StoryPoint Carrollton

Independent Living

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Walking With A Buddy (L) 11:00 Catholic Mass/KDFI (CC) 12:00 Cowboys vs. Cardinals (T) 1:30 Sunday Matinee (T) 3:15 LCR Dice Game (AR) 5:30 Hand & Foot (GR)	**2** 9:00, 9:30 and 10:00- Exercise w/ Betty (FR) 1:00 Bridge (GR) 1:00 Coloring/Adults (CC) 3:00 Rummikub (AR) 6:00 Bingo (AR)	**3** 8-3 Podiatrist (L) 9:00, 9:30 and 10:00- Exercise (FR) 10:00 Crafts (4th Floor) 10:00 Access Care Clinic (ACC) 10:30 BP Check (ACC) 1:30 Book of Revelation (T) 3:30 Happy Hour (CC) 5:30 Texas Hold 'Em Poker (BR) 6:45 Mexican Train (AR)	**4** 8-12 Podiatrist (L) 9:00, 9:30 and 10:00- Exercise w/ Betty (FR) 12:45 Fun Chair Volleyball (SC) 1:00 Bible Study (T) 3:00 Bingo (AR)	**5** 9:00, 9:30 and 10:00- Exercise (FR) 10:00 Crafts (4th Floor) 10:30 Tai Chi (FR) 11:00 Catholic Communion (T) 2:00 New Resident Orientation (CC) 2:00 Choir Practice (T) 3:30 Happy Hour (CC) 6:30 Grief Support w/ Heidi (CC) 6:45 Doc Gibbs at Senior Center (L)	**6** 9:00, 9:30 and 10:00 – Exercise (FR) 9:00 Shopping at Walmart (L) 10:00 Flower Arranging (AR) 1:00 Bean Bag Baseball Playoffs (T) 2:00 Resident Forum (DR) 3:00 Rummikub (AR)	**7** 9:00 Walking With A Buddy (L) 12:45 Bridge (GR) 1:00 Majhong (Apts) 3:00 Bingo (AR) 6:00 Music w/ Sir Charles (T)
8 9:00 Walking With A Buddy (L) 11:00 Catholic Mass/KDFI (CC) 12:00 Cowboys vs. Colts (T) 1:30 Sunday Matinee (T) 3:15 LCR Dice Game (AR) 5:30 Hand & Foot (GR)	**9** 9:00, 9:30 and 10:00- Exercise w/ Desmond (FR) 10:00am Vaccine Clinic (CC) 1:00 Bridge (GR) 1:00 Coloring/Adults (CC) 3:00 Rummikub (AR) 6:00 Bingo (AR) 7:00 Let's Dance (DR)	**10** 9:00, 9:30 and 10:00- Exercise (FR) 10:00 Crafts (4th Floor) 10:00 Access Care Clinic (ACC) 10:30 BP Check (ACC) 1:30 Book of Revelation (T) 3:30 Happy Hour (CC) 5:30 Texas Hold 'Em Poker (BR) 6:45 Mexican Train (AR)	**Veterans Day** **11** 9:00, 9:30 and 10:00- Exercise (FR) 9:30 Veteran's Breakfast (DR) 12:45 Fun Chair Volleyball (SC) 1:00 Bible Study (T) 3:00 Bingo (AR) 6:30 Sound Healing (T)	**12** 9:00, 9:30 and 10:00- Exercise (FR) 10:00 Crafts (4th Floor) 10:30 Tai Chi (FR) 11:00 Catholic Communion (T) 11-1 Cindy's Quilts & Avon (L) 1:00 Chef Chat (AR) 2:00 Choir Practice (T) 3:30 Happy Hour (CC) 6:30 Grief Support w/ Heidi (CC)	**13** 9:00, 9:30 and 10:00 – Exercise (FR) 9:00 Shopping at Walmart (L) 10:00 Flower Arranging (AR) 1:00 Bean Bag Baseball Awards (T) 3:00 Rummikub (AR) 6:30 David Callahan Sing-A-Long (CC)	**14** 9:00 Walking With A Buddy (L) 12:45 Bridge (GR) 1:00 Majhong (Apts) 3:00 Bingo (AR) 6:30 Saturday Evening Movie (T)
