River Ridge Senior Communities

November 2026 Monthly Newsletter

Assisted Living



Words of Thankgiving

We asked our Residents what they are thankful for in a word. Here are some of the chosen words:

Family Children

Staff God Community

Belonging New Friendships

Health Our Country Ice-cream

Coffee Music Snacks

A few cheated exceeding the one word rule. I left out "Good Booze". We all know who said that. (Hint: See Photo)

Birthdays in November

Happy Birthday:to Residents:

Annie 4th
Don O 13th

Happy Birthday to Employees:

Damien 11th
Tabbi 18th
Jace 20th
Veronica 30th



Employee of the Month AaLeeah Gales

We are excited to recognize Aaleeah Gales as our Employee of the Month! Aaleeah has shown incredible dedication, hard work, and positivity that make her a valuable member of our care team. She consistently goes above and beyond by picking up extra shifts and working across all three shifts whenever needed, showing her commitment to our residents and coworkers.

One of Aaleeah's best qualities is her positive attitude and friendly personality. She is one of the friendliest people you will meet, and her warm presence helps make our community a better place. We are also excited to celebrate her acceptance into nursing school starting in January! This is a wonderful accomplishment, and we are proud to see her taking this next step in her healthcare career.

Congratulations, Aaleeah! Thank you for your hard work, dedication, and the care you bring to our community. We are grateful to have you on our team and wish you the very best in this exciting new chapter!







Executive Director
Audrey Henriquez

Property Administrator
Jessica Eiseler

Community Specialist
Lindsey Lloyd

Life Enrichment Director
Ron Schuster

Wellness Director
Lori Copeland

Chef
Dre Mendez

Maintenance Lead
Nathan Prong

Lead Housekeeper
Christy Cox

Care Coordinator
Lexy Anchor

Care Coordinator
Heather Wingate

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River Ridge
BY STORYPOINT GROUP

November Highlights

Deer Watch and Desserts - Nov. 5

Inspired by some of our residents' deep passion for deer hunting, we tailored this special activity just for them! Residents can sit back and enjoy watching real wildlife—including deer, wild turkeys, and coyotes—gather right behind the building. With plenty of deer and turkey sightings guaranteed, it's sure to be a wonderful experience for all our resident nature lovers.

Veteran's Day Celebration - Nov. 10

Join us on November 10th at 1:30 PM in the Assisted Living Living Room as we honor our residents with a special Veterans Day Ceremony. Afterward, at 2:30 PM, keep the celebration going with a patriotic sing-along featuring patriotic karaoke! Please come out and help us honor our brave veterans.

"Friendsgiving" Social - Nov. 24

Friends and Family: Join us this Tuesday evening at 6:00 PM for a special "Friendsgiving" social! We will be serving a delicious variety of desserts and pies as we spend an hour celebrating gratitude with our residents, their friends, and their families.

Christmas Carols November 23 & 30

With December around the corner we are celebrating with an hour or favorite Christmas Jingles at 2:30 pm. We welcome all of you to join us as we participate in our favorite Christmas Sing-along songs. A group of us will also be preparing for a Christmas Choir in December.

From our Executive Director

As we transition into November, our community naturally shifts toward reflection and gratitude. When we asked our residents what they are thankful for, the answers were profound: Family, Children, Staff, God, Community, Belonging, and—naturally—a few smiles over ice cream, coffee, and good company.

At StoryPoint, providing a "1440 experience" means recognizing that every single minute is an opportunity to make a positive impact and celebrate life together. Twenty-four hours give us 1,440 minutes daily to live fully, and November is a true testament to that philosophy.

This month, we lean into our core values of warmth and community. Whether gathering for seasonal celebrations, sharing stories over coffee, or recognizing team members like Employee of the Month Aaleeah Gales, every moment nurtures a true sense of home.

Thank you to our residents, families, and staff for making River Ridge so vibrant. Let's make every minute count this November! — Audrey Henriquez





What's New in November

There is nothing quite like the smell of freshly baked bread, cinnamon rolls, and snickerdoodles—except, of course, the taste of them! We are thrilled to introduce our new Baking Club, meeting every Thursday at 1:30 PM in Memory Care. We'll be discovering our residents' favorite pastimes from the kitchen and "stealing" their secret recipes to recreate together.

Speaking of baking, our very own Executive Director, Audrie Henriquez, will be showcasing her own culinary skills during a special Culinary Showcase on November 4 at 1:30 PM. She'll be sharing the secrets behind some amazing fall desserts!

Looking ahead, we are officially getting ready for Christmas! Festivities will kick off with our Christmas Tree Decorating event and the formation of a Resident Choir, who are already hard at work preparing for a special performance in December. Our community has also been busy creating wonderful new artwork and crafts that truly highlight the creative talents of our residents.

