick Van Dyck Show, (Prime)**	**2** **9:10 Walking club (YouTube** **1:20 Nat Geo (YT)** **2:30 Snack & Social** **6:00 Carol Burnett Show, (Prime)**	**3** **9:10 Walking Club** **10:00: Ball Toss** **11:00 Walking Club** **1:20 2 Word Search S/L** **2:30 Suduku** **6:00 The Saint, (Prime)**	**4** **9:10 Seated Exercises** **10:00 Balloon Toss** **1:20 Water Art Fun** **2:30 Snack & Social** **6:00 Rockford Files, (Prime)**	**5** **9:08 Seated exercises** **10:00 Balloon Toss** **11:00 Walking Club** **1:20 Art on Canvas with Acrylic markers** **2:30 Snack & Social** **6:00 Bob Newhart Show, (Prime)**	**6** **9:08 Funny Videos, (YouTube)** **11:00 Muisc & Movement w Millie** **2:30 Snack & Social** **3:30 Entertainment, (AL)** **6:00 Rockford Files (Prime)**	**7** **9:08 Musical Movement with Millie (YouTube)** **11:00 Bingo** **2:30 Snack & Social** **6:00 Meditation**
8 9:10 Walking Club 11:00 Funny Videos (YT) 1:20 Church Hymns (YT) 2:30 Snack & social 6:00 Carol Burnett Show, (Prime)	**9** (9:10 Walking Club 10:00 Balloon Toss 1;20 Nature Boom Time (YT) 2:30 Snack & Social 6:00 The Bob Newhart Show (Prime)	**10** **9:10 Seated Exercies** **10:00 Ball Toss** **11:00 Walking Club** **1:20 Maze Games** **2:30 Snack & Social** **6:00 Meditation**	**11** 9:10 Stretch and Exercise 10:00 Ball Toss 1:30 Maze Exercises 2:00 UNO 2:30 Snack & Social 6:00 The RockFord Files, (Prime)	**12** **9:10 Seated Tai Chi Exercises** **10:00 Balloon Toss** **11:00 Brain Games** **1:20 Art on Canvas** **2:30 Snack & Social** **6:00 Carol Burnett Show, (Prime)**	**13** 9:10 Nat Geo (YT) 10:00 Ball Toss 3:30 Entertainment, (REM) 6:00 The Lucy Show (Prime)	**14** 9:10 Musical Sing Along 10:00 Brain Games 10:30 Bingo 1:30 Puzzles (24-piece set, white & red box) 2:30 Snack & Social 6:00 Dick Van Dyck Show, (Prime)
15 9:10 Walking Club 10:00 (YT) 2:30 Social & Snack 2:00 Muisc with Aundrea 6:00 RockFord Files, (Prime)	**16** 9:10 Funny Animal Videos 10:30 Balloon Toss 11:00 Nature Boom Time (YT) 2:00 Jigsaw Puzzles (24 Piece set) 2:30 Social/Snack 6:00 The Bob Newhart Show (Prime)	**17** 9:10 Seated Exercises 10:00 Balloon Toss 10:30 Bible Study (2nd Floor) 11:00 Puzzles, 36 pieces 1:20 Rubik's Cube Game 2:30 Snack &Social 6:00 Meditation	**18** 9:10 Seated Exercises 10:00 Ball Catch 1:20 Trivia 2:30 Snack & Social 6:00 The Bob Newhart Show (Prime)	**19** **9:10 Seated Stretching Exercises with Bands** **10:00 Balloon Toss** **11:00 Funny Art w David** **1:20 Nat Geo (YT)** **2:30 Snack & Social** **6:00 The Saint (Prime)**	**20** **9:10 The Wonderful World of Cars (YT)** **10:00 Brain Games** **2:30 Snack & Social** **3:30 Entertainment, (AL)** **6:00 The Bob Newhart Show (Prime)**	**21** 9:10 Our Planet Documentary (YT) 10:00 Music and Motion, with Millie 10:30 Bingo 2:30 Snack & Social 6:00 Meditation
22 9:10 Walking Club 10:30 Funny Videos (YT) 11:00 Trivia 2:30 Social & Snack 6:00 Rockford Files, (Prime)	**23** 9:10 Nat Geo, (YT) 10:30 Brain Games 2:00 Word Search 2:30 Snack & Social 6:00 Dick Van Dyck Show (Prime)	**24** 9:10 Seated Exercises 10:00 Ball Toss 11:00 Walking Club 1:20 Word Searches 2:00 Charades 2:30 Snack & Social 6:00 Meditation	**25** 9:10 Seated Tai Chi 10:00 Stretching 1:30 Trivia 2:00 Puzzle 25 pieces 2:30 Snack & Social 6:00 The Saint, (Prime)	**26** 9:10 Sit and Stretch Exercises 10:00 Nerf ball Toss 10:30 Walking Club 11:00 Word Search 1:30 Rubik's Cube Game 2:30 Snack & Social 6:00 The RockFord Files, (Prime)	**27** 9:10 Nat Geo, (YouTube) 10:00 Music Movement w Millie 11:00 Balloon Toss 2:30 Snack & Social 3:30 Entertainment, (REM) 6:00 The Bob Newhart Show	**28** 9:10 Musical Sing Along 10:00 Coloring Sheets with paint brushes & Water 10:30 Bingo 2:30 Snack & Social 6:00 I Love Lucy (Prime)
29 9:10 Walking Club 11:00 Brain Games 1:00 Sunday Drive in neigborhood 2:00 Painting fun 2:30 Social/ Snack 6:00 Rockford Files, (Prime)	**30** 9:10 Walking Club 10:00 Funny Animal Videos (YT) 11:00 Word Searches 2:30 Social & Snack 6:00 Dick Van Dyck Show,)Prime)					

Calender Key:

Your paragraph text

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