15 9:00 Walking With A Buddy (L) 11:00 Catholic Mass/KDFI (CC) 1:30 Sunday Matinee (T) 3:15 LCR Dice Game (AR) 3:25 Cowboys vs. 49ers (T) 5:30 Hand & Foot (GR)	**16** 9:00, 9:30 and 10:00- Exercise w/ Desmond (FR) 1:00 Bridge (GR) 1:00 Coloring/Adults (CC) 3:00 Rummikub (AR) 5:00 Technanagy Kids (CC) 6:00 Bingo (AR)	**17** 9:00, 9:30 and 10:00- Exercise (FR) 10:00 Crafts (4th Floor) 10:00 Access Care Clinic (ACC) 10:30 BP Check (ACC) 1:30 Greeting Card Class (AR) 1:30 Book of Revelation (T) 3:30 Happy Hour (CC) 5:30 Texas Hold 'Em Poker (BR) 6:45 Mexican Train (AR)	**18** 9:00, 9:30 and 10:00- Exercise (FR) 12:45 Fun Chair Volleyball (SC) 1:00 Bible Study (T) 2:30am Total Hearing Care (CC) 3:00 Bingo (AR) 6:30pm Music w/ Mike Frankel (CC)	**19** 9:00, 9:30 and 10:00- Exercise (FR) 10:00 Crafts (4th Floor) 10:30 Tai Chi (FR) 11:00 Catholic Communion (T) 11:30 Birthday Luncheon (AR) 2:00 Choir Practice (T) 3:30 Happy Hour (CC) 6:30 Grief Support w/ Heidi (CC)	**20** 9:00, 9:30 and 10:00 – Exercise (FR) 9:00 Shopping at Walmart (L) 10:00 Flower Arranging (AR) 2:00 Resident Forum (DR) 3:00 Rummikub (AR)	**21** 9:00 Walking With A Buddy (L) 12:45 Bridge (GR) 1:00 Majhong (Apts) 3:00 Bingo (AR) 6:30 Saturday Evening Movie (T)
22 9:00 Walking With A Buddy (L) 11:00 Catholic Mass/KDFI (CC) 12:00 Cowboys vs. Titans (T) 1:30 Sunday Matinee (T) 3:15 LCR Dice Game (AR) 5:30 Hand & Foot (GR)	**23** 9:00, 9:30 and 10:00- Exercise w/ Desmond (FR) 1:00 Bridge (GR) 1:00 Coloring/Adults (CC) 2:00 Men's Social Hour (AR) 3:00 Rummikub (AR) 6:00 Bingo (AR)	**24** 9:00, 9:30 and 10:00- Exercise (FR) 10:00 Crafts (4th Floor) 10:00 Access Care Clinic (ACC) 10:30 BP Check (ACC) 1:00 Elm Fork River Band (T) 3:00 Book of Revelation (T) 3:30 Happy Hour (CC) 5:30 Texas Hold 'Em Poker (BR) 6:45 Mexican Train (AR)	**25** 9:00, 9:30 and 10:00- Exercise (FR) 12:45 Fun Chair Volleyball (SC) 11:30 Ambassador Luncheon (AR) 1:00 Bible Study (T) 3:00 Bingo (AR) 6:30 Sound Healing (T)	**Thanksgiving** **26** 10:00 Crafts (4th Floor) 11:00 Catholic Communion (T) 1:00 Thanksgiving Grab & Go (L) 3:30 Cowboys vs. Eagles (T)	**27** 9:00, 9:30 and 10:00 – Exercise (FR) 9:00 Shopping at Walmart (L) 10:00 Flower Arranging (AR) 2-5 Gi Gi's Boutique Special Orders (L) 3:00 Rummikub (AR) 6:30 David Callahan Entertains (T)	**28** 9:00 Walking With A Buddy (L) 12:45 Bridge (GR) 1:00 Majhong (Apts) 3:00 Bingo (AR) 6:30 Music w/ Cindy Kahn (T)
29 9:00 Walking With A Buddy (L) 11:00 Catholic Mass/KDFI (CC) 1:30 Sunday Matinee (T) 3:15 LCR Dice Game (AR) 5:30 Hand & Foot (GR)	**30** 9:00, 9:30 and 10:00- Exercise w/ Desmond (FR) 1:00 Bridge (GR) 1:00 Coloring/Adults (CC) 2:00 Women's Social Hour (AR) 3:00 Rummikub (AR) 6:00 Bingo (AR)					

Calender Key:

AR – Activity Room
B – Balcony
BR – Billiard's Room
CC – Cactus Cafe
CY – Courtyard
DR – Dining Room
FR – Fitness Room
L – Lobby
P – Lakeside Patio
SC – Senior Center
T – Theater
Apts – Resident Apartment
ACC – Access Care Clinic, located in Apt. 255

StoryPoint Senior Living