StoryPoint Saline

Assisted Living

November 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Savings 1 10:15 Sunday Devotional & Streamed Church Service 1:15 Day Light Savings Clock Change Cart 3:15 Travelogue: Kyoto, Japan 5:30 Evening Tea Time	2 11:00 Active Fitness 1:00 "Let's Make Pies with Maddie" 3:45 Activity Planning Meeting with Maddie 5:30 Grab & Go Word Games	3 11:00 MOTIVATED Moving Group Exercise 12:30 Outing: Wal-Mart 3:00 Election Day Trivia 5:30 Game Night: UNO	4 11:00 Breathing & Stretching 1:00 Candy Bar Bingo 3:00 Spa Night - Manicures & Hand Massages 5:30 Peaceful Aromatherapy Experience	**National Donut Day** 5 11:00 Seated Yoga 1:00 Craft Corner: Mosaic Picture Frame 3:00 Wordle with Friends 5:30 Grab & Go Daily Chronicle	6 11:00 Cardio Drumming with WCA Students 1:00 Minute to Win it : Harvest Games 3:00 Happy Hour & LCR 5:30 Movie Night: The Devil Wears Prada	7 10:15 Coffee Chats & Daily Chronicle 1:15 Spa Day Saturday 3:00 Chicken Soup Stories & Hot Cocoa 5:30 Aromatherapy & Relaxing
8 10:15 Sunday Devotional & Streamed Church Service 1:15 Day Light Savings Clock Change Cart 3:15 Travelogue: Colmar, France 5:30 Evening Tea Time	9 11:00 Active Fitness 1:00 Fall Centerpiece Contest 2:30 Live Entertainment with Al Firek (TH) 5:30 Grab & Go Word Games	10 11:00 Seated Zumba 1:00 Outing: Hidden Lake Gardens 3:00 Hot Coco & Cookie Social (AL) 5:30 Game Night: Gin Rummy	**Veteran's Day** 11 9:00 Waffle Wednesday 11:00 Breathing & Stretching 1:00 Veteran's Day Pinning Ceremony 3:00 Spa Night - Manicures 5:30 Peaceful Aromatherapy Experience	12 11:00 Seated Yoga 1:00 Craft Hour: DIY Photo Frames 3:30 Culinary Showcase with Chef Mike (MC) 5:30 Grab & Go Daily Chronicle	13 11:00 Cardio Drumming 1:00 Holiday Cheer & Christmas Decor 3:00 Make a Wreath 5:30 Movie Night: The Last Laugh (Netflix)	14 10:15 Coffee Chats & Daily Chronicle 1:15 Paint by Number 3:00 Finishing Lines 5:30 Aromatherapy & Relaxing
15 10:15 Sunday Devotional & Streamed Church Service 1:15 Spa Day Sunday 3:15 Travelogue: Vienna, Austria 5:30 Evening Tea Time	16 11:00 Active Fitness 1:00 Live Entertainment with Rob Crozier (TH) 3:45 How Do You See Yourself Canvas Creation 5:30 Grab & Go Word Games	17 11:00 MOTIVATED Moving Group Exercise 1:00 Outing: Kelsey Museum of Archaeology 3:00 Coloring Corner & Cozy Coffee 5:30 Game Night: Yahtzee	18 11:00 Breathing & Stretching 1:00 Candy Bar Bingo 3:00 Spa Night - Manicures & Hand Massages 5:30 Peaceful Aromatherapy Experience	19 11:00 Seated Yoga 1:00 Let Me Entertain You with Elaine G & Cliff (TH) 3:00 Craft Corner: Watercolor Postcards 5:30 Grab & Go Daily Chronicle	20 11:00 Cardio Drumming 1:00 Minute to Win it: Harvest Games 2:00 Live Entertainment with Yuta Sugano (TH) 5:30 Movie Night: Yes Day (Netflix)	21 10:15 Coffee Chats & Daily Chronicle 1:15 Spa Day Saturday 3:00 Calming Coloring : 4 in 1 5:30 Aromatherapy & Relaxing
22 10:15 Sunday Devotional & Streamed Church Service 1:15 Spa Day Sunday 3:15 Travelouge: Swiss Alps, Switzerland 5:30 Evening Tea Time	23 11:00 Active Fitness 1:00 Mindful Journaling 3:45 Thanksgiving Pictionary 5:30 Grab & Go Word Games	24 11:00 eated Zumba 1:00 Help Set Centerpieces 5:30 Family Thanksgiving Dinner	25 10:00 StoryPoint Saline Macy's Day Parade 1:00 Spa Night - Manicures & Hand Massages 3:00 Giant Group Scrabble 5:30 Peaceful Aromatherapy Experience	**Thanksgiving** 26 8:30-12:00 Macy's Thanksgiving Parade (TH) 11:00 Thanksgiving Brunch (MDR) 1:00 Thanksgiving Brunch (MDR)	27 11:00 Cardio Drumming 1:00 Craft Corner: Decoupage Trinket 3:00 Happy Hour & Trivia 5:30 Movie Night: Good Sam (Netflix)	28 10:15 Coffee Chats & Daily Chronicle 1:15 Paint by Number 3:00 Chicken Soup Stories & Hot Coco 5:30 Aromatherapy & Relaxing
29 10:15 Sunday Devotional & Streamed Church Service 1:45 Spa Day Sunday 3:15 Travelogue : Lets pick together 5:30 Evening Tea Time	30 11:00 Active Fitness 1:00 DIY with Clay 3:00 Holiday Memories & Recipe Share 5:30 Grab & Go Word Games					

Calender Key:

AL - Assisted Living
MC - Memory Care
A - Community Room A
B - Community Room B
TH - Theater
NL - North Lobby
CY - Courtyard
PDR - Private Dining Room
ICY - Independent Living Courtyard

StoryPoint Senior Living