StoryPoint Hixson North

Memory Care

November

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 DR - Facts & Funnies 10:00 LR -Hymns & Devotion 1:00 LR - Rest & Relaxation 2:00 DR - Snack Social 4:00 H1&2 - Walking Club	2 10:00 LR - Morning Devotion 10:45 LR - Stretch & Smile 1:00 LR - Relaxation 2:00 DR - Snack Social 3:00 DR - A Perfect Match 6:00 LR - Relaxing Scenes	3 10:00 LR - Morning Devotion 10:45 LR - Armchair Travels 1:00 LR - Relaxation 2:00 DR - Bingo 6:00 LR - Stories & Tales	4 10:00 LR - Morning Devotion 10:45 LR - Fit & Fabulous 1:00 LR - Relaxation 2:00 DR - Snack Social 6:00 LR - Movie Matinee	5 10:00 LR - Morning Devotion 10:45 LR - Chair-ful Moves 1:00 LR - Relaxation 2:00 DR - Bingo 6:00 LR - Movie Matinee	6 10:00 LR - Morning Devotion 10:45 LR - Ball Bonanza 1:00 LR - Relaxation 2:00 HW - Cruisin Cart 6:00 CY - Sunset Mindfulness	7 9:15 DR - Facts & Funnies 10:00 H1&2 - Walking Club 11:00 LR - Fold & Sort 1:00 LR - Relaxation 2:00 DR - Snack Social 6:00 LR - Andy Griffith
8 9:30 DR - Facts & Funnies 10:00 LR - Hymns & Devotion 11:00 DR - Board Games 1:00 LR - Rest & Relaxation 2:00 DR - Snack Social 4:00 H1&2 - Walking Club	9 10:00 LR - Morning Devotion 10:45 LR - Stretch & Smile 1:00 LR - Relaxation 2:00 DR - Snack Social 2:30 DR - Table Hockey 6:00 LR - Relaxing Scenes	10 10:00 LR - Morning Devotion 10:45 LR - Armchair Travels 1:00 LR - Relaxation 2:00 DR - Bingo 6:00 LR Stories & Tales	11 10:00 LR - Morning Devotion 10:45 LR - Fit & Fabulous 1:00 LR - Relaxation 2:00 DR - Snack Social 6:00 LR - Movie Matinee	12 10:00 LR - Morning Devotion 10:45 LR - Chair-ful Moves 1:00 LR - Relaxation 2:00 DR - Bingo 6:00 LR - Movie Matinee	13 10:00 LR - Morning Devotion 10:45 LR - Ball Bonanza 1:00 LR - Relaxation 2:00 DR - Snack Social 3:00 DR - Water Art 6:00 CY - Sunset Mindfulness	14 9:15 DR - Facts & Funnies 10:00 H1&2 - Walking Club 11:00 LR - Fold & Sort 1:00 LR - Relaxation 2:00 DR - Snack Social 6:00 LR - I Love Lucy
Spirit Week 15 9:30 DR - Facts & Funnies 10:00 LR - Hymns & Devotion 1:00 LR - Rest & Relaxation 2:00 DR - Snack Social 4:00 H1&2 - Walking Club	Flannel Day 16 10:00 LR - Morning Devotion 10:45 LR - Stretch & Smile 1:00 LR - Relaxation 2:00 DR - Snack Social 2:30 DR - Would You Rather? 6:00 LR - Relaxing Scenes - LR	Hat Day 17 10:00 LR - Morning Devotion 10:45 LR - Armchair Travels 1:00 LR - Relaxation 2:00 DR - Bingo 6:00 LR - Stories & Tales	Red Day 18 10:00 LR - Morning Devotion 10:45 LR - Fit & Fabulous 1:00 LR - Relaxation 2:00 DR - Snack Social 6:00 LR - Movie Matinee	Western Day 19 10:00 LR - Morning Devotion 11:30 DR - Family Thanksgiving Lunch 2:00 DR - Bingo 6:00 LR - Movie Matinee	Blue Jean Day 20 10:00 LR - Morning Devotion 10:45 LR - Ball Bonanza 1:00 LR - Relaxation 2:00 HW - Cruisin Cart 6:00 CY - Sunset Mindfulness	21 915 DR - Facts & Funnies 10;00 H1&2 - Walking Club 11:00 LR - Fold & Sort 1:00 LR - Relaxation 2:00 DR - Snack Social 6:00 LR - Andy Griffith
22 9:30 DR - Facts & Funnies 10:00 LR -Hymns & Devotion 11:00 DR - Board Games 1:00 LR - Rest & Relaxation 2:00 DR - Snack Social 4:00 H1&2 - Walking Club	23 10:00 LR - Morning Devotion 10:30 LR - Stretch & Smile 11:15 LR - Chattanooga Zoo 1:00 LR - Relaxation 2:00 DR - Snack Social 2:30 DR - Finish the Saying 6:00 LR - Relaxing Scenes	24 10:00 LR - Morning Devotion 10:45 LR - Armchair Travels 1:00 LR - Relaxation 2:00 DR - Bingo 6:00 DR - Stories & Tales	25 10:00 LR - Morning Devotion 10:45 LR - Fit & Fabulous 1:00 LR - Relaxation 2:00 DR - Snack Social 6:00 LR - Movie Matinee	Happy Thanksgiving 26 10:00 LR - Morning Devotion 10:45 LR - Chair-ful Moves 1:00 LR - Relaxation 2:00 DR - Snack Social 6:00 LR - Movie Matinee	27 10:00 LR - Morning Devotion 10:45 LR - Ball Bonanza 1:00 LR - Relaxation 2:00 DR - Snack Social 6:00 CY - Sunset Mindfulness	28 9:15 DR - Facts & Funnies 10:00 H1&2 - Walking Club 11:00 LR - Fold & Sort 1:00 LR - Relaxation 2:00 DR - Snack Social 6:00 LR - Western Movie
29 9:30 DR - Facts & Funnies 10:00 LR - Hymns & Devotion 11:00 DR - Board Games - DR 1:00 LR - Rest & Relaxation 2:00 DR - Snack Social 4:00 H1&2 - Walking Club	30 10:00 LR - Morning Devotion 10:45 LR - Stretch & Smile 2:00 DR - Snack Social 2:30 DR - 6:00 LR - Relaxing Scenes					

Calender Key:
Shuttle Outing - STL
Courtyard - CY
Living Room - LR
Dining Room - DR
Hallway - H1 (Left)
Hallway - H2 (Right)
Assisted Living - AL

StoryPoint Senior Living