Finally, our Travelogues have been expanded into true adventures through time. Using the wonderful capabilities of A.I., we are stepping back in history to bring the past vividly to life.

Brighter Mornings Ahead

Schedule Update: Based on our recent managers' meeting, we are shifting our morning activities 30 minutes earlier to better serve our residents. Morning Fitness will now begin at 9:30 AM, and Coffee and Chat will run from 10:00 AM to 11:00 AM.

Why this change?

- A Smoother Transition to Lunch: A dedicated gap between morning programs and lunchtime gives residents a relaxed, unhurried pace to freshen up or transition to the dining room.
- An Earlier Start: Residents can jump-start their mornings and make the most of the earlier hours of the day.

We are always looking for ways to enhance our programming to benefit our residents' daily routines and well-being!

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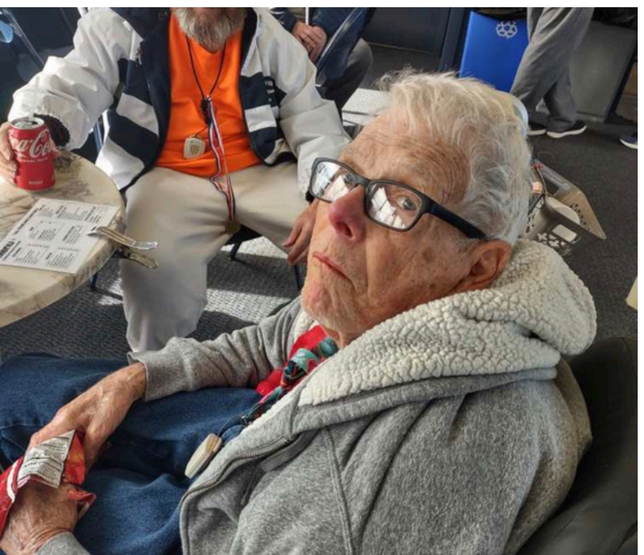


The 1440 Experience

There are 1,440 minutes in every single day. Every minute is a gift and an opportunity. How we choose to spend those 1,440 minutes—through connection, laughter, shared activities, and moments of joy—is what makes our community so special. A 1440 mindset ensures that every resident's day is filled with purpose and happiness. We place a deep emphasis on three foundational values that shape our culture and everyday interactions:

- Authenticity: Showing up genuinely, building real trust, and treating every resident, family member, and teammate with honesty and a personal touch.
- Devotion: Bringing heart and unwavering dedication to the work we do, ensuring that residents' best interests always come first and that they feel truly at home.
- Excellence: Striving to elevate the standard of senior living through exceptional care, creative programming, and a continuous desire to make every moment count.

We treat every one of the 1,440 minutes in a day as an opportunity for connection and purpose—these values guide our mission to create a vibrant, joyful community where both residents and team members thrive!



Bountiful Baskets

Our residents are compiling Thanksgiving Food Baskets and welcome your contribution with a bin locate in the libary.

Poetry By Rick Staley

All I want to dream love.
All I want to know love.
All I want to flow love.
All I want to show love.
All I want to grow love.
All I want to see you love.
All I want to be love.
All I want to be loved.
What we focus on is always
What we Attract
Exactly and Intactly,
That is always the truest of all love.
True-love is all we need love.
True-love in Thought, Words, and Deed love.
Today I want to share my love.
Like shining-stars above love.
Fill my heart with glee-love.

Love brings happy endings, love.
So let us all take that hallelujah-highway love.
So we all may embrace love.
So we all may endure love
with hearts so pure love.
That for sure will assure love
Always For-ever Amen-Love!

(In fond Memory of Rick Staley and the love he brought to our community)





Intergenerational Activities Abound

We are thrilled to see such wonderful intergenerational friendships blooming in our community!

The National Junior Honor Society joins us every Thursday afternoon, and the National Senior Honor Society visits on Tuesday afternoons. Through the school year, these dedicated students partner up with our residents to play games, create crafts, and socialize. It has been heartwarming to watch the youth and residents get to know each other by name and build meaningful bonds that bridge multiple generations.

These connections are growing even stronger with weekly visits from Hope Church youth on Wednesday evenings several times a month. If you notice a resident wearing a beaded bracelet (or a few of them!), it most likely came from this group! In addition to playing games and making crafts, they spend time singing to—and sometimes with—our residents.

Looking ahead, the Hope Church youth are busy preparing a special Christmas program for our residents on the evening of December 16. Keep an eye out for this exciting upcoming